



APPROVAL FORM

- 1) An approval form must accompany each proposal.
- 2) A proposed catalogue description of the course must accompany the proposal as a separate page.
- 3) Results of all consultations must be attached to the proposal.

Proposal Title Advanced Lifesaving-Cardiopulmonary Resuscitation

Sponsor(s) Brenda Bolay, Edward Dear Dept. Health and Physical Education

L.T. Serfustini

Check One { Course X ~~Concentration~~ Title Change ~~Specialization~~ Other and content revision

Concentration _____ Specialization _____ Major Program _____ Certification _____

Graduate _____ Undergraduate X No. of Credits _____

Approved

~~_____~~ Feb, 6, 1981

W. F. Bradley
Dept. Curr. Comm. Chairperson
Feb. 6, 1981

Date

Division Curr. Comm.

Reviewed 11/9/81
Date

Dean of Division

Reviewed 11/12/81
Date

This is a much needed improvement in the curriculum for CPR

Approved

~~_____~~ Feb. 13, 1981

P. T. Serfustini
Chairperson, Department

Feb. 17, 1981
Date

Approved
Not Approved 11/12/81
Date

M. J. Lannenbaum
Chairperson Div. Curr. Comm.

James D. Ware, Dec
Signature

SENATE CURRICULUM COMMITTEE

SCC # 80-81-31 Proposal Received 2/17/81 Open Hearing Held 12/9/81

Returned to the department for the following reason(s):

Approved by the Curriculum Committee: Date 12/9/81

Presented to ~~Executive Committee of~~ the Faculty Senate as information: Date 12/11/81

Notifications forwarded: Vice President for Academic Affairs: Date 12

Shuly G. Day

Signature: Chairperson, Senate Curriculum Committee

VICE PRESIDENT FOR ACADEMIC AFFAIRS

Official copy and approval sheet filled 12/15/81 _____
Date Signature

Course approved Yes No

If no, reasons are as follows:

- 1.
- 2.
- 3.

Student credit hours assigned 3

Faculty load hours 3

Equalized credit hours 3

REGISTRAR

Approved course description received and Hegis Taxonomy Number assigned

by Registrar Yes No

Hegis Taxonomy Number 05.05.077

Signature: Registrar _____

_____ Date

ACADEMIC DEAN

Yes Budget, faculty library allocations and Academic Support Services are adequate for immediate implementation.

No Constraints do not permit implementation. The earliest the proposal might be implemented would be _____

Signature: Academic Dean _____

_____ Date

Copies forwarded: Senate Curriculum Committee Chairperson, Department Chairperson, Registrar

COURSE PROPOSAL

1. COURSE:

- A. Title: Advanced Lifesaving - Cardiopulmonary Resuscitation
- B. Department: Health and Physical Education
- C. Sponsors: Brenda Bolay, Edward Dear, I.T. Serfustini

2. ESSENCE:

- A. Undergraduate course
- B. 3 credit hours
- C. The Advanced Lifesaving - Cardiopulmonary Resuscitation Course will be open to all students (freshman, sophomore, junior, senior) regardless of selected college major.
- D. Prerequisite: Minimum age of 16, Advanced Swimmer Certificate or ability to pass an advanced swimming skills test.
- E. The course is offered basically as elective credit.
- F. It is recommended that Advanced Life Saving - Cardiopulmonary Resuscitation be offered during the Spring semester - 1982. Subsequently two sections of Advanced Life Saving - Cardiopulmonary Resuscitation could be offered during each fall semester and one section during each spring semester. The present course combining Advanced Life Saving with Water Safety Instructors will be deleted.

