

Faculty Senate Curriculum Committee

Approval Form

Proposal Title: Curriculum and Instruction in Secondary Physical Education

Sponsor(s): Dr. E. C. Dear Dept.: Health and Physical Educ.

Mary L. Putman, Curriculum Chairperson

Check one: [X] Course [] Specialization [] Concentration [] Achievement Certificate

[] Certification Program [] Major Program [] Minor Change

(please name: deletion or credit/title/catalog change)

[X] Undergraduate

[] Graduate

3 Credit Hours

Step 1 (Department)

[X] Approved 11/20/84 Date

[] Not Approved

Mary L. Putman Dept. CC Chairperson

[] Reviewed Date

Dean E. Dear Chairperson, Dept.

Step 2 (Receipt)

SCC# 84-85-33

Proposal Received 12/10/84 Date

Carol A. Becky Chairperson, SCC

Step 3 (School CC)

Reviewed 1-28-85 Date

[X] Approved

[] Not Approved

Comments:

Luis L. Hernandez Chairperson, School Curr. Comm.

Step 4 (Academic Dean)

Comments:

Reviewed 1/28/85 Date

James A. Wear Signature, Dean of School

Step 5 (SCC)

Open Hearing 3/4/85 Date [] Approved by Senate Curriculum Committee Date

[] Returned to sponsor(s) for the following reasons:

Step 6 (Faculty Senate)

resented to Faculty Senate : Date

[X] Approved [] Not Approved

Notification to Vice-President Academic Affairs Date

Signature, SCC Chairperson

Step 7 (Vice-President for Academic Affairs)

Received 5/3/05
Date

Approved Yes No

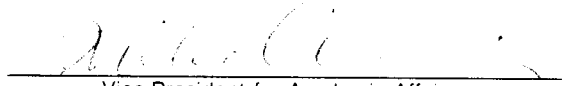
If no. reasons are as follows:

Student credit hours 3

Faculty load hours 3

Equalized credit hours 3

Official copy and approval sheet filed 5/3/05
Date

Signature 
Vice-President for Academic Affairs

Registrar

Approved course description received _____
Date

Hegis Taxonomy and Course Number assigned _____

Signature _____
Registrar Date

Notification forwarded: Senate Curriculum Committee Chairperson, Department Chairperson(s), Academic Dean(s), Registrar, Sponsor(s).

COURSE PROPOSAL

Course Title: Curriculum and Instruction in Secondary Physical Education

Sponsor: Dr. E. C. Dear, HPE Department
Mary L. Putman, Chairperson, Departmental Curriculum Committee

Course Level: Undergraduate (Junior); three (3)

Curricular Effect: Major Requirement

Prerequisites: Foundations of Health and Physical Education (0835.286)

Suggested Time and Scale of Implementation: Spring Semester 1986 and once each academic year thereafter

Adequacy of Present Staff: The staff presently teaching methods and materials in physical education have the expertise necessary to teach this course.

Rationale: This course is designed to fulfill additional areas of the statement requirements for field experiences in the public school during the junior year. It will be presented as part of a team approach with elementary school physical education curriculum and instruction, and health education curriculum and instruction. Students will be exposed to concepts including curriculum, planning, instruction and evaluation of physical education in the middle school and high school. In addition, students will participate in a field experience in which they will observe, interact and instruct in an elementary, middle and high school.

Course Objectives: Student will

1. Use observational techniques to gather information relative to important school and classroom policies, procedures, teaching methods and student/teacher behaviors.
2. Participate with a cooperating teacher in both non-instructional and instructional school activities.
3. Plan learning experiences in the form of long-term (unit, module, theme) plans and short-term (lesson) plans.
4. Teach individuals, small groups and classes, under supervision, appropriate to the respective field experience assignment.
5. Evaluate instructional effectiveness.
6. Work cooperatively with students, staff, cooperating teachers and supervising teachers including acceptance and application of constructive criticism.

7. Determine the physical, mental and emotional needs, interests, and characteristics of the typical middle and high school student.
8. List concepts of teacher behavior as they apply to successful instruction in the middle and high school.
9. Describe principles of evaluation as they relate to planning, objective acquisition and the learning experience.
10. Analyze the curriculum of middle and high school physical education as it relates to scope, sequence and depth.
11. Demonstrate knowledge of the many instructional techniques and methods that can be utilized in development of the learning experience.
12. Analyze the significance of goals (psychomotor, affective, and cognitive) as they relate to the middle and high school physical education program.

