

Step 7 (Vice-President for Academic Affairs)

Received 5/27/07
Date

Approved Yes No

If no, reasons are as follows:

Student credit hours 3

Faculty load hours 3

Equalized credit hours 3

Official copy and approval sheet filed 8/4/07
Date

Signature



Vice-President for Academic Affairs

Registrar

Approved course description received _____
Date

Hegis Taxonomy and Course Number assigned _____

Signature _____
Registrar

_____ Date

Notification forwarded: Senate Curriculum Committee Chairperson, Department Chairperson(s), Academic Dean(s), Registrar, Sponsor(s)

COURSE PROPOSAL

1. Details

- A. Course Title: Adventure Recreation
- B. Sponsor: Dr. Daniel P. Stanley, Dr. Donald J. Cardea
Physical Education Department
- C. Course Level: Freshman and Sophomore. Three Credit Course
- D. Curricular Effects: This course will be offered as a free elective or a specialization elective for Recreation Specialization students.
- E. Prerequisites: None
- F. Implementation: Course to be taught during Spring semester effective, Spring, 1987.
- G. Resources: Adequate faculty to teach the course

2. Rationale:

There is a leisure movement within the United States that transcends the traditional games and sports. Many Americans are seeking non-traditional recreational activities to meet their leisure needs. This course will explore this phenomenon and attempt to explore those factors that frequently result in a new dynamic leisure life style for many of us.

Adventure activities will be included in this course. These experiences will entail extensive on-campus planning for off-campus trips. There is extensive use of outside organizations where needed to promote, prepare and organize off-campus trips. The course will meet twice a week, on campus, to discuss philosophy, concepts, and off-campus program content. The off-campus field trips will be taken on days and at times most convenient to the students. All participants are covered under the college's general liability policy. Participants names are submitted to the Dean of Students office as well as the dates, times, destination and type of trip planned. Student evaluation of this course, conducted in May, 1986, indicated that the students were extremely pleased with the program content. One student's written comments seemed to summarize the evaluations of the vast majority of students when she wrote, "The class is something that everyone should take. The experiences alone and the friendships are just two out of many positive things from this class. The class and

trips are experiences in which people come to know themselves and each other better and learn how to cooperate and strive for a common goal. I think there should be a Fall class in Recreational Activities as well as in the Spring."

3. Essence of the Course:

a. Objectives:

1. The student will develop a better understanding of the nature and content of selected recreational activities to include white water canoeing, spelunking, orienteering and New Games.
2. The student will explore the recreational needs of the community in terms of values, leisure life styles, and the motives that result in many Americans seeking non-traditional activities.
3. The student will analyze and evaluate the skills necessary for participation in adventure recreation activities.
4. The students will be afforded an opportunity to plan and organize off-campus recreational activities to include transportation, meals, accommodations and making the initial contacts and final arrangements.
5. The student will acquire a knowledge of the terminology, rules, philosophy, strategy, concept, and equipment needed to successfully participate in non-traditional recreation activities.

b. Topical Outline/Content:

1. Skills Proficiency in Organizing an Off-Campus Adventure Recreation Activity.
 - a. Establishing goals and objectives
 - b. Selecting site, accommodations, facilities
 - c. Determining a budget
 - d. Handling registrations
 - e. Arranging transportation
 - f. Understanding liability insurance requirements
 - g. Coalescing final arrangements
2. Knowledges and Concepts
 - a. History and origin of Adventure Recreation
 - b. Current lifestyles in the United States
 - c. Role of the recreation and leisure experience in modern society
 - d. Future trends and the implications for the recreation professional

3. Experiential Learning and Adventure Recreation

- a. White water rafting
- b. Ballooning
- c. Spelunking
- d. New Games
- e. Wilderness survival
- f. Orienteering

*Every possible precaution is taken to include classroom instruction, a classroom presentation by the professionally trained trip guide and on-site instructions that emphasize safety.

