

BS in Athletic Training
PROGRAM GUIDE

I. Benchmark Point 1: Admission To Pre-Professional Phase of the Athletic Training Program:

Candidates are eligible for the Athletic Training program when they have achieved the following:

- A. Meet with Program Director to complete Application
- B. Completion of all Basic Skills requirements
- C. Completion, with grades of **C-** or better, of the following courses: *College Composition I, College Composition II, Public Speaking, and Elementary Statistics I; Biology Human Focus or Essential or Psychology*
- D. Completion, with grades of C or better, of the following courses: *Contemporary Health I/II; Intro to Athletic Training; Anatomy/Physiology I/II with labs; Prevention & Care of Orthopedic Injury; Path & Eval of Ortho Injury I & II with labs; Advance Emergency Care*
- E. Approved Ratings on all Dispositional Reports from Application Committee review
- F. Qualifying GPAs: Overall GPA of 2.5; Major GPA of 3.0
- G. No “D” grades or lower or “Incomplete” grades (Inc) for any general education, core or major courses required for the BS in Athletic Training

II. Benchmark Point 2: Admission to Professional Phase of the Athletic Training Program

Candidates are eligible for enrollment in the Professional Semester when the following are completed:

- A. Successful completion of Section I as listed above
- B. Meeting with Program Advisor to receive Application to the Professional Phase of the Athletic Training Program
- C. Successfully pass the Sophomore Proficiency Practical Exam with a 75% or better
- D. Successfully pass the Sophomore Written Exam with a 75% or better
- E. Successfully pass the Sophomore Interview with a 70% or better
- F. Overall GPA = 3.0 on all clinical observation evaluations
- G. Current CPR and First Aid certifications
- H. Qualifying GPAs: Overall GPA of 2.5; Major GPA 3.0 in all Pre-professional courses (Intro to Athletic Training, Prevention & Care of Orthopedic Injuries, Path/Eval I&II with labs, Advanced Emergency Care, Contemp Health I or II, Anatomy & Physiology I & II with labs, Biology of Human Focus or Essentials of Psychology)
- I. Meet with Program Director following acceptance into Professional Phase of Athletic Training Program
- J. No “D” grades or lower or “Incomplete” grades (Inc) for any general education, core or pre-professional courses required for the BS in Athletic Training.

III. Benchmark Point 3: Program Completion and Recommendation for Graduation

- A. Successful completion of Sections I & II as listed above
- B. Successful completion of Clinical Techniques in Athletic Training I – IV and Residency in Athletic Training I-IV
- C. Successful Completion of all Professional Phase Coursework (Therapeutic Modalities with lab, Ther Ex with lab, Gen Med & Pharm, Org & Admin, Senior Seminar, Clinical Techniques in Athletic Training I – IV and Residency in Athletic Training I-IV, Nutrition for Fitness, Psychsoc Aspects of Physical Activity, Kinesiology, Exercise Phys with lab, Basic Nutrition, Ex Prescrip, Tech & Assess)
- D. Successful Completion of Senior Exit Exams (written and practical) with 75% or better
- E. Meeting with Program Director to complete Graduation Application
- F. Application Confirmed for Board of Certification, Inc Exam
- G. No “D” grades or lower or “Incomplete” grades (Inc) for any general education, core or specialization courses required for the BA in Health & Exercise Science
- H. Qualifying GPAs: Overall GPA of 2.5; Major GPA of 3.0

IV. Application for Graduation

Candidates can apply for **graduation** with a BS in Athletic Training **after successfully completing all of the requirements needed for the BS in the major.**

I have thoroughly read the entire program packet and agree to its terms and conditions.

Signature: _____ **Advisor:** _____

_____ **Date** _____

Candidate's Name _____ **Date** _____ **Revised**
2/8/08

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COLLEGE OF EDUCATION POLICIES

1. Only matriculated Health & Exercise Science majors may enroll in core or major courses required for the BS in Athletic Training
2. No waivers are given for any required core or major course
3. No Pass/No Credit grades will not be accepted for any course in the Core & Major.
4. “D” grades or lower, or Incomplete grades (Inc) are not acceptable for any general education, core or major courses required for the BA
5. An overall Grade Point Average (GPA) of 2.5, and a 3.0 GPA in all BS in Athletic Training courses, (see front page for further details).
6. General Education, Core and Major courses required for the BS may only be attempted twice.
7. **Professional Phase Application Process – See University Catalog or The Athletic Training Website for Details**

All Requirements listed under Section I and II on the first page of this program guide must be completed before you are eligible to take: and Professional Phase course.

