

Faculty Senate Curriculum Committee

(K)

Approval Form

Proposal Title: Women in Sport

Sponsor(s): Ms. Penny Matthews Dept.: Health and Physical Education
Ms. Mary L. Putman

Check one: Course Specialization Concentration Achievement Certificate
 Certification Program Major Program Minor Change _____
(please name: deletion or credit/title/catalog change)

Undergraduate Graduate 3 Credit Hours

Step 1 (Department)

Approved 11/24/85
Date

Not Approved

Mary L. Putman
Dept. CC Chairperson

Reviewed 12/1/85
Date

Daniel S. Stanley
Chairperson, Dept.

Step 2 (Receipt)

SCC# 45-46-60

Proposal Received 12/1/85
Date

Brenda A. Boley
Chairperson, SCC

Step 3 (School CC)

Reviewed 2-11-86
Date

Approved
 Not Approved

Comments:

Ellen Combs
Chairperson, School Curr. Comm.

Step 4 (Academic Dean)

Comments:
Approved

Reviewed 2/18/86
Date

Marion Kelling
Signature, Dean of School

Step 5 (SCC)

Open Hearing 3/27/86 Approved by Senate Curriculum Committee 3/27/86
Date Date

Returned to sponsor(s) for the following reasons:

Step 6 (Faculty Senate)

Presented to Faculty Senate : 4/1/86 Approved Not Approved
Date

Notification to Vice-President Academic Affairs 4/15/86 Brenda A. Boley
Date Signature, SCC Chairperson

Step 7 (Vice-President for Academic Affairs)

Received 4/15/06
Date

Approved Yes No

If no, reasons are as follows:

Student credit hours 3

Faculty load hours 3

Equalized credit hours 3

Official copy and approval sheet filed 9/16/06
Date

Signature

[Signature]
Vice-President for Academic Affairs

Registrar

Approved course description received _____
Date

Hegis Taxonomy and Course Number assigned _____

Signature _____
Registrar

Date

Notification forwarded: Senate Curriculum Committee Chairperson, Department Chairperson(s), Academic Dean(s), Registrar, Sponsor(s).

GLASSBORO STATE COLLEGE
DEPARTMENT OF HEALTH AND PHYSICAL EDUCATION

Course Proposal

I. Details

- A. Title: Women in Sport
- B. Sponsor: Penny Matthews, Health and Physical Education
- C. Course level: Undergraduate - 3 credit hours
- D. Curricular effect: Free Elective
- E. Prerequisites: None
- F. Implementation: Spring 1987; each spring semester thereafter
- G. Adequacy: Staff and resources currently exist for implementation. Library holdings currently being updated (3/85) and would require minimum additions thereafter.

II. Rationale

Sport has consistently been symbolized and verbalized as a male domain with changes occurring only recently. The intense struggles of sportswomen to find equality of opportunity and treatment in the world of sports has existed for centuries. The subject matter of this course concerns women, sports and society, including the various permutations and complexities of those elements.

At Glassboro State College we have no course that specifically looks at the role of women in sport. Such a course might be applicable for those students studying physical education as well as those students in the Women's Studies concentration. Some students majoring in Sociology might also be uniquely interested in this topic. In any case, it would be a free elective within any program.

III. Essence of the Course

- A. Objectives: As a result of completing this course students will be able to:
 - 1. summarize the history of women's sport participation .
 - 2. compare and contrast a variety of cultural influences upon women's sport participation
 - 3. identify physical and psychological differences and similarities among women and men and distinguish their influence on women's sport participation
 - 4. identify United States civil rights and Title IX legislation and draw conclusions about their impact upon the woman athlete.

5. draw conclusions about school curriculum structure with reference to coeducational activities, ability grouping and age group and growth patterns
6. identify and define the past and present governing structures for women's sports
7. analyze United States athletic programs in selected schools, colleges and recreational organizations to draw conclusions about equity that exists between the sexes.
8. apply affirmative action legislation as it relates to women in sport in educational systems, in amateur sports and professional sports

B. Topical Outline/Content

1. Historical perspectives
 - a. The Ancient Games through present day
 - b. Exploring myths
 - c. Educational systems
 - d. Amateur sports
 - e. Professional sports
 - f. Role of women in society from pre-historic time to present day
2. Cultural perspectives
 - a. Minority women in sport
 - b. Ethnic influences
 - c. International competition
 - d. Olympic Committee
 - e. Androgyny
 - f. Feminism
 - g. Homophobia
3. Psychological perspectives
 - a. Personality studies
 - b. Sex differences
 - c. Body image
 - d. Success and failure
 - e. Motivation
 - f. Aggression
4. Physical considerations
 - a. Sex differences
 - b. Endurance
 - c. Strength
 - d. Flexibility
 - e. Modern training techniques
 - f. Athletic injuries
5. Legal considerations
 - a. Civil Rights legislation
 - b. Title IX
 - c. Equal Pay Act
 - d. Litigation and enforcement
 - e. Sport governing organizations
 - f. Affirmative Action

