

ROWAN UNIVERSITY CURRICULUM PROPOSAL

PROPOSAL TITLE:Elementary School Physical Education Activities C**CHECK APPROPRIATE:** UNDERGRADUATE GRADUATE SEMESTER HOURS**SPONSOR(S):** James J. Burd**DEPARTMENT/TELEPHONE #** Health and Exercise Science / 4785**CHECK ONE:** COURSE MINOR PROGRAM CONCENTRATION SPECIALIZATION
 ACHIEVEMENT CERTIFICATE CERTIFICATION PROGRAM MAJOR PROGRAM**Step #1 (Department)** Approved (Date) 10/23/97 Not Approved (Date)

R. Fopano
Dept. Curriculum Chr.

10/23/97
Reviewed (Date)

James Burd
Dept. Chr.

Step #2 (Receipt)SCC# 97-98-140

10-24-97
Date Received Senate

A. Reeves
Senate Curriculum Chr.

Step #3 (School)Reviewed Date: 11/3/97 Recommend to Approved Recommend NOT to Approve

Forward for Open Hearing:

 WITHOUT Reservations WITH Reservations:

Comments:

L. Muscarello
School Committee Chr.

Step #4 (Academic Dean): Recommended NOT Recommended Conditionally Recommended (See Comments)

Comments:

Dean Signature/Date

W. E. Kopy 3/1/98

Step #5 (Senate Curriculum Committee): Open Hearing Date: 3/23/98 Approved by Curriculum Committee Date: 3/23/98

Returned to Sponsor(s) for the following reason:

Step #6 (Senate) Date announced/voted on at Senate: 4/28 If voted on: Approved NOT Approved

Date forwarded to Executive Vice President/Provost _____

Senate Curriculum Committee chair Signature/Date:

A. Reeves 5/8/98

Step #7 (Executive Vice President/Provost): Date Received _____

___ Approved

___ NOT Approved If no, reasons are as follows:

Student Credit Hours _____

Faculty Load Hours _____

Equalized Credit Hours _____

Official Copy & Approval Sheet Filed (Date) 5/20/99

Executive Vice President/Provost Signature [Signature]

Registrar

Date Approved Course Description Received _____

Hegis Taxonomy and Course Number Assigned _____

Date/Signature of Registrar [Signature]

Notification Forward:

_____ Senate Curriculum Committee Chairperson

_____ Department Chairpersons

_____ Academic Dean(s)

_____ Registrar

_____ Sponsor(s)

COURSE PROPOSAL

1. Details:

- a. Course Title: Elementary School Physical Education Activities
- b. Sponsor: James J. Burd
- c. Credit Hours: (3)
- d. Course Level: undergraduate (sophomore)
- e. Prerequisites: none
- f. Implementation: September 1998 This course will be phased in Initially with one section being offered each semester.
- g. Curricular Effect: Major requirement for the Teacher Certification Specialization. With the implementation of the block of new and revised courses a number of courses presently taught will be gradually phased out. These courses include Fundamental Movement, Gymnastics, Organization and Administration, Elementary and Secondary Curriculum and Instruction and others.
- h. Adequacies: Present full time staff is adequate. No additional resources or finances are required.
- i. Library Resources: It is recommended that the following textbooks be added to compliment the current holdings.

Beverly Nichols

Moving and Learning The Elementary School Physical Education Experience

Mosby ISBN0-8016-7770-x

Don Morris & Jim Steiehl

Physical Education From Intent To Action

Merril ISBN 0-675-20115-2

Bette Logsdon, Luann Alleman, Dawn Clark & Sally Sakola

Physical Education Teaching Units For Program Development 4-6

Lea & Febiger IBSN 0-8121-1035-8

Robert Pangrazi & Victor Dauer

Dynamic Physical Education For Elemantary School Children

Allyn and Bacon IBSN 0-02-390692-8

2. **Rationale:** Elementary School Physical Education Activities is a required course designed to help prepare students to be successful teachers of physical education in the elementary school. This course focuses on curriculum appropriate for grades 3-6. Content includes team sports, individual and dual sports, gymnastics, games and experiential/cooperative activities. Instruction centers on skill development, sport and biomechanical knowledge, teaching methods, class organization and classroom management. This course is an important piece in the training of competent and professional elementary school physical education teachers.

3. **Essence of the Course:**

a. **Objectives:** By the completion of this course the student will be able to:

1. Demonstrate knowledge of the primary curriculum areas that should be included in a comprehensive grade 3-6 curriculum.
2. Explain the theory and uses of using the thematic approach in teaching physical education in the elementary school.
3. Describe how thoughtful inclusion of scope, sequence and depth impact on teaching meaningful curriculum.
4. Develop functional goals, general objectives and behavioral objectives for the proposed elementary school physical education curriculum.
5. Analyze suggested methods and procedures in terms of teaching and learning effectiveness.
6. Write a well constructed unit plan and lesson plan for a gymnastic unit.
7. Show how evaluation can effectively be utilized in elementary school physical education.
8. Describe basic classroom management procedures in the gymnasium.
9. Relate how the suggested curriculum will develop skills, knowledge and attitudes that will meet the state core content standards.
10. Demonstrate how technology can embellish the teaching learning process.

b. **Topical Outline:**

- I. **Introduction and Orientation**
 - A. Philosophy of elementary physical education
 - B. Developing a curricular model
- II. **Stating Aims, Goals and Objectives**
 - A. Developing the overall aim of elementary physical education
 - B. Outline of pertinent goals
 - C. Writing specific and behavioral objectives

- III. Planning the Elementary School Physical Education Experience
 - A. Scope and sequence plan
 - B. Developing a unit plans or themes
 - C. Writing a lesson plan

- IV. Introducing Team Sports
 - A. Teaching basic skills of soccer
 - B. Field Hockey
 - C. Basketball
 - D. Football
 - E. Volleyball

- V. Introducing Individual and Dual Sports
 - A. Bowling
 - B. Racquet sports
 - C. Golf

- VI. Teaching Gymnastics
 - A. Tumbling
 - B. Bars
 - C. Beam
 - D. Rings
 - E. Vaulting

- VII. Rhythmical Activities
 - A. Dance
 - B. Rhythmical Activities

- VIII. Supplemental Activities
 - A. Fitness
 - B. Games
 - C. Parachute and small equipment

- IX. Experiential Activities
 - A. Cooperative games
 - B. Group initiatives

- X. Instructional Techniques
 - A. Lecture
 - B. Demonstration
 - C. Exploration
 - D. Question and Answer
 - E. Discussion
 - F. Guided Practice
 - G. Reciprocal Teaching

- H. Textbook Assignments
- I. Presentations
- J. Audiovisual Aids

d. Evaluation and Grading Procedures

- A. Participation
- B. Skill Test
- C. Class Presentations
- D. Written Assignments
- E. Written Examinations

e. Course Evaluation

- A. Student evaluations
- B. Peer Observations
- C. Review by department curriculum committee

4. f. Consultation

Not Required

Elementary School Physical Education Activities

0837.???

3 Semester Hours

Catalogue Description:

This course is an introductory survey course designed to help prepare Health and Exercise Science Teacher Certification majors to teach relevant curriculum at the elementary school level. Students will be exposed to a number of important activities that comprise the focus of elementary school physical education. Methods, techniques and classroom management as they apply to teaching pertinent curriculum will be highlighted.