



PROCESS A NON-GENERAL EDUCATION CURRICULUM PROPOSAL

SCC #04-05- 306-6

Deadlines
October 8, 2004 to be implemented Fall 2005 ~ February 11, 2005 to be implemented Spring 2005

PROPOSAL TITLE: Dropping Intro to HES as a requirement for HPEM and replace 3 credits of electives

Sponsor(s): Dr. Leslie Spencer E-Mail: spencer@rowan.edu Ext: 3761

E-Mail: _____ Ext: _____

DEPARTMENT: Health and Exercise Science

COLLEGE: College of Education

If Liberal Arts & Sciences CHECK: History/Humanities Math/Sciences Social/Behavioral Sciences

UNDERGRADUATE GRADUATE

THE ATTACHED NON-GEN-ED PROPOSAL IS BEST DESCRIBED BY THE ITEM(S) CHECKED

- New non-gen-ed course
- Minor curricular changes (fewer than three) to:
 - Existing non-gen-ed course
 - Non-gen-ed degree requirements
 - Major
 - Minor, specialization, concentration, track, certificate program
- Short-term non-gen-ed course

THE FOLLOWING SIGNATURES REPRESENT APPROVAL

Department Chair: [Signature] Date: 2-7-05
 Department Curriculum Chair: [Signature] Date: Feb 7, 05
 Academic Dean: [Signature] Date: 2-7-05

COLLEGE CURRICULUM COMMITTEE

OPEN HEARING Date: 4/10/05 Approved Not Approved

COLLEGE CURRICULUM CHAIR: [Signature]

Senate Curriculum Chair Signature: [Signature] Date: Senate Announcement: 5/10/05

Comments: _____

EXECUTIVE VICE PRESIDENT/PROVOST Signature: [Signature] Date: 6/9/05

Approved

(Does not change approval of general education requirements unless approved by the SCC)

Date: 6/28/05 Course Description Received & Approved - Reg's Taxonomy & Course # _____

Registrar Signature: [Signature]

NOTIFICATION FORWARD

- SCC Chair
- Academic Dean
- Department Chair
- Registrar
- IR
- CAP
- VP Student Affairs
- Others

[Signature]

MINOR CURRICULUM CHANGE PROPOSAL

Health Promotion and Fitness Management Specialization

Details

a. Change Requested

Remove the 3 semester hour course Introduction to Health and Exercise Science (HEGIS 0835.135) from the required curriculum for the Health Promotion and Fitness Management (HPFM) specialization in the Health and Exercise Science (HES) major. Replace the course with a general elective choice for 3 semester hours. The student may choose the course from among the University General Electives list or another course within the HES department that is not currently required of HPFM students.

b. Sponsor

Leslie Spencer, Associate Professor, Department of HES, spencer@rowan.edu, ext. 3761

Rationale

a. Statement of Need

The content of the Introduction to Health and Exercise Science course is not relevant to students in the HPFM specialization. Another course, Foundations of Health Promotion and Fitness Management (HEGIS 0837.310) provides the necessary introduction to the field of study for these students.

b. Curricular Effect

This will result in fewer students taking the Introduction to Health and Exercise Science course, but a consultation with the course instructor and department chair showed that this will not cause a problem, given that the HPFM students make up a small number of the total students taking the course.

No consultations were required for this change.

**BEGINNING FALL 2005 ROWAN UNIVERSITY
DEPARTMENT OF HEALTH AND EXERCISE SCIENCE
(833)HEALTH PROMOTION AND FITNESS MANAGEMENT**

NAME: _____ SOC. SEC. #: _____ ADVISOR: Mr. Pinckney Date: _____
PROGRAM COORDINATOR: DR. L. SPENCER

GENERAL EDUCATION COURSE WORK (GE), (2.50 MUST BE MAINTAINED); H.E.S. CORE COURSE WORK (C), (2.75 MUST- BE MAINTAINED); SPECIALIZATION REQUIREMENTS (S), (3.0 MUST BE MAINTAINED), (122 credits)

FRESHMAN YEAR

FIRST SEMESTER	SH GR SEM/YR	SECOND SEMESTER	SH GR SEM/YR
College Comp I _____	GE 3	College Comp II _____	GE 3
Chem for Everyday Life _____	GE 4	H/H/L (Span or approv alt) _____	GE 3
Intro Psych (soc, emo, pers) _____	GE 3	Math Choice (Elem Stat) _____	GE 3
Contemporary Health I _____	C 3	Computer Lit or Equivalent _____	GEE 3
Gen Ed Free Elective _____	C 3	Contemporary Health II _____	C 3
_____		_____	
16		_15_	

