

# SENATE CURRICULUM COMMITTEE MINOR CURRICULAR CHANGE FORM

(1)

**PROPOSAL TITLE:** Health Promotion and Fitness Management

**UNDERGRADUATE**     
  **GRADUATE**     
  **CREDIT HOURS**

**SPONSOR(S):** Dr. Leslie Spencer  
**DEPARTMENT:** Health and Exercise Science  
**TELEPHONE:** 4785

**CHECK:**

CHANGES IN APPROVED MINORS, SPECIALIZATIONS, CONCENTRATIONS

CATALOG DESCRIPTIONS, TITLES, AND/OR PREREQUISITES

SMALL CHANGES IN COURSE CONTENT OF EXISTING COURSES WHICH DO NOT SUBSTANTIALLY VARY THE CURRICULUM

CHANGES IN HEGIS NUMBER

**STEP #1 (DEPARTMENT)**

Date Approved: 10/23/97

Date **NOT** Approved: \_\_\_\_\_

R. Spencer 10/23/97  
 Dept. Curriculum Chairperson signature/date

James Beard 10/23/97  
 Dept. Chairperson signature/date

**STEP #2 (COLLEGE)**

Recommend To Approve/date: 11/3/97

Recommend **NOT** To Approve/date: \_\_\_\_\_

Comments:

L. Marcus 2/10/98  
 College Curriculum Chairperson Signature /date

**STEP #3 (ACADEMIC DEAN)**

Recommended

**NOT** Recommended

W. E. [unclear] 3/1/98  
 Dean of College Signature/date

**STEP #4 (CURRICULUM COMMITTEE)**

SCC# 9798-145  
Rec'd 10-24-97

APPROVED:  CH 3/23/98

**NOT APPROVED:**

[Signature] 5/20/98  
 Curriculum Committee Chairperson Signature/date

**STEP #5 EXECUTIVE VP/PROVOST**

MAY 2 1998

Approved

NOT Approved

[Signature] 5/20/98  
 Signature /Date

**REGISTRAR'S SIGNATURE/DATE:** Robert A. Kulat 5/20/98

MINOR CURRICULAR CHANGE: Title of Specialization

1. Details

- a. Change requested: from Adult Corporate Fitness to Health Promotion and Fitness Management
- b. Sponsor: Leslie Spencer, Health and Exercise Science Department

2. Rationale

- a. Statement of "need" for change: Student internship and job opportunities greatly increase with a background in both health promotion and fitness. The new title more accurately reflects the content of the specialization and the terminology used in professional settings. Within the specialization, students are prepared to enter corporate, hospital, non-profit community agency and commercial settings with skills in program development, administration and evaluation, health education and behavior change counseling, exercise testing and prescription and the marketing/promotion of health programs. The new title better reflects the comprehensive scope of the academic preparation.
- b. Curricular Effect: courses offered are not affected in any way.