Methodology

1. Classroom Lecture
2. Off-Campus Experiential Learning
3. On-campus New Games participation
4. Class Projects
5. Emphasis on Group Discussion

c. Evaluation and Grading Procedure:

- | | |
|------------------------|-----------|
| 1. Class participation | 20 points |
| 2. Class project | 30 points |
| 3. Mid-term exam | 20 points |
| 4. Final Examination | 30 points |

- | | |
|----------------|--------|
| A. Outstanding | 100-90 |
| B. Good | 89-80 |
| C. Fair | 79-70 |
| D. Poor | 69-60 |
| F. Failure | 59-0 |

d. Course Evaluation:

Attached are student evaluations submitted by every student following the last class. In addition, attached are two written consultations from Dr. Gene Elliot and Dr. D. Stanley.

Course Description: Adventure Recreation

This course is designed to give the student a better understanding and appreciation of the recreation and leisure movement within the United States. Class discussion will focus on the vital role recreation plays in one's life and the career opportunity implications the "leisure boom" represents for each of us. Students will develop interest and skills in a variety of recreational activities including adventure programs. Extra fees assessed for insurance and participation in some of the adventure recreation activities.

Selected Bibliography

- Bucher, Charles A. Recreation For Today's Society, Englewood Cliffs, Prentice-Hall, 1974.
- Maclean, Janet R., Peterson, James A., Martin, W. Donald. Recreation and Leisure: The Changing Scene, New York, John Wiley & Sons, 1985.
- Murphy, James F. Concepts of Leisure, Englewood Cliffs, Prentice-Hall, 1974.
- Russell, Ruth V. Planning Programs in Recreation, St. Louis, C.V. Mosby, 1982.
- Shivers, Jay S. Leisure and Recreation Concepts: A Critical Analysis, Boston, Allyn and Bacon, 1981.



GLASSBORO STATE COLLEGE

Faculty Senate

Glassboro, New Jersey 08028-1701 (609)863-5244

March 30, 1987

To: Dr. Donald Cardea
Dr. Daniel Stanley

From: Dr. Brenda Bolay, Chairperson
Faculty Senate Curriculum Committee

RE: Course Proposal for Recreational Activities

This proposal is tabled for the following considerations or changes:

1. Title--is it appropriate? Adventure Recreation?
2. Safety precautions.
3. Use of outside organizations, etc.
4. Extra cost to students--mentioned in catalog description.
5. Curricular effect--change to "free elective".
6. Under "G"--Resources indicated insurance coverage by College.
7. Do students submit written evaluations or logs of the experiences?
8. How will the course be evaluated?
9. Consultations mentioned are not submitted.

If I receive a revised draft attending to the above points by April 8 or April 23, I can untable the proposal at the Curriculum Committee meeting that immediately follows these dates.

BB/rw

cc: Dr. Marian Rilling

Brenda's Outline

- #1- Adventure Recreation is an appropriate title
- #2- Every possible precaution is taken to include classroom instruction by the instructor, a classroom presentation by the professionally-trained trip guide (frequently using a VCR tape expressly designed for safety purposes) and on-site instructions that emphasize safety to include ~~the latest in safety equipment as required wearing prior to participating~~, a requirement that all participants wear the latest in safety equipment provided by the Vendor.
- #3- There is extensive use of outside organizations, where needed, to promote, prepare (safety-wise) and organize the off-campus trips. Examples: Project USE, Outward Bound, the YMCA, and established commercial Vendors.
- #4- Will be implemented
- #5- Will change to free elective
- #6- All participants are covered under the college's general liability policy. Participant names are submitted to Wayne Hbfner, in advance, as well as the dates, times, destination, and kind of trip planned.
- #7- Yes
- #8- Students will evaluate the course by submitted written evaluations utilizing a standard format. In addition, Dr. Daniel Stanley and Dr. Cardea review periodically the nature and content of all class requirements-course content.
- #9- ?