3. DETAILS:

- A. The present faculty within the Department of Health and Physical Education could adequately handle a course in Advanced Lifesaving/CPR. Of the two faculty currently teaching the old lifesaving course, one is also qualified to teach the C.P.R. The second faculty member is willing to become qualified. The present aquatic facilities, resources and library facilities are adequate.
- B. The combination of Advanced Lifesaving and Cardiopulmonary Resuscitation would offer Glassboro State College students a means of receiving a unique and highly desirable certification status as well trained and qualified lifeguard or waterfront safety personnel. Many of our students rely upon this qualification for summer and/or supplemental employment while in college. The American National Red Cross required minimum course hours for Advanced Lifesaving is 24 hours and the required minimum hours for Basic C.P.R. is 8 totalling 32 hours. The Red Cross recommended class enrollment is 15 students. Glassboro enrollments have generally been near 30 students per course. In order to insure adequate learning and practice time and to account for additional course requirements such as pool construction and maintenance and practice of preventive life-guarding techniques which are not required under Red Cross standards, the 45 hours allotted to a 3 credit hour course is adequate.
- C. OBJECTIVES:
 - 1. Each student will complete the activities necessary to receive the American National Red Cross Advanced Lifesaving Certification.
 - 2. Each student will complete the activities necessary to receive the American National Red Cross Cardiopulmonary Resuscitation Certification.

3. Each student will use water safety skills while alone and while assisting another individual.
4. Each student will be able to describe the procedures in order to adequately and safely maintain and manage an aquatic environment.
5. Each student will demonstrate positive attitudes toward water safety.

D. COURSE EVALUATION:

1. Students will take written examinations in advanced lifesaving and CPR.
2. Students will take practical examinations in lifesaving and CPR.
3. Students will be subjectively evaluated during class participation.
4. Students will complete evaluations of the course and instructor.

E. Not Applicable

4. Content Outline

A. Advanced Lifesaving

1. Personal skills
 - a. Swimming skills for Lifesaving
 - b. Rescue skills
 1. Equipment
 2. Small craft
 3. Swimming
 4. Search and Rescue Procedures
 - c. Personal Safety and Self Rescue Skills
2. Knowledge
 - a. Job of the lifeguard
 - b. Preventative lifeguard techniques
 - c. First Aid

B. Cardio-Pulmonary Resuscitation:

1. Definitions and steps for basic life support
2. First aid for foreign body obstruction of the airway
3. Personal skills
 - a. Artificial respiration
 - b. Artificial circulation

C. Aquatic Management

1. Pool construction and maintenance
2. Safe swimming environments and water hazards

5. RATIONALE:

In the State of New Jersey the American National Red Cross certificate in Advanced Lifesaving is required as a minimum standard of employment as a lifeguard. In order to become a Water Safety Instructor and teach swimming within the State of New Jersey, one must pass an Advanced Lifesaving Certificate. Many employers are also requiring training in safety areas such as first aid or cardiopulmonary resuscitation. The present proposal is to combine Advanced Lifesaving and Cardiopulmonary Resuscitation into a single course offered within the aquatic curricular offerings from the Department of Health and Physical Education. Due to the fact that many college students seek employment as a lifeguard, it is suspected that this course will be highly sought by many students. Combining the lifesaving with the CPR will be an added plus as these students seek employment. Such a course will also strengthen the knowledge and background of the competent and interested students who continue into other aquatic courses and endeavors.

As part of the expansion of the aquatic and safety offerings within the Department of Health and Physical Education, this currently proposed course is integral. The combination of Advanced Lifesaving with Cardiopulmonary Resuscitation is an improvement upon the current Lifesaving course. Cardiopulmonary Resuscitation is the most up to date manual respiratory lifesaving technique. According to the Safety Services Director of Gloucester County, the American National Red Cross is proposing a syllabus change which will mandate that basic cardiopulmonary resuscitation knowledge and skills either be made a prerequisite to or a portion of every Advanced Lifesaving course. By combining the two already, Glassboro will be prepared for such a change.

6. Advanced Life Saving-Cardiopulmonary Resuscitation is within the realm of the Health and Physical Education Department and has been approved by this department.

7. None

8. CATALOGUE DESCRIPTION:

See attached.

CATALOGUE DESCRIPTION

Advanced Lifesaving/Cardiopulmonary Resuscitation

3 credits

The Advanced Lifesaving/Cardiopulmonary Resuscitation course is for advanced swimmers who wish to learn the skills and techniques necessary to becoming a qualified lifeguard. The course is comprised of swimming and rescue skills, personal safety skills, lifeguard techniques, cardiopulmonary resuscitation skills and knowledges, and management techniques for aquatic environments. Course prerequisites are advanced swimming abilities. Upon successful completion of the course the student will receive the American National Red Cross Certificate in Basic Cardiopulmonary Resuscitation and in Advanced Lifesaving.