

TITLE Adventure and Experiential Learning

Sponsor(s) Dr. Richard Fopeano e-mail: fopeano@rowan.edu
Dr. Leslie Spencer e-mail: spencer@rowan.edu
Dr. Peter Rattigan e-mail: rattigan@rowan.edu

DEPARTMENT Health & Exercise Science
College College of Education

If LAS -check: History/Humanities Social/Behavioral Sciences

DESCRIBE:

UNDERGRAD *fopeano*
 New Degree Program *spencer* 1, specialization, track
 New Major *rattigan*
 New Certificate or Minor (COGA) *barrett*
 Major changes of minor or certificate program
 Changes to College, Department, or Degree
 Quasi curricular change (more than three minor changes to course)

Signatures Required: representing approval before submission to Office of the Senate

Department Chair: R. Fopeano Date: 2/10/06
 Department CURRICULUM Chair: Leslie Spencer Date: 2/10/06
 Academic DEAN: Carol Sharp Date: 2/10/06

COLLEGE CURRICULUM COMMITTEE: Open Hearing Date: 12/16/05
 Approved:
 Not Approved:

Signature: College Curriculum Chair [Signature]
 Signature: SENATE CURRICULUM CHAIR [Signature]
 Date: 4/17/06

Comments: _____

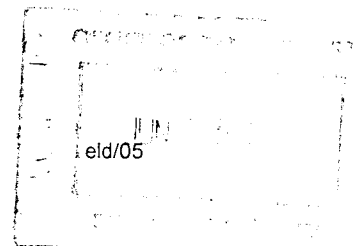
Signature: Executive Vice President/Provost: [Signature]
 Date: 5/12/06

Signature: REGISTRAR [Signature]
 Date: 5/24/06

Course Description Received & Approved
 Hegis Taxonomy & Course # PHED 35.109

Notification Forward:

<input type="checkbox"/> SCC CHAIR	<input type="checkbox"/> Academic Dean
<input type="checkbox"/> IR	<input type="checkbox"/> Department Chair
<input type="checkbox"/> CAP	<input type="checkbox"/> VP/Student Affairs
<input type="checkbox"/> Registrar	<input type="checkbox"/> Other-



Major Curriculum Change Proposal (More than 3 Changes)

1. Details

- a. Change Requested: Change in name and catalog description, and removal of Fitness development objectives for 0835.109 Fitness and Adventure, 3 sh.
This will become a two credit course.

Name change

From: 0835.109 Fitness and Adventure, 3 sh

To: ~~0835.111~~ Adventure & Experiential Learning, 2 sh
in use - SK

Credit change

From: 3 semester hours

To: 2 semester hours

Catalog description change

From:

This course is designed to provide students with insight in the application of fitness and adventure activities. Students will develop skill in designing fitness programs for individuals with differing needs and abilities. In addition, fundamentals of experiential and adventure programming will be highlighted along with an overview of cooperative, experiential and active learning. Students will be expected to actively participate in a variety of games, group initiatives and low, medium and high challenge elements. Safety, program facilitation and awareness of group dynamics will be stressed throughout the course.

To:

This course in adventure and experiential learning activities is designed to provide the prospective students with the skills and knowledge necessary to conduct adventure and experiential learning activities in a variety of settings. A function of this course is to introduce strategies appropriate for facilitating experiential and adventure experiences for varied settings and groups. We believe that these types of activities are becoming increasingly relevant in today's society, especially in occupational wellness. Thus, the skill and knowledge proficiency is a necessary component of leadership in a variety of settings

Change of objectives:

From:

1. Demonstrate a level of skill proficiency in physical fitness that will enable them to adequately participate.
2. Recognize and apply all safety techniques related to participation, and while assisting others where appropriate.
3. Analyze, interpret and apply the physiological principles presented in various physical fitness development programs.

4. Make modifications and adaptations of skills, equipment rules, strategies and etiquettes appropriate to the purposes of the various activities.
5. acquire skill in teaching techniques, management and organizational behaviors, and safety procedures appropriate for each activity.
6. Gain experience with a variety of evaluation techniques utilized to determine the level of a learning
7. Plan programs and/or units for physical education classes or recreational/corporate, etc., learning, etc.
8. Discuss and respond to assignments or text questions centered around the potential for personal renewal and self –discovery benefits of having confronted and succeeded in participation in risk and challenge activities beyond the scope of everyday living.
9. Discuss and respond to assignments or text questions regarding dealing with different populations, i.e. young, middle aged, older adults, athletes, non-athletic, and special needs individuals.

