

FREE H1N1 Flu Vaccine Clinics & Flu Reporting System Introduced

As most of you know, the United States has a higher-than-usual influenza illness rate due to the novel H1N1 influenza viruses. Dozens of Rowan students and employees have already been ill with flu symptoms and this is likely to continue through winter with both seasonal and the novel H1N1 flu.

Because influenza is highly contagious, we encourage students and employees with Fever (100 degrees or higher and Cough or Sore throat) to stay away from work or school and self-isolate. We are also asking that both students and employees report their flu-like illness on our **[NEW ONLINE REPORTING SYSTEM](#)** described below.

We are happy to announce that **[H1N1 FLU VACCINES ARE AVAILABLE!](#)** We will be hosting **[FREE](#)** Vaccine clinics for students and employees under age 25. For adults 25 or older, please review the eligibility list below. Rowan identification is required for these clinics.

Influenza Vaccine Clinics:

Thursday November 5th, Linden Hall Training Room 10am to 6pm

Thursday November 12th, Student Center Room 221 10am to 1pm

The following students and employees are eligible for the H1N1 Vaccine based on the CDC recommendations:

- **Pregnant women**
- **Household contacts and caregivers for children younger than 6 months of age**
- **Healthcare and emergency medical services personnel**
- **All people from 6 months through 24 years of age**
- **Persons aged 25 through 64 years who have health conditions associated with higher risk of medical complications from influenza:**
 - Chronic lung (asthma), heart (except high blood pressure), kidney, liver, blood (Sickle cell disease), or metabolic (diabetes) diseases.
 - Disorders that cause breathing problems risk for aspirating respiratory secretions.
 - Suppressed immune system (such as steroid medication or AIDS)

Online Flu Reporting system for Students and Employees –

Student reporting system:

All students who become ill with flu symptoms (Fever \geq 100 degrees plus cough or sore throat) may voluntarily report their illness through banner self-service. This reporting system can be used only once per school year and it will allow a person to be ill up to 5 school days without a Doctor's note. The purpose of this reporting system is to encourage ill students to go home and self-isolate without placing an additional burden of requiring a "doctor" note. By staying away from classes when ill, there will be less spread of illness to others. Once the information is reported, all course professors will be notified by email. Daily reports will be sent to the Health Center for Surveillance purposes as well.

Instructions for using the Online Flu Reporting System:

Go to www.rowan.edu/selfservice [<http://www.rowan.edu/selfservice>](http://www.rowan.edu/selfservice) . Select **Report Illness** from the

Student menu and follow instructions.

Employee reporting system:

All employees who become ill with flu symptoms may voluntarily report their illness through banner self-service. This reporting system can be used only once per school year. The purpose of this reporting system is to encourage ill employees to stay home when ill, thus preventing the spread of influenza to others. Daily reports will be sent to HR and the Health Center for Surveillance purposes. Employees will still need to follow usual procedures by contacting their supervisor when ill.

Instructions for using the Online Flu Reporting System:

Go to www.rowan.edu/selfservice <<http://www.rowan.edu/selfservice>> . Select **Report Illness** from the Employee menu and follow the instructions.

We are continuing several prevention strategies around campus. Our Pandemic Flu Planning and Response Committee will continue to plan, monitor and keep you informed as the season continues. Please see our website to keep informed at www.rowan.edu/flu or link through the home page to learn more about H1N1.