<table>
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<tr>
<th>Step #1 (Department)</th>
<th>Step #2 (Receipt)</th>
<th>Step #3 (School)</th>
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<td>X Approved (Date)</td>
<td>SCC# 97-98-151</td>
<td>Reviewed Date: 11/3/97</td>
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<td>10/23/97</td>
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<td>Recommend to Approved</td>
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<td>Not Approved (Date)</td>
<td>Date Received Senate</td>
<td>Recommend NOT to Approve</td>
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<td>Forward for Open Hearing:</td>
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<td>Dept. Curriculum Chair</td>
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<td>WITHOUT Reservations</td>
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<td>11-24-97</td>
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<td>Reviewed (Date)</td>
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<td>Dept. Chr.</td>
<td>Senate Curriculum Chr.</td>
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| Step #4 (Academic Dean):     |                        | Step #5 (Senate Curriculum Committee): |
| Recommended                  | NOT Recommended        | Open Hearing Date: 3/23/98          |
|                              |                        | Approved by Curriculum Committee Date: 3/23/98 |
| Comments:                    |                        | Returned to Sponsor(s) for the following reason: |
| Dean Signature/Date:         |                        |                                  |

| Step #6 (Senate)             |                        |                                  |
| Date announced/voted on at Senate: 4/3/98 | Approved | NOT Approved |
| Date forwarded to Executive Vice President/Provost: | | |
| Senate Curriculum Committee chair Signature/Date: | 2/8/98 | |
Step #7 (Executive Vice President/Provost): Date Received

____ Approved

____ NOT Approved. If no, reasons are as follows:

Student Credit Hours ______
Faculty Load Hours ______
Equalized Credit Hours ______
Official Copy & Approval Sheet Filed (Date) 12/1998
Executive Vice President/Provost Signature CAN STONE

Registrar

Date Approved Course Description Received 5/27/98
Hegis Taxonomy and Course Number Assigned 8837.210
Date/Signature of Registrar 5/27/98

Notification Forward:

____ Senate Curriculum Committee Chairperson
____ Department Chairpersons
____ Academic Dean(s)
____ Registrar
____ Sponsor(s)
COURSE PROPOSAL: Consumer Health Decisions

1. Details

a. Course Title: Consumer Health Decisions
b. Sponsor: Leslie Spencer, Health and Exercise Science
c. 3 credit hours
d. Freshman/Sophomore level
e. No prerequisites
f. Implementation: One semester per year, beginning Fall 1998
g. Curricular Effect: Major Requirement This course will replace Consumer Roles
h. Resource adequacy: Present faculty are available to teach this course.
i. Library resources: while current holdings are adequate, would like to see some of the old Home Economics journals replaced with additional Health Education journals.

2. Rationale

Health fraud is a multi-billion dollar business in the United States today. In addition, consumers are faced with increasingly complex decisions related to health insurance, choice of doctors and/or hospitals and their own health and medical care. As professionals in the field, HES students need to be aware of consumer issues related to chronic illnesses, preventive treatments, fraudulent products and services and the growing popularity of the Self-Care movement. This information is not covered in other courses.

3. Essence of the Course

a. Objectives: Upon completing Consumer Health Decisions, students will

1. Know the history of consumer health, health fraud and legislation enacted to protect consumers
2. Apply the scientific method in making sound decisions about purchasing and using health care products or services
3. Explore both traditional and non-traditional forms of health care to understand their strengths and weaknesses
4. Understand the concept of self-care and why it is important in America's health care today
5. Evaluate the options available to consumers in making decisions about common health concerns including fitness, weight control, and diseases such as cancer, HIV/AIDS, and heart disease
6. Understand the health insurance system in the U.S. and the current problems it is facing
b. Topical Outline

I. Overview of significant challenges within the current U.S. healthcare system

II. Using the scientific method to evaluate health claims

III. Recognizing and protecting against health fraud

IV. Issues surrounding advertisement of health-related products (tobacco, alcohol, weight loss)

V. Traditional vs. Alternative approaches to medical care

VI. Self-Care

VII. Nutrition and Weight Loss: Guidelines for selecting products and services

VIII. Fitness: Guidelines for selecting products and services

IX. Chronic Disease and Consumer Decisions (Heart Disease, Cancer, HIV/AIDS)

X. Coping with Death

XI. Genetic Testing

XII. Hospitals and Health Insurance

c. Evaluation and Grading Procedures

1) Written examinations 45%
2) Major research project and presentation 45%
3) Participation in small group activities 10%

d. Course Evaluation

Students will evaluate the course using the instrument now used to evaluate other HES courses. The course will be reviewed periodically by the department to ensure that the strategies and theories presented reflect the current research and practice in the field.

4. Letters of Consultation were not applicable for this course. Other departments do not offer similar courses.
Course Title: CONSUMER HEALTH DECISIONS

Credit Hour and Hegis #: 3 credits. It will receive a new hegis as it is a new course proposal

Sponsor(s) Department Telephone #: Dr. Leslie Spencer
Department of Health & Exercise Science

Check One:
___General Education Bank ___Multicultural/Global Studies ___Writing Intensive ___General Education Literature

STEP #1 DEPARTMENT

1) If this is a general education course, in which bank is it? Social/Behavioral Science

2) If this is a major course, is it required of all majors? No. It is not required of all majors.

3) Catalog course description: "This course examines the rights and responsibilities of a consumer faced with increasing amounts of information related to his or her overall well-being. It examines the major problem of health fraud and the components of scientific research. The role of advertising is explored, as well as sound principles for purchasing nutrition, fitness and other health-related products and services. Students learn important concepts related to health insurance and hospitals, traditional and alternative medical care and how to better manage the decisions they must make."

4) Prerequisite(s), if any: (course title & hegis #) No prerequisites.

5) Rationale: Health fraud is a multi-billion dollar business in the United States today. In addition, consumers are faced with increasingly complex decisions related to health insurance, choice of doctors and/or hospitals and their own health and medical care. Students need to be aware of consumer issues related to chronic illnesses, preventive treatments, fraudulent products and services and the growing popularity of the Self-Care movement. This information is not covered in other courses.

(Note: Please attach the official dept. syllabus & annotate it pointing out the aspects that make this course qualify.)
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   a. Course Title: Consumer Health Decisions
   b. Sponsor: Leslie Spencer, Health and Exercise Science
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