

Current Athletic Training Education Curriculum

ROWAN UNIVERSITY DEPARTMENT OF HEALTH AND EXERCISE SCIENCE COLLEGE OF EDUCATION – ATHLETIC TRAINING (125 credits)

NAME: _____ Student ID # _____

PROGRAM DIRECTOR/ACADEMIC ADVISOR: DR. ROBERT STERNER Date: _____

OVERALL GPA = 2.5 OR BETTER; ATHLETIC TRAINING PREMAJOR & MAJOR CORE = 3.0 OR BETTER; NO GRADE LOWER THAN “C” IN PRE-MAJOR OR MAJOR COURSES; NO GRADE LOWER THAN “C-” IN ANY OTHER COURSE; COMPLETION OF PRE-REQUISITE COURSE WORK; MAJOR SELECTION CRITERIA: WRITTEN APPLICATION; PROFICIENCY EXAM; INTERVIEW AND CLINICAL OBSERVATION GRADE GPA.

FRESHMAN YEAR (Pre-professional Phase)

FIRST SEMESTER	SH	GR	SEM/YR	SECOND SEMESTER	SH	GR	SEM/YR
College Comp I _____ GEC	3	—	—	College Comp II _____ GEC	3	—	—
Anatomy & Physiology I _____ GESM	4	—	—	Anatomy & Physiology II _____ GESM	4	—	—
Contemporary Health I _____ RS _____ HES	3	—	—	Gen Bio Human Focus _____ GEEL	4	—	—
Safety, First Aid/Basic _____ HES	3	—	—	Prevention & Care of Ortho Injury _____ PMAJ	3	—	—
Intro to Athletic Training _____ PMAJ	2	—	—	Essentials of Psychology _____ GESB	3	—	—
15	—	—	—	_17_	—	—	—

SOPHOMORE YEAR

FIRST SEMESTER	SH	GR	SEM/YR	SECOND SEMESTER	SH	GR	SEM/YR
Path & Eval of Ortho Inj. I _____ PMAJ	3	—	—	Path & Eval of Ortho Inj. II _____ PMAJ	3	—	—
Path & Eval of Ortho Inj I Lab _____ PMAJ	2	—	—	Path & Eval of Ortho Inj II Lab _____ PMAJ	2	—	—
Elementary Statistics _____ GESMB	3	—	—	Advanced Emergency Care _____ SPEC	3	—	—
Physics _____ GEEL	4	—	—	Contemporary Health II _____ HESC	3	—	—
Public Speaking _____ GEGB	3	—	—	Exercise Physiology with Lab _____ HESC	4	—	—
15	—	—	—	_15_	—	—	—

+Application process to Professional Phase – See University Catalog or Athletic Training Website for details!

JUNIOR YEAR (Professional Phase)

FIRST SEMESTER	SH	GR	SEM/YR	SECOND SEMESTER	SH	GR	SEM/YR
Therapeutic Modalities Athl Trg _____ MAJ	3	—	—	Therapeutic Exercise Athl Trg _____ MAJ	3	—	—
Ther Mod in Athl Trg – Lab _____ MAJ	2	—	—	Ther Ex in Athl Trg _____ MAJ	2	—	—
Clinical Experience in Athl Trg I _____ MAJ	3	—	—	Clinical Experience in Ath Trg II _____ MAJ	3	—	—
Residency in AT I _____ MAJ	1	—	—	Residency in AT II _____ MAJ	1	—	—
Exercise Prescription _____ MAJ	3	—	—	Basic Nutrition _____ HES	3	—	—
Teach & Assess in HES _____ HES	3	—	—	Applied Biomechanics _____ HES	3	—	—
15	—	—	—	_15_	—	—	—

SENIOR YEAR

FIRST SEMESTER	SH	GR	SEM/YR	SECOND SEMESTER	SH	GR	SEM/YR
Organ. & Admin of Ath Trg _____ MAJ	3	—	—	Fine Arts Choice _____ GEFA	3	—	—
Clinical Experience in Athl Trg III _____ MAJ	3	—	—	Clinical Experience in Ath Trg IV _____ MAJ	3	—	—
Residency in AT III _____ MAJ	1	—	—	Residency in AT IV _____ MAJ	1	—	—
H/H/L Lit Choice (M/G) _____ GEHHL	3	—	—	Senior Seminar in Ath Trg _____ MAJ	1	—	—
Adolescent Dev _____ GESB	3	—	—	Nutrition for Fitness _____ MAJ	3	—	—
General Med/Pharm _____ MAJ	3	—	—	H/H/L Choice(WI/MG) _____ GEHHL	3	—	—
16	—	—	—	Psychosocial Aspects of PA _____ MAJ	3	—	—
17	—	—	—	_17_	—	—	—

*It is required that Computer Literacy or the Competency test be completed within the first three semesters at Rowan.

Official application process occurs during the Spring Semester of each year based on meeting prerequisite requirements!

PMAJ = Pre-major Athletic Training (Completed prior to application procedures)

MAJ = Athletic Training Major

HES = Health & Exercise Science Core

GEHHL = General Education History, Humanities

Language Bank only

FE = Free Elective

GESM = General Education Science & Math

GEEL = General Education Elective (Course must be taken)

GEFA = General Education Fine Arts

GESB = General Education Social & Behavioral Sciences