Please see the Program Director for additional information.

8. **GRADUATION** - see dates listed on the cover page of the schedule of courses’ booklet for the semester before taking your Senior Seminar and Clinical Experience IV. The graduation form can be obtained through the Registrar’s Office or you’re Academic Advisor’s Office. **IT IS IMPORTANT THAT THIS FORM BE RETURNED TO THE REGISTRAR’S OFFICE BY THE PRINTED DEADLINE DATE.** Stop by the Dean of Students’ Office (2nd Floor-Savitz Hall) for the University Policy regarding who can participate in the Commencement Ceremonies the semester prior to your official graduation date.
9. **OTHER HES SPECIALIZATIONS** - contact one of the following individuals:
Health Promotion & Fitness Management: Dr. Leslie Spencer Coordinator – spencerl@rowan.edu
Teacher Certification HPE: Dr. Richard Fopeano Chairperson – fopeano@rowan.edu
Academic Coordinator HES: Mr. Melvin Pinckney – pinckney@rowan.edu

**BS in ATHLETIC TRAINING
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COURSE EVALUATION GUIDE – FALL 2008**

Name: _____ Banner ID _____

Sem	Grade	Athletic Training Major Requirements	Total 125 SH
		HLTH 37192 Contemporary Health I	3
		HLTH 37193 Contemporary Health II	3
		PHED 35241 Anatomy & Physiology I (4 credits)	4
		PHED 35242 Anatomy & Physiology II (4 credits)	4
		PHED 35343 Kinesiology – prerequisite A&P I&II	3
		PHED 35235 Safety, First Aid and Basic Understanding of Athletic Injuries	3
		PHED 35 272 Technology & Assessment HES – prerequisite computer Lit or its' equivalent or computer competency test	3
		PHED 35105 Introduction to Athletic Training	2
		PHED 35218 Prevention & Care of Orthopedic Injury	3
		PHED 35219 Pathology & Evaluation of Orthopedic Injury I	3
		PHED 35238 Pathology & Evaluation of Orthopedic Injuries I -- Lab	2
		PHED 35220 Pathology & Evaluation of Orthopedic Injury II	3
		PHED 35239 Pathology & Evaluation of Orthopedic Injury II -- Lab	2
		INAR 06415 Nutrition For Fitness – Prerequisite INAR 06200 Basic Nutrition	3
		INAR 06200 Basic Nutrition	3
		PHED 35334 Advanced Emergency Care	3
		PHED 35345 Exercise Physiology with Lab – prerequisite A&P I&II	4
		PHED 35475 Therapeutic Modalities	3
		PHED 35447 Therapeutic Modalities – Lab	2
		PHED 35478 Therapeutic Exercise	3
		PHED 35476 Therapeutic Exercise – Lab	2
		PHED 35401 Exercise Prescription – prerequisite PHED 35345	3
		PHED 35338 Clinical Experience Athletic Training I	3
		PHED 35339 Clinical Experience Athletic Training II	3
		PHED 35340 Clinical Experience Athletic Training III	3
		PHED 35341 Clinical Experience Athletic Training IV	3
		PHED 35358 Residency in Athletic Training I	1
		PHED 35359 Residency in Athletic Training II	1
		PHED 35360 Residency in Athletic Training III	1
		PHED 35361 Residency in Athletic Training IV	1
		PHED 35479 General Medicine/Pharmacology	3
		PHED 35405 Organization & Administration of Athletic Training	3
		PHED 35430 Senior Seminar in Athletic Training	1
		PHED 35477 Psychosocial Aspects of Physical Activity	3
		COMP 01111 College Composition I (<i>Communication Bank</i>)	3
		COMP 01112 College Composition II (<i>Communication Bank</i>)	3
		CMS 06202 Public Speaking++ (<i>Communication Bank</i>)	3
		MATH Elementary Statistics I	3
		Essential Psychology	3
		Adolescent Development	3
		Lab Science (Physics)	4
		Lab Science (General Bio Human Focus)** (<i>M/S Bank</i>)++	4
		HHL Literature (any Gen Ed W/I)	3
		HHL (M/G)	3
		Artistic and Creative Experience Elective (Elements of Dance Gen Ed)++(<i>ACE Bank</i>)	3
		TOTAL sh	125