Topical Outline

I. Introduction

A. Current status of secondary physical education

1. Co-ed
2. Physical Fitness
3. Lifetime Sports
4. Movement Education
5. Team and Individual Sports

B. General objectives of education

C. Objectives of Physical Education

II. External factors affecting physical education curriculum

A. Societal affects

B. State regulations

C. Federal influence

D. Organization and administration of school system

1. School boards
2. Jr. high vs. middle school concept
3. Facilities
4. Staff

III. Overview of teaching and learning as it relates to secondary physical education

A. Characteristics of an effective teacher

1. Personal philosophy
2. Knowledge of subject matter
3. Communication skills
4. Professionalism

B. Types of teaching strategies

1. Command
2. Task
3. Reciprocal
4. Small group
5. Guided discovery
6. Individual learning

C. Materials and aids

1. Textbooks
2. Periodicals
3. Rule books
4. Skill test
5. Audiovisual
6. Computer assisted instruction
7. Computer management instruction

D. Classroom Management

1. Roll procedures
2. Discipline
3. Scheduling
4. Emergencies and accident reports
5. Safety checks
6. Excuses
7. Locker and towel procedures
8. Group organization (squads, teams, grades, ability, etc.)

E. Secondary Curriculum Development

1. Factors affecting curriculum
2. Patterns in contemporary physical education curriculum
3. Curriculum committee
4. Types of curriculum guides

IV. Unit and Lesson Plans

V. Evaluation

1. Individual classes
2. Unit
3. Total curriculum
4. Student evaluation

VI. Practical Experiences in Secondary School Environment

1. Observe health and physical education classes at various educational levels.
2. Participate with a cooperating teacher in both instructional and non-instructional school activities.
3. Plan learning experiences in unit and lesson plans. Actually teach at least four classes with lesson plans created by the student.
4. Evaluate lessons
 - a. self-evaluation
 - b. observed lessons

5. Interview selected personnel in the schools
6. Observe extracurricular activities

VII. Evaluation and Grading Procedures of Students

1. Written exams
2. Curriculum guide
 - a. written notebook
 - b. unit, lesson plans, and evaluations
 - c. observation assignments

VIII. Course

- A. Student evaluations via questionnaires and narratives
- B. Continual review by the HPE Department Curriculum Committee
- C. Evaluation of course by instructor
- D. Input from cooperating field agencies

IX. Results of Consultation

This course proposal has been approved by the HPE Department Curriculum Committee and by the faculty in the HPE Department

X. Additional Comments

This course will replace Methods and Materials of Physical Education (0835.451) presently required in the Bachelors of Arts program.

Interpretation of Junior Field Experience Health and Physical Education

The junior field experience will provide students the opportunity to observe and teach in both health and physical education at three educational levels (i.e. elementary, middle, and senior high school). The professional semester for juniors will include concurrent enrollments in three courses. These are: Curriculum and Instruction in Secondary Physical Education (3 s.h.); Elementary School Curriculum and Instruction (2 s.h.); and Health Program Planning (3 s.h.).

The actual hours for the junior field experience have been included within Curriculum and Instruction in Secondary Physical Education. The instructor(s) assigned to this course will, in turn, serve as the coordinator of the junior professional semester. The content and concepts presented in Elementary School Curriculum and Instruction and Health Program Planning will evidence practical application as part of the junior field experience. The instructor(s) in these two classes have responsibility in the student's preparation of lessons presented in the respective content areas.

The implementation of the field experience has been discussed in detail by members of the Department of Health and Physical Education. It is felt that this is a feasible approach, one which will provide the students with a diverse exposure to the profession.

Catalog Description

Curriculum and Instruction in Secondary Physical Education is a junior course to prepare majors in Health and Physical Education for student teaching in the senior year. The course provides observation, participation and limited teaching experiences in both elementary and secondary Health and Physical Education schools. The course includes unit and lesson plans, curriculum development and an overview of principles of teaching and learning.