

ROWAN UNIVERSITY CURRICULUM PROPOSAL

PROPOSAL TITLE:
Rhythmic Activities and Forms

CHECK APPROPRIATE: UNDERGRADUATE GRADUATE 3 SEMESTER HOURS

SPONSOR(S): Mary Putman, Richard Fopeano. Department of Health and Exercise Science

DEPARTMENT/TELEPHONE # X4785

CHECK ONE: COURSE MINOR PROGRAM CONCENTRATION SPECIALIZATION
 ACHIEVEMENT CERTIFICATE CERTIFICATION PROGRAM MAJOR PROGRAM

Step #1 (Department)	Step #2 (Receipt)	Step #3 (School)
<input checked="" type="checkbox"/> Approved (Date) <input type="checkbox"/> Not Approved (Date) <u>R. Fopeano</u> Dept. Curriculum Chr. <u>Oct 97</u> Reviewed (Date) <u>Julius Rusk</u> Dept. Chr.	SCC# <u>97-98-143</u> <u>10/24/97</u> Date Received Senate <u>A. Reeves</u> Senate Curriculum Chr.	Reviewed Date: <u>11/3/97</u> <input checked="" type="checkbox"/> Recommend to Approved <input type="checkbox"/> Recommend NOT to Approve Forward for Open Hearing: <input checked="" type="checkbox"/> WITHOUT Reservations <input type="checkbox"/> WITH Reservations: Comments: <u>if required changes</u> <u>J. Marcus Doe</u> School Committee Chr.

Step #4 (Academic Dean): Recommended NOT Recommended Conditionally Recommended (See Comments)

Comments:

Dean Signature/Date: [Signature]

Step #5 (Senate Curriculum Committee): Open Hearing Date: 3-23-98 Approved by Curriculum Committee Date 3-23

Returned to Sponsor(s) for the following reason:

Step #6 (Senate) Date announced/voted on at Senate 4/28 If voted on: Approved NOT Approved

Date forwarded to Executive Vice President/Provost _____

Senate Curriculum Committee chair Signature/Date: A. Reeves 5/11/98

Step #7 (Executive Vice President/Provost): Date Received _____

Approved

NOT Approved If no, reasons are as follows:

Student Credit Hours _____

Faculty Load Hours _____

Equalized Credit Hours _____

Official Copy & Approval Sheet Filed (Date) 5/26/98

Executive Vice President/Provost Signature C. M. [Signature]

Registrar

Date Approved Course Description Received _____

Hegis Taxonomy and Course Number Assigned _____

Date/Signature of Registrar 5/26/98 [Signature]

Notification Forward:

_____ Senate Curriculum Committee Chairperson

_____ Department Chairpersons

_____ Academic Dean(s)

_____ Registrar

_____ Sponsor(s)



Department of Theatre and Dance

April 23, 1998

To: Richard Fopeano, Health and Exercise Science

From: William C. Morris, ^{CU}Chair, Theatre and Dance

Re: Course in Rhythmic Activities and Forms

The Theatre and Dance department sees no conflict between this course and the various courses in Dance that we offer. Apparently you will be combining Movement/Rhythmic Fundamentals with your course in Folk, Square and Social Dance, a useful combination for your majors that should in no way impinge on the technique classes we have in ballet, modern or jazz dance.

We wish you every success as you modify offerings in Health and Exercise Science.

1. DETAILS:

- a. **Course Title:** Rhythmic Activities and Forms
- b. **Sponsors:** Department of Health and Exercise Science
Dr. Richard Fopeano, Curriculum Chairperson
Dr. Mary L. Putman
- c. **Credit Hours:** Three semester hours
- d. **Course Level:** Sophomore (200 level)
- e. **Prerequisites:** none
- f. **Suggested Time and Scale of Implementation:** Fall 1999 and each semester thereafter. A minimum of one section will be offered each semester.
- g. **Curricular Effect:** This course will be required for students specializing in teacher certification. This will replace Folk, Social, and Square Dance (0835.227) which is currently required for all students majoring in Health and Exercise Science.
- h. **Adequacy of the Present Staff/Space...:** There are qualified faculty members to teach this course. Since it is a modification of the current dance education requirement the facilities and equipment are satisfactory.
- i. **Library Resources:** The library resources are adequate to meet the needs for this course.

2. RATIONALE:

The Department of Health and Exercise Science (HES) is engaged in major curricular revisions in response to recommendations from on-campus consultants and national accreditation standards. The National Council for Accreditation of Teacher Education (NCATE) and the National Association for Sports and Physical Education (NASPE) are the two organizations which oversee the standards for Physical Education and have identified rhythms and dance a required content area. The content pertaining to rhythms and dance is currently covered in two different classes. Rhythmic activities is taught in Introduction to Movement Fundamental (0835.xxx) with the traditional dance forms covered in Folk, Social and Square Dance (0835.227). The HES Department has selected to combine this related content into one course entitled Rhythms Activities and Forms.

3. ESSENCE OF THE COURSE:

a. Objectives

Upon completion of the course, the student is expected to:

1. Identify and define locomotor and non-locomotor patterns and apply this knowledge in a variety of structured and creative rhythmical experiences.
2. Perform a variety of fundamental rhythm activities and dances alone, with partners, and in small and large group formations.
3. Demonstrate a knowledge of rhythms and dance through performance and written evaluations.
4. Select rhythmic activities and dances which are appropriate for learners who vary in age and skill ability.
5. Observe, recognize, and analyze dance steps and provide appropriate feedback regarding the quality of performance.

6. Use the basics of rhythmic structure to read and interpret written directions for selected dance movements and various dance forms.
7. Use the basics of rhythmic structure to write directions to correspond to simple routines common to rhythms and dance.
8. Select appropriate music to use with new and known dances and rhythmic experiences.
9. Read information which provides an appreciation and understanding of the ethnic, cultural, and regional significance of different rhythms and dance forms.
10. Develop an appreciation and enjoyment of rhythms and dance as movement forms appropriate for individuals of all ages.

b. Topical Outline

Locomotor Patterns (walk, run, leap, jump, hop, skip, gallop, slide)

Non-Locomotor Patterns (bend, stretch, twist, swing, push, pull, strike, dodge, lift, turn, rock, fall)

Small Hand Apparatus

Lummi Sticks, jump ropes, wands, playground balls, parachutes, etc.

Creative Rhythmic Exercises

Dances for Children

Simple Singing Games

Children's Folk Dance

Novelty Dances and Rhythmic Experiences

Dance Fundamentals

Rhythm and meter

Fundamental Locomotor Movements

Basic Folk Dance Steps

Dance Positions

Dance Formations

Dance Style

Contra Dance

History and Terminology

Dances in proper and improper formations

Square Dance

History and Terminology

Beginner Basics

Selected Intermediate Basics

American Heritage and International Folk Dances

History and Terminology

Basic Folk Dance Steps

American Heritage Dances

International Folk Dances

Social Dance

Waltz

Swing

Cha Cha Cha

Foxtrot

Country and Western Social Dance

Other Novelty Social Dance Forms

Catalogue Description:

Rhythmic Activities and Forms

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This course introduces health and exercise science majors specializing in teacher certification to the skills, concepts and knowledge necessary for instructing development and performance sequences in various rhythmic activities (creative rhythms, routines with small hand apparatus, and novelty dances) and dance forms (folk, social, square, contra, and line). The study of selected rhythmic activities and dance forms include: terminology, relative movement patterns, techniques, skill performance, evaluation, basic musical structure, and teaching strategies.