



APPROVAL FORM

- 1) An approval form must accompany each proposal.
- 2) A proposed catalogue description of the course must accompany the proposal as a separate page.
- 3) Results of all consultations must be attached to the proposal.

Proposal Title Water Safety Instructor

Sponsor(s) Brenda Bolay, Edward Dear Dept. Health and Physical Education

L.T. Serfustini

Check One { Course ~~Concentration~~ ~~Specialization~~ ~~Major Program~~ ~~Certification~~ Other _____

Concentration _____ Specialization _____ Major Program _____ Certification _____

Graduate _____ Undergraduate No. of Credits 3

Approved

~~_____~~ Feb. 6, 1981

W. F. Bradley

Dept. Curr. Comm. Chairperson

Feb. 6, 1981

Date

Division Curr. Comm.

Reviewed 11/9/81
Date

Dean of Division

Reviewed 11/12/81
Date

Approved

~~_____~~ Feb. 13, 1981

L.T. Serfustini
Chairperson, Department

Feb. 17, 1981

Date

Approved _____
Not Approved 11/12/81
Date

M. J. Jannet
Chairperson Div. Curr. Comm.

James D. ...
Signature

SENATE CURRICULUM COMMITTEE

SCC # 80-81-32 Proposal Received 2/17/81 Open Hearing Held 12/8/81

Returned to the department for the following reason(s):

Approved by the Curriculum Committee: Date 12/10/81

Presented to ~~Executive Committee~~ of the Faculty Senate as information: Date 12/11/81

Notifications forwarded: Vice President for Academic Affairs: Date _____

Shirley C. O'Leary
Signature: Chairperson, Senate Curriculum Committee

VICE PRESIDENT FOR ACADEMIC AFFAIRS

Official copy and approval sheet filled 12-15-81

Date

Signature

Course approved Yes No

If no, reasons are as follows:

- 1.
- 2.
- 3.

Student credit hours assigned 3

Faculty load hours 1

Equalized credit hours 3

REGISTRAR

Approved course description received and Hegis Taxonomy Number assigned

by Registrar Yes No

Hegis Taxonomy Number 011017

Signature: Registrar _____

_____ Date

ACADEMIC DEAN

Yes Budget, faculty library allocations and Academic Support Services are adequate for immediate implementation.

No Constraints do not permit implementation. The earliest the proposal might be implemented would be _____

Signature: Academic Dean _____

_____ Date

Copies forwarded: Senate Curriculum Committee Chairperson, Department Chairperson, Registrar

COURSE PROPOSAL

1. COURSE:

- A. Title: Water Safety Instructor
- B. Department: Health and Physical Education
- C. Sponsor: Brenda Bolay, Edward Dear, L.T. Serfustini

2. ESSENCE:

- A. Undergraduate course
- B. 3 credit hours
- C. The Water Safety Instructor Course would be available to all students regardless of level (freshman, sophomore, junior, senior) or major field.
- D. Prerequisite: Minimum age of 17 and possession of a current American National Red Cross Advanced Life Saving Certificate
- E. This course is offered basically as elective credit. However, a physical education major student may choose to substitute the Water Safety Instructor Course for the required program course of Specialized Swimming I as per the present policy in the Department of Health and Physical Education.
This 3 credit hour Water Safety Instructor Course would be a portion of the expansion and improvement on the aquatic program already in existence in the Department of Health and Physical Education. It would allow students to expand their knowledge, experience and expertise in aquatic instruction.
- F. It is recommended that one section of the Water Safety Instructor course be offered for the first time in the Spring Semester of 1982. At present, offering this course once in each academic year is probably sufficient, but it might be projected that a future need would be to offer one section of the course each semester.

3. DETAILS:

- A. There are currently three certified Water Safety Instructor/Trainers on the faculty within the Department of Health and Physical Education. The present aquatic facility, library facilities and resources for implementation are adequate.
- B. This Water Safety Instructor Course is designed to assist in meeting the needs of Gloucester County, the State of New Jersey and the Nation for competent swimming and water safety instructors. The course is a logical offering within the Department of Health and Physical Education in that it is the conclusion or culminating course experience for a strong and interested swimmer in a well rounded aquatic program. At present, Glassboro State College Water Safety Instructor Course Graduates account for 82% of all the Water Safety Instructors trained in Gloucester County. We are proud of such a strong contribution to our County Red Cross Chapter and we hope to continue by offering an excellent Water Safety Instructor Course.