SOPHOMORE YEAR

FIRST SEMESTER	SH GR SEM/YR	SECOND SEMESTER	SH GR SEM/YR
S&F Human Body I _____	C 3	S&F Human Body II _____	C 3
Public Speaking _____	GE 3	Mass Media and Influence _____	GE 3
Foundations of HP & FM _____	S 3	Interpersonal Speech Comm _____	GE 3
H/H/L Lit Choice _____	GE 3	Tech & Assess in H.E.S. _____	C 3
Fitness & Adventure Act _____	C 3	Safety First Aid & Prevent _____	C 3
Consumer Health Decision _____	GE 3	_____	
_____		_____	
18		_15_	

JUNIOR YEAR

FIRST SEMESTER	SH GR SEM/YR	SECOND SEMESTER	SH GR SEM/YR
Kinesiology _____	C 3	Personel Psychology _____	GEE 3
Basic Nutrition _____	GE 3	Gen Ed Elective _____	2
Stress Management _____	S 3	Administration of HP&FM _____	S 3
Health Behavior _____	S 3	Exercise Physiology w/Lab _____	S 4
H/H/L Span Recommended _____	GE 3	Computing Environments _____	GEE 3
_____		_____	
15		_15_	

SENIOR YEAR

FIRST SEMESTER	SH GR SEM/YR	SECOND SEMESTER	SH GR SEM/YR
Exercise Prescription _____	S 3	Field Experience HP & FM _____	S 6
Practicum HP&FM _____	S 3	Industrial/Organizational Psych _____	GEE 3
Lab/Personal Training Tech _____	S 1	Specialization Elective _____	3
Exercise for Special Popul _____	S 3	_____	
Fine Arts Choice _____	GE 3	_____	
H/H/L Choice (M/G) _____	GE 3	_____	
_____		_____	
16		_12_	

BEGINNING FALL 2005
 ROWAN UNIVERSITY - COLLEGE OF EDUCATION
 HEALTH AND EXERCISE: HEALTH PROMOTION & FITNESS MANAGEMENT
 GENERAL EDUCATION REQUIREMENTS: (TRANSFER OR ROWAN)___ 60 S.H.

COMMUNICATIONS BANK _____	9 S.H.
College Composition I _____	3 s.h.
College Composition II _____	3 s.h.
Public Speaking _____	3 s.h.
SCIENCE/MATHEMATICS BANK _____	10 S.H.
Basic Nutrition _____	3 s.h.
Chemistry for Everyday Life _____	4 s.h.
Elementary Statistics _____	3 s.h.
SOCIAL & BEHAVIORAL SCIENCES BANK _____	12 S.H.
Introduction to Psychology: Personal, Emotional & Social Inter. _____	3 s.h.
Consumer Health Decisions _____	3 s.h.
Mass Media and Influence (recommended) _____	3 s.h.
Interpersonal Speech Communication _____	3 s.h.
HISTORY/HUMANITIES/LANGUAGE BANK _____	12 S.H.
(2) Spanish Language courses or approved alternate _____	6 s.h.
Any H/H/L (Lit) Choice _____	3 s.h.
Any H/H/L (M/G) Choice _____	3 s.h.
FINE ARTS BANK _____	3 S.H.
Fine Art Choice _____	3 s.h.
GENERAL EDUCATION ELECTIVES _____	14 S.H.
(Any LAS, General Education course or Health & Wellness)	
Computer Literacy or equivalent _____	3 s.h.
Computing Environments or Alternative _____	3 s.h.
Industrial/Organizational Psychology or Alternative _____	3 s.h.
Personal Psychology or Alternative _____	3 s.h.
Any Gen. Ed. Choice _____	2 s.h.

BEGINNING FALL 2005
 ROWAN UNIVERSITY - COLLEGE OF EDUCATION
 HEALTH & EXERCISE SCIENCE: HEALTH PROMOTION & FITNESS
 MANAGEMENT SPECIALIZATION

HES CORE REQUIREMENTS _____	28 s.h.
Structure and Function of the Human Body I & II _____	6 s.h.
Kinesiology _____	3 s.h.
Exercise Physiology with Lab. _____	4 s.h.
Contemporary Health I and II _____	6 s.h.
Safety, First Aid and Prevention _____	3 s.h.
Technology and Assessment _____	3 s.h.
Fitness and Adventure Activities _____	3 s.h.

HP & FM SPECIALIZATION REQUIREMENTS _____ 34 s.h.

Foundations of Health Promotion and Fitness Management _____	3 s.h.
Administration of Health Promotion and Fitness Programs _____	3 s.h.
Exercise Prescription _____	3 s.h.
Stress Management _____	3 s.h.
Health Behavior _____	3 s.h.
Practicum in Health Promotion and Fitness Management _____	3 s.h.
Health Promotion & Fitness Management Field Experience _____	6 s.h.
Exercise for Special Populations _____	3 s.h.
Electives Specialization HP & FM _____	6 s.h.
Lab/Personal Training Technology _____	1 s.h.

Choose a minimum of 6 credits for electives from the following:

- Prevention and Care for Athletic Injuries
- Nutrition for Fitness
- any specialization elective

GENERAL EDUCATION _____ 60 S.H.

TOTAL CREDITS IN PROGRAM _____ 122 S.H.