To (removal of fitness related objectives from fitness part of former course):

1. Recognize and apply all safety techniques related to participation, and while assisting others where appropriate.
2. Make modifications and adaptations of skills, equipment rules, strategies and etiquettes appropriate to the purposes of the various activities.
3. Discuss and respond to assignments or text questions centered around the potential for personal renewal and self –discovery benefits of having confronted and succeeded in participation in risk and challenge activities beyond the scope of everyday living.
4. Discuss and respond to assignments or text questions regarding dealing with different populations, i.e. young, middle aged, older adults, athletes, non-athletic, and special needs individuals.
5. **Plan sessions or programs of adventure/experiential activities**

- b. Sponsors: Peter Rattigan, Ph.D., Assistant Professor, Health & Exercise Science (HES); Richard Fopeano, Ph.D., Chair, HES; Leslie Spencer, Ph.D., and Shari Willis, Ph.D., HES Curriculum Committee Co Chairs.

2. Rationale

- a. Statement of need for change: The addition of fitness development to our foundational course on motor development (Foundations of Fitness and Motor Development; see relevant curriculum change proposal) requires a change in name and objectives. This is now a stand alone course in adventure and experiential learning activities and facilitation. It will be offered to non Health & Exercise Science majors as it has in the past.
- b. Statement of curricular effect: none.
- c. Changes in requirements of major or minor: none

3. Consultations

- a. Parties consulted: The following departments in the College of Education have been consulted:
 - i. Elementary Education (Robin McBee, chair)
 - ii. Secondary Education (Holly Willett, chair)
 - iii. Reading (Cindi Hasit, chair)
 - iv. Special Education (Donna Hathaway Cooke, chair)

- b. Evidence of consultation: see appendix



Department of Secondary Education/Foundations of Education

February 14, 2006

Dr. Richard Fopeano, Chair
Department of Health and Exercise Science
College of Education

Dear Dr. Fopeano:

This letter is in support of the proposal for a BA in Education with the specialization: Health and Physical Education Teacher.

I have reviewed the proposal and I believe that this proposal incorporates the recent changes and recommendations endorsed by the College of Education as well as the mandates of our professional accreditation organizations. The proposed changes are also more reflective of other contemporary programs and trends in this area. Further review shows that this proposal does not duplicate any of your other programs in this area.

I believe this proposal will strengthen our offerings in the College of Education.

Sincerely,

Frank J. Orlando, Ed.D.
Chair, Secondary Education/Foundations of Education



February 13, 2006

To: Dr. Richard Fopeano, Chairperson
Department of Health and Exercise Science

Fr: Dr. Susan Taber, Chairperson
Department of Elementary/Early Childhood Education

Re: Letter of support

On behalf of the Department of Elementary/Early Childhood Education, I am writing this letter of support of the Department of Health and Exercise Science proposal for a BA in Education: Health and Physical Education Specialization. I have reviewed the program requirements and can support it as it is being proposed.

If there are any questions, please feel free to contact me at Taber@rowan.edu or by phone at extension 3812.

Thank you.

Department of Elementary/
Early Childhood Education
College of Education
201 Mullica Hill Road
Glassboro, NJ 08028-1701

856-256-4735
856-256-4918 fax



February 23, 2006

Dr. Richard Fopeano
Chair, Health & Exercise Science
Rowan University
Glassboro, NJ 08028

Dear Dick,

I am writing a letter of support for the Department of Health and Exercise Science's undergraduate B.A. in Education: Health and Physical Education Teacher Certification. I was delighted to see that the College of Education's core of courses is now included in your new program. I believe that content of the "core" will enable all of our teacher candidates to be better prepared for working with K-12 learners.

We want to thank you and Dr. Rattigan for working with us on our Human Exceptionalities course. Your input was helpful to us.

Best wishes as you implement your new program.

Sincerely yours,

Donna Cook, Ed.D.

Chair, Special Educational Services/Instruction

DC:jg

Special Educational Services/Instruction

College of Education
201 Mullica Hill Road
Glassboro, NJ 08028-1701

856-256-4745
856-256-5626 fax



To: Dr. Richard Fopeano, Chairperson, Department of Health and Exercise Science
From: Dr. Cindi Hasit, Chairperson, Department of Reading
Re: BA in Education: Health and Physical Education Specialization

The Department of Reading supports the BA in Education: Health and Physical Education Specialization. We are prepared to offer the appropriate courses, *Literacies in Today's World* and *Teaching Literacy*.