C. Objectives:

1. Every student will be able to describe the American National Red Cross Water Safety Programs and Courses of Instruction.
2. Each student will develop proficiency in swimming strokes and other related aquatic skills.
3. Each student will be able to describe efficient and effective techniques for learning swimming strokes and aquatic skills, teaching in an aquatic environment, and providing for the safety of all swimmers at all times.
4. Each student will be able to teach under various conditions and situations.
5. Each student will exhibit a positive attitude toward safety and enjoyment for self and others within an aquatic environment.

D. Course Evaluation:

1. Personal skills
 - a. Demonstrate proper technique in selected swimming activities
 - b. Apply proper swimming techniques in personal teaching demonstrations
2. Knowledge of the subject
 - a. Express subject knowledge in written form (tests, quizzes, assignments)
 - b. Apply knowledge of subject matter while planning swimming lessons.
 - c. Demonstrate knowledge of sound teaching approaches within practice teaching situations
3. Teaching Ability
 - a. Demonstrate a variety of teaching techniques within various practice teaching situations
 - b. Analyze components of swimming strokes and skills and make necessary connections to students within the practice teaching situations.
4. Water Safety Instructor Course Assessment
 - a. Student evaluations of the course, the instructor and the student's experiences
 - b. Instructor evaluation of the course and the student's progress in relation to the objectives
 - c. Peer and self evaluation of the instructor and the teaching

E. Not applicable

4. CONTENT:

A. Personal skills

1. Ten basic swimming strokes
2. Related Aquatic skills (i.e. underwater swimming, surface dives, treading water, water games, etc.)
3. Springboard Diving
4. Basic use of mask, fins, and snorkel
5. Advanced lifesaving skills
6. Cardio-pulmonary resuscitation

B. The job of the instructor

1. Knowledge of the subject
2. Logical Teaching Progressions
3. Complete Teaching Plans
4. Ability to Present Material
5. Ability to Correct Mistakes
6. Ability to Demonstrate

C. Sound Teaching Approach

1. Elements involved in acquiring a swimming skill
2. Safety of Students
3. Conditioning the class
4. Planning Swimming Lessons
5. Using teaching/learning aids
6. Organizing classes for skill development
7. Assessing and evaluating swimming skills and knowledges

D. Instructor Authorization and Course Information

1. American National Red Cross Certificated Swimming and Lifesaving Courses
2. Teaching authorization and re-authorization eligibility
3. Recording and reporting procedures

E. Practice Teaching

1. Teaching a variety of swimming skills
 - a. teach beginning swimming skills or practice teach using a game approach to teaching beginners
 - b. Teach intermediate and/or advanced swimming skills
 - c. Teach rescue and Water Safety skills
2. Teach in a variety of swimming situations
 - a. Peer-group teaching
 - b. Micro-teaching (small groups)
 - c. Assistant teach in scheduled swimming classes

5. RATIONALE:

The expansion of this course from its current status as one half of a 3 credit hour course to an entire 3 credit hour course in and by itself is sorely needed. To begin with the American National Red Cross has recently expanded the course content to include more practical teaching experiences and more emphasis on individual skill attainment not only in basic swimming skills but also in related aquatic endeavors such as diving and adequate use of masks, fins and snorkels. The American National Red Cross Guidelines suggest class enrollments of 15 students and a minimum of 30 hours of course instruction plus 10 hours of practice teaching. At Glassboro our class enrollments have traditionally been over 30 students. The current learning time is inadequate for these numbers of students to accomplish all of the course objectives. The practicality of offering adequate time to learn and improve personal skills as well as offering good supervised practice teaching situations mandates an expansion of the Water Safety Instructor Course to the 3 credit hour proposed offering.

6. The Water Safety Instructor Course is unique to the Department of Health and Physical Education and has been approved by this Department.

7. NONE:

8. CATALOGUE DESCRIPTION:

See attached

CATALOGUE DESCRIPTION

Water Safety Instructor

3 credits

The Water Safety Instructor course is comprised of the American National Red Cross standardized program of skill proficiency, teaching methodologies, principles of class organization, safety factors in teaching swimming and practice teaching experiences. The course is for advanced swimmers who are interested in learning to teach swimming and water safety. Prerequisites for candidates in the Water Safety Instructors Course include a minimum age of 17 and the possession of a current American National Red Cross Advanced Life Saving Certificate as well as the ability to perform swimmer skills. Upon successful completion of this course the student will receive the American National Red Cross Certificate as a Water Safety Instructor.