

CURRICULUM PROPOSAL FORM 1999-2000

**NON-GENERAL EDUCATION PROCESS A**

UNIVERSITY SENATE

**\*DEADLINES:** ~~Deadline~~ dates for 1999/2000 submissions: Regular proposals: October 22, 1999 to be implemented in Fall 2000; Short-Term proposals: December 10, 1999 to be implemented in Fall, 2000; Regular proposals February 18, 2000 to be implemented in Spring, 2001; March 24, 2000 for short-term courses to be implemented in Spring 2001.

**PROPOSAL TITLE:** Proposal For Prerequisite Changes in Health Promotion and Fitness Management Courses

**SPONSOR(S):** Leslie Spencer and Francie Pagell

**DEPARTMENT:** Health and Exercise Science

**COLLEGE:** Education

**IF LAS CHECK ONE:**  History/Humanities  Math/Sciences  Social/Behavioral Sciences

**Check one:**  Undergraduate  Graduate

THE ATTACHED *NON-GEN-ED* PROPOSAL IS BEST DESCRIBED BY THE ITEM(S) CHECKED.

- New non-gen-ed course
- Short-term non-gen-ed course
- Minor curricular changes (fewer than three) to:
  - existing non-gen-ed course
  - non-gen-ed degree requirements
  - major
  - minor, specialization, concentration, track, certificate program

**DEPARTMENT**  
(Signature indicates approval)

Dept. Curriculum Chair / Date

Dept. Chairperson / Date

*James Burd 2/24/00*

**ACADEMIC DEAN**

Approved  Not Approved  Comments:

Dean's Signature/Date

*James Burd 2/24/00*

**COLLEGE CURRICULUM COMMITTEE**

Date of open hearing (if necessary) \_\_\_\_\_ Approved  Not Approved \_\_\_\_\_

Comments:

Signature of College Chair/Date: *Joey Blum*

**UNIVERSITY CURRICULUM COMMITTEE**

Date Received/Processed *4/16/00*

Comments:

Curriculum Chair Signature *[Signature]* Date Announced At Senate *5/1/00*

**EXECUTIVE VICE PRESIDENT/PROVOST**

Approved  Not Approved \_\_\_\_\_ If no, reasons are as follows:

Student Credit Hours \_\_\_\_\_ Faculty Load Hours \_\_\_\_\_ Equalized Credit Hours \_\_\_\_\_

Official Copy & Approval Sheet Filed (Date): \_\_\_\_\_ Executive VP/Provost Signature/Date *[Signature] 5/22/00*

**REGISTRAR**

Date Approved Course Description Received *5/24/00* Hegis Taxonomy & Course Number Assigned \_\_\_\_\_

Registrar Signature/Date *Robert A. Kubat 5/25/00*

**NOTIFICATION FORWARD**

Senate Curriculum Committee Chairperson

Department Chairpersons

Academic Dean(s)

Registrar

*TM 6/6/2000*

\_\_\_\_ Sponsor(s)

## HPFM CURRICULUM CHANGES

Proposal for Pre-requisite Changes in Health Promotion  
and Fitness Management Specialization Courses

Submitted by Leslie Spencer and Francie Pagell  
January 25, 2000

The following changes in prerequisites for HPFM courses are being proposed for implementation beginning in Fall 2000. Students entering the HPFM program in the Fall 2000 semester would be required to follow the new guidelines. These changes have been discussed and approved by the Department of Health and Exercise Science curriculum committee and faculty.

The proposed changes are as follows:

1. The current prerequisite of Contemporary Health I & II (0837.192 & 193) for Foundations of HPFM (0837.310) will be DROPPED. This will ensure that students can take Foundations of HPFM in their sophomore year. (A)

2. The following prerequisites will be ADDED:

Foundations of HPFM (0837.310) prior to Health Behavior (0837.350) (A)  
 Health Behavior (0837.350) prior to Administration of HPP (0837.340) (A)  
 Administration of HPP (0837.340) prior to Practicum in HPFM (0837.430) (A)  
 Practicum in HPFM (0837.430) prior to Field Experience in HPFM (0837.483) (A)

**Rationale**

First, these changes are necessary to ensure that students are adequately prepared for the work required in each specialization course. By following courses in the above sequence, students will have the knowledge and skills necessary to successfully complete the next level course. Currently, this is not happening and some students are struggling as a result.