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++Additional Rowan Experience Requirements: 1 ___ RS rowan seminar; 1 __ RI writing intensive; 1 ___ MG multicultural Global; 1 ___ Computer Literacy Course or Computer Competency Exam

Candidates cannot apply for graduation for the BA in Health & Exercise Science with Specialization in Health Promotion & Fitness Management without successfully completing all of the requirements needed for the BA

In addition to fulfilling the program requirements, all students are required to fulfill the University-Wide General Education Requirements and Rowan Requirements.

For Advisor's Use:

	University-Wide Gen. Ed. Requirements (44 sh)		**Rowan Experience Requirements	
	Communications (9)		1 Multicultural/Global Course (M/G)	
	Math/Science (14)		1 Artistic and Creative Experience (ACE)	
	History, Humanities, and Language (6)		1 Literature Intensive (LI)	
	Social Behavior Science (6)		1 Writing Intensive (WI) taken at Rowan	
	Artistic and Creative Experience (3)		1 Rowan Seminar – Freshman Level (RS)	
Note!	Non - Program (Free Electives: 6)		1 Public Speaking (SP)	

Notes:

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STUDENT RESPONSIBILITIES

(See University Undergraduate Catalog (www.rowan.edu/catalog))

“...It is the responsibility of the student to become knowledgeable of, and to observe, all University policies, regulations and procedures. The University is under no obligation to waive a requirement or grant an exception because a student pleads ignorance of a policy, regulation or requirement or because a student asserts that he/she has not been informed of such policy, regulation or requirement.

It is the student’s responsibility to become familiar with, and to remain informed about, all academic, administrative, financial or other policies, regulations or requirements concerning admission, registration, payment of tuition or fees, continued enrollment, grades and satisfactory program progress, graduation requirements or any other matter which affects the student.

All matriculated students at Rowan University must complete the following All-University requirements: (1) a Writing Intensive (**WI**) course, (2) a Multicultural/Global Studies (**M/G**) course, (3) a 4 SH laboratory science course, (4) a mathematics course, (5) a literature course [these courses may be general education, or education courses], and (6) successful completion of either the approved **Computer Competency Exam** or the 3 SH Computer Literacy course [failing the Exam twice will result in the student having to take Computer Literacy considered a Basic Skills course for Rowan University]. Information on the Computer Competency Exam can be obtained by contacting the Academic Success Center (3rd Floor-Savitz Hall). **Please work closely with your advisor to make sure that these requirements are satisfied. Your graduation and/or certification approval may be withheld if these requirements are not met.**

ADVISEMENT INFORMATION

Because the time period for registration is limited, you are encouraged to make an appointment for advisement in advance of obtaining the schedule of courses’ booklet, available shortly before Early Registration begins.

Be reasonable in your demands on your advisors' time and resources: (1) Make an appointment to see your advisor, do not just “show up” expecting your advisor to be ready and willing to meet with you; (2) see your advisor well ahead of deadlines [If you wait until the last minute you will not get the attention you are seeking.]; and (3) be sure to ask for clarification on any and all issues [It is better to receive correct information than to accept rumors.]

**BS in ATHLETIC TRAINING
PROGRAM GUIDE
ROWAN UNIVERSITY
DEPARTMENT OF HEALTH AND EXERCISE SCIENCE
COLLEGE OF EDUCATION – ATHLETIC TRAINING (125 credits)**

NAME: _____ Student ID # _____

PROGRAM DIRECTOR/ACADEMIC ADVISOR: DR. ROBERT STERNER Date: _____

OVERALL GPA = 2.5 OR BETTER; ATHLETIC TRAINING PREMAJOR & MAJOR CORE = 3.0 OR BETTER; NO GRADE LOWER THAN “C” IN PRE-MAJOR OR MAJOR COURSES; NO GRADE LOWER THAN “C-” IN ANY OTHER COURSE; COMPLETION OF PRE-REQUISITE COURSE WORK; MAJOR SELECTION CRITERIA: WRITTEN APPLICATION; PROFICIENCY EXAM; INTERVIEW AND CLINICAL OBSERVATION GRADE GPA.