6. Educational considerations
 - a. Curriculum for the '80s and '90s
 - b. Coeducational activities
 - c. Ability groupings
 - d. Growth patterns and age groups
 - e. Athletics and intramurals
 - f. Program administration
 - g. Staffing and salaries
 - h. Public relations
7. Societal considerations
 - a. Organized amateur sports
 - b. Recreational organizations
 - c. Professional sports
 - d. Influence of societal demands on media, economics, politics and business
 - e. The place of women in the sport world
8. Evaluation and Grading Procedures
May be based upon any of the following:
 1. Midterm and Final Examination
 2. Abstracts of Research
 3. Term papers or Projects
 4. Class participation and discussion

Course Evaluation:

The course will be continually evaluated by the students (SIR or Course Evaluation Sheet-see attached), the professor and the Health and Physical Education Department Curriculum Committee.

Consultations:

Dr. Toni Libro, Coordinator, Office of Women's Studies

Dr. James Grace, Chairperson, Philosophy and Religion Department

Dr. Pearl Bartelt, Sociology Department

Catalog Description:

Students will examine women's participation in sport from historical, cultural, psychological, physical, legal and societal perspectives. Emphasis will be placed upon the role of the female in sport in American society.

COURSE EVALUATION

Name of class: _____

Instructor: _____

Semester/Year taken: _____

Grade you expect: _____

COMMENTS ON SUBJECT MATTER:

COMMENTS ON METHODS USED:

COMMENTS ON WRITTEN MATERIALS AND TEXT:

COMMENTS ON EVALUATION PROCEDURES:

IF YOU WERE THE INSTRUCTOR IS THERE ANYTHING YOU WOULD HAVE DONE DIFFERENTLY?

WHAT DID YOU LIKE BEST?

WHAT DID YOU LIKE LEAST?

Suggested References:

Berlin, P. The American Woman in Sport. Reading, Mass: Addison-Wesley, 1974.

Boutilier, M., San Giovanni, L. The Sporting Woman. Champaign, Ill: Human Kinetics Publishers Inc., 1983.

Howell, R. (Ed.), Her Story in Sport: A Historical Anthology of Women in Sport. West Point, NY: Leisure Press, 1982.

Oglesby, C. (Ed.), Women and Sport from Myth to Reality. Philadelphia, PA: Lea and Feibiger Publishers Inc., 1978

Twin, S. Out of the Bleachers. Old Westbury, NY: The Feminist Press, McGraw-Hill Book Co., 1979

Similar course offerings:

Temple University

PE 337 Minority in Sport

University of Delaware

PE 485 Women in Sport

West Chester State University

PED 380 Women in Sport

Montclair State College

Women in Sport



State of New Jersey
GLASSBORO STATE COLLEGE
GLASSBORO, NEW JERSEY 08028

PHILOSOPHY AND RELIGION DEPARTMENT

March 25, 1985

TO: The Senate Curriculum Committee
FROM: Dr. James H. Grace, Chairperson *J.H.G.*
RE: Women in Sports Course Proposal

Having read this proposal thoroughly and having spoken several times regarding its topic with Professor Matthews, I must say that I am favorably impressed. Apart from its obvious relevance to today's world, the course as envisioned appears to me to provide our students with a solid and comprehensive academic experience. The objectives are clearly stated and appropriate, the topical outline suggests both breadth and depth of subject matter, and the course requirements are certainly demanding. Not only do I strongly endorse this course for approval as a free elective, but I plan to recommend that it become an approved course for the Women's Studies Concentration.

JHG:aa



State of New Jersey

GLASSBORO STATE COLLEGE
GLASSBORO, NEW JERSEY 08028

COMMUNICATIONS DEPARTMENT
609-445-7187

July 9, 1985

Ms. Penny Matthews
Department of Health & Physical Education
Esby Gym

Dear Penny,

Thank you for forwarding to me a copy of your course proposal Women in Sport and your note of March 21, 1985. I am happy to respond to your proposal, and sincerely regret that I have not done so sooner.

However, I trust it is not too late to voice my enthusiasm for the course, my complete support of it, and my admiration for it and you as its creator. This is precisely what we need to help round out our offerings in the bank of courses comprising the concentration in Women's Studies. Increasing attention to this vital aspect of Women's experiences demands careful consideration and controlled study. Your course is designed to provide this kind of in-depth analysis and study. I plan to include it in our new brochure as our newest course, soon to be offered.

Thank you for taking the initiative to develop this course and to seek its approval through the curriculum committee. If I can be of any assistance, please do not hesitate to call on me. I would be happy to do anything I can to make it available to our students. I know they will appreciate the direction and design of the course, as will we all. Thank you for this excellent contribution.

Sincerely,

A handwritten signature in cursive script that reads "Toni Libro".

Toni Libro, Associate Professor
Coordinator, Office of Women's Studies

TL:ab