Second, the prerequisite sequence will ensure that students are part of the HPFM specialization for at least five semesters before graduating. This will allow for them to have enough opportunities to participate in professional activities outside of the classroom and gain practical experience through work and volunteer activities in the profession. It will also allow the HPFM faculty to adequately mentor each student as they make decisions about internships, graduate school and career direction. Within the current structure, it is possible for some students to enter and complete the HPFM specialization in just two semesters, which is much too brief a time period to apply and master the skills they are learning in the classroom.

Even with the proposed prerequisite structure, students will be able to complete the degree in Health and Exercise Science with the HPFM specialization within eight semesters (four

years). Students transferring in as juniors will be able to complete the program in five semesters, the fifth being the field experience which can be completed in the summer. Foundations of HPFM is offered each semester and the others are offered once a year in the proper sequence; they will be available as students need to take them. As the number of students in HPFM increases, a second section of the other courses will be offered as needed.

We estimate that, with the proposed prerequisite sequence, there may be a reduction in the number of HPFM students enrolling each year of approximately 10%, or five students out of the approximately fifty who have entered HPFM this past year. This amount of reduction is acceptable and it is desirable to dissuade students who are not serious about this profession from entering the program. HPFM has become a very popular program over the past few years. Most of the students entering it are motivated, capable and willing to do the work involved. A few, however, are not and simply choose this program because they can complete it quickly. An added benefit of the proposed changes is that they will remedy this situation.

## HPFM CURRICULUM CHANGES

### Proposal for Pre-requisite Changes in Health Promotion and Fitness Management Specialization Courses

Submitted by Leslie Spencer and Francie Pagell  
January 25, 2000

The following changes in prerequisites for HPFM courses are being proposed for implementation beginning in Fall 2000. Students entering the HPFM program in the Fall 2000 semester would be required to follow the new guidelines. These changes have been discussed and approved by the Department of Health and Exercise Science curriculum committee and faculty.

The proposed changes are as follows:

1. The current prerequisite of Contemporary Health I & II (0837.192 & 193) for Foundations of HPFM (0837.310) will be DROPPED. This will ensure that students can take Foundations of HPFM in their sophomore year.
2. The following prerequisites will be ADDED:

Foundations of HPFM (0837.310) prior to Health Behavior (0837.350)  
Health Behavior (0837.350) prior to Administration of HPP (0837.340)  
Administration of HPP (0837.340) prior to Practicum in HPFM (0837.430)  
Practicum in HPFM (0837.430) prior to Field Experience in HPFM (0837.483)

### **Rationale**

First, these changes are necessary to ensure that students are adequately prepared for the work required in each specialization course. By following courses in the above sequence, students will have the knowledge and skills necessary to successfully complete the next level course. Currently, this is not happening and some students are struggling as a result.

Second, the prerequisite sequence will ensure that students are part of the HPFM specialization for at least five semesters before graduating. This will allow for them to have enough opportunities to participate in professional activities outside of the classroom and gain practical experience through work and volunteer activities in the profession. It will also allow the HPFM faculty to adequately mentor each student as they make decisions about internships, graduate school and career direction. Within the current structure, it is possible for some students to enter and complete the HPFM specialization in just two semesters, which is much too brief a time period to apply and master the skills they are learning in the classroom.

Even with the proposed prerequisite structure, students will be able to complete the degree in Health and Exercise Science with the HPFM specialization within eight semesters (four

years). Students transferring in as juniors will be able to complete the program in five semesters, the fifth being the field experience which can be completed in the summer. Foundations of HPFM is offered each semester and the others are offered once a year in the proper sequence; they will be available as students need to take them. As the number of students in HPFM increases, a second section of the other courses will be offered as needed.

We estimate that, with the proposed prerequisite sequence, there may be a reduction in the number of HPFM students enrolling each year of approximately 10%, or five students out of the approximately fifty who have entered HPFM this past year. This amount of reduction is acceptable and it is desirable to dissuade students who are not serious about this profession from entering the program. HPFM has become a very popular program over the past few years. Most of the students entering it are motivated, capable and willing to do the work involved. A few, however, are not and simply choose this program because they can complete it quickly. An added benefit of the proposed changes is that they will remedy this situation.