FRESHMAN YEAR

FIRST SEMESTER SEM/YR	SH	GR	SEM/YR	SECOND SEMESTER	SH	GR
College Comp I _____ GEC	3	_	_	College Comp II _____ GEC	3	_
Anatomy & Physiology I _____ GESM	4	_	_	Anatomy & Physiology II _____ GESM	4	_
Gen Bio Human Focus _____ GEEL	4	_	_	Contemporary Health I _____ HES	3	_
Safety, First Aid/Basic _____ HES	3	_	_	Prevention & Care of Ortho Injury _____ PMAJ	3	_
Intro to Athletic Training _____ PMAJ	2	_	_	Essentials of Psychology _____ GESB	3	_
	_	16	_		_	16

SOPHOMORE YEAR

FIRST SEMESTER	SH	GR	SEM/YR	SECOND SEMESTER	SH	GR	SEM/YR
Path & Eval of Ortho Inj. I _____ PMAJ	3	_	_	Path & Eval of Ortho Inj. II _____ PMAJ	3	_	_
Oath & Eval of Otho Inj I Lab _____ PMAJ	2	_	_	Path & Eval of Ortho Inj II Lab _____ PMAJ	2	_	_
Elementary Statistics _____ GESMB	3	_	_	Advanced Emergency Care _____ SPEC	3	_	_
Physics _____ GEEL	4	_	_	Contemporary Health II _____ HESC	3	_	_
Public Speaking _____ GECEB	3	_	_	Exercise Physiology with Lab _____ HESC	4	_	_
	_	15	_		_	15	_

+Application process to Professional Phase – See University Catalog or Athletic Training Website for details!

JUNIOR YEAR(Formal Specialization)

FIRST SEMESTER	SH	GR	SEM/YR	SECOND SEMESTER	SH	GR	SEM/YR
Therapeutic Modalities Athl Trg _____ MAJ	3	_	_	Therapeutic Exercise Athl Trg _____ MAJ	3	_	_
Ther Mod in Athl Trg – Lab _____ MAJ	2	_	_	Ther Ex in Athl Trg _____ MAJ	2	_	_
Clinical Experience in Athl Trg I _____ MAJ	3	_	_	Clinical Experience in Ath Trg II _____ MAJ	3	_	_
Residency in AT I _____ MAJ	1	_	_	Residency in AT II _____ MAJ	1	_	_
Exercise Prescription _____ MAJ	3	_	_	Basic Nutrition _____ HES	3	_	_
Teach & Assess in HES _____ HES	3	_	_	Kinesiology _____ HES	3	_	_
	_	15	_		_	15	_

SENIOR YEAR

FIRST SEMESTER	SH	GR	SEM/YR	SECOND SEMESTER	SH	GR	SEM/YR
Organ. & Admin of Ath Trg _____ MAJ	3	_	_	Fine Arts Choice _____ GEFA	3	_	_
Clinical Experience in Athl Trg III _____ MAJ	3	_	_	Clinical Experience in Ath Trg IV _____ MAJ	3	_	_
Residency in AT III _____ MAJ	1	_	_	Residency in AT IV _____ MAJ	1	_	_
H/H/L Lit Choice (M/G) _____ GEHHL	3	_	_	Senior Seminar in Ath Trg _____ MAJ	1	_	_
Adolescent Dev _____ GESB	3	_	_	Nutrition for Fitness _____ MAJ	3	_	_
General Med/Pharm _____ MAJ	3	_	_	H/H/L Choice(WI/MG) _____ GEHHL	3	_	_
	_	16	_	Psychosocial Aspects of PA _____ MAJ	3	_	_

*It is required that Computer Literacy or the Competency test be completed within the first three semesters at Rowan.

Official application process occurs during the Spring Semester of each year based on meeting prerequisite requirements!

PMAJ = Pre-major Athletic Training (Completed prior to application procedures)

MAJ = Athletic Training Major

HES = Health & Exercise Science Core taken)

GEHHL = General Education History, Humanities Language Bank only

FE = Free Elective

GESM = General Education Science & Math

GEEL = General Education Elective (Course must be

GEFA = General Education Fine Arts

GESB = General Education Social & Behavioral Sciences