



## College of Liberal Arts & Sciences

### Fall 2009 Learning Communities Workshops

These *free* workshops are designed to help new students with the transition to university life.  
No sign-up is necessary; space is available on a first-come, first-served basis.

Day/Time	Topic	Description	Location
Tuesday, September 15 3:30pm	Major & Career Exploration	Helping you determine if your major is a good match for your interests and skills as well as explore career opportunities related to your major.	Savitz Hall, 2 <sup>nd</sup> floor
Monday, September 28 2:00pm	Academic Skills for Your First Year of College	Overview of services offered by the Academic Success Center, including tutoring, disability resources, and more.	Bunce Hall, Rm 107
Thursday, October 15 11:00am	Registration Tips	Banner How-to session as well as registration and schedule revision policy information.	Education Hall, Rm 3114
Thursday, October 29 2:00pm	Health & Wellness: Alcohol and Drug Safety	Understanding your own drug/alcohol choices. Learning to use alcohol in moderation and avoid bingeing. How to deal with others who are disruptive or in danger.	Robinson Hall, Dewey Lounge, 1 <sup>st</sup> floor
Wednesday, November 4 2:00pm	RU Green? How You Can Focus on Sustainability	How to be a "green" student, in the dorms or as a commuter. How to get involved on campus and in the community.	Robinson Hall, Rm 324
Tuesday, November 10 11:00am	Understanding Financial Aid & Fiscal Responsibility	Information about the financial aid process and opportunities for financial aid. How your academic progress impacts your aid. Tips for being a financially responsible student.	Robinson Hall, Rm 212
Monday, November 30 2:00pm	Health & Wellness : Stress Management	Managing stress in a healthy manner (just in time for final exams!)	Robinson Hall, Dewey Lounge, 1 <sup>st</sup> floor