

ROWAN COLLEGE  
CURRICULUM COMMITTEE

(C)

M I N O R C H A N G E

Change From: Department of Health and Physical Education  
PROPOSAL TITLE: Change To: Department of Health and Exercise Science

UNDERGRADUATE       GRADUATE       CREDIT HOURS

SPONSOR(S): J. Burd, Dept. Chair; R. Fopeano, Dept. Curriculum Committee Chair;  
E. Chaloupka, Dept. Subcommittee Chair

DEPARTMENT & TELEPHONE# HEALTH AND PHYSICAL EDUCATION - 256-4784

CHECK ONE:

- CHANGES IN APPROVED MINORS, SPECIALIZATIONS, CONCENTRATIONS
- CATALOGUE DESCRIPTIONS AND/OR PREREQUISITE CHANGES
- SMALL CHANGES IN COURSE CONTENT OF EXISTING COURSES WHICH DO NOT SUBSTANTIALLY VARY THE CURRICULUM
- CHANGES IN ~~HEGIS NUMBER~~ DEPARTMENT NAME

<p>STEP #1 (DEPARTMENT)</p> <p><input checked="" type="checkbox"/> APPROVED / DATE: <u>9/20/95</u></p> <p><input type="checkbox"/> NOT APPROVED / DATE: _____</p> <p><u>R. Fopeano</u> (DEPT. CURRICULUM CHR./ DATE)</p> <p><u>Jane Burd</u> DEPT. CHR./DATE</p>	<p>STEP #2 (SCHOOL)</p> <p>DATE REVIEWED <u>10/25/95</u></p> <p><input checked="" type="checkbox"/> RECOMMEND TO APPROVE</p> <p><input type="checkbox"/> RECOMMEND NOT TO APPROVE</p> <p>COMMENTS: <i>understand approval with letters from college officials, please pass on a minor change</i></p> <p><u>James Long</u> SCHOOL CURRICULUM CHR.</p>	<p>STEP #3 (ACADEMIC DEAN)</p> <p><input checked="" type="checkbox"/> RECOMMEND    <input type="checkbox"/> NOT RECOMMENDED</p> <p>DATE REVIEWED: <u>10/25/95</u></p> <p><i>I strongly support the name change of dept. to the exercise science dept. as it is the field of study.</i></p> <p><u>Dr. J. E. Long</u> DEAN OF SCHOOL SIGNATURE</p>
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<p>STEP #4 (CURRICULUM COMMITTEE)</p> <p>SCC# <u>95-90-43</u></p> <p>DATE RECEIVED: <u>11-95</u></p> <p><u>Ronald J. Lynch</u> CURRICULUM COMMITTEE CHR. SIGNATURE</p>	<p>STEP #5 EXE. VP/PROVOST</p> <p><input type="checkbox"/> APPROVED</p> <p><input type="checkbox"/> NOT APPROVED</p> <p><u>J. M. Long</u> <u>11/13/95</u> SIGNATURE/DATE</p>
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MINORCHG. FRM

Approved BOT 12/13/95

## PROPOSAL - DEPARTMENT NAME CHANGE

From: Department of Health and Physical Education  
To: **Department of Health and Exercise Science**

### BACKGROUND

A proposal to change the name of the Department of Health and Physical Education to the Department of Health and Movement Sciences was started on the curricula approval process in February 1993. This proposal was approved at all levels of the college governance (School of Education Curriculum Committee, Senate Curriculum Committee, and the Faculty Senate) up to the office of the Vice-President/Provost over two years ago. The Vice-President/Provost at the time (Dr. Harley Flack) tabled the proposal contingent on the 1994 NCATE review. This national accreditation team agreed that the proposed new department name was consistent with departments in other colleges and universities which conduct programs, as does the department at Rowan College, in the study of human exercise and movement. By the time the NCATE review was completed, Dr. Donald Gephardt was the Acting Executive Vice-President/Provost. Dr. Gephardt suggested a name change to the Department of **Health and Exercise Science** rather than the Department of Health and Movement Sciences (see letters dated June 2, and July 17, 1995). Due to the substitution of the word Exercise for Movement in the department name, the curricular approval process has had to start again. The difference in the proposal approved up to the Office of the Vice-President/ Provost over two years ago as compared to the present proposal under review is the substitution of one largely interchangeable term for another.

## PROPOSAL - DEPARTMENT NAME CHANGE

### I. Details:

Change From: Department of Health and Physical Education  
Change To: **Department of Health and Exercise Science**

### II. Rational:

The proposed name, **Department of Health and Exercise Science**, more accurately describes the goals, functions, and programs offered through the current Department of Health and Physical Education. The department has a Teacher Certification Specialization and an **Exercise Science Specialization** (with tracks in Adult/Corporate Fitness and Athletic Training). Currently, approximately 40% of students are enrolled in non-teaching tracks which is dramatically different from 10 years ago when approximately 90% were in Teacher Certification. This realignment of students reflects current trends in the field. A goal in the next few years is to have 65-70% of students in non-teaching tracks. A recent survey conducted by the department found that 90% of the students in the **Exercise Science Specialization** found jobs upon graduation. The department name change to include **Exercise Science** will convey to students, parents, and potential employers that the department is no longer mostly teacher certification oriented.

**Health** - a holistic approach which emphasizes scientific and psychological applications of knowledge to physical, mental, social, spiritual and intellectual wellness.

**Exercise Science** - the body of knowledge concerned with the study of human physical activity. The goal is to learn how to move skillfully and to understand what effects exercise has on physiological and psychological functions. In addition, exercise's role in society and in the history of humankind are included in the discipline concerned with human exercise.

In the present curriculum, all students complete 10 to 11 semester hours (s.h.) of science in the math and science bank in general education which does not include computer science. An additional 15 s.h. are completed in social and behavioral sciences. In the academic core students complete 12 to 13 s.h. of basic and applied science courses (Structure and Function of the Human Body I, Structure and Function of the Human Body II, Exercise Physiology, and Kinesiology). Students in the **Exercise Science Specialization** take the Exercise Physiology course with laboratory and a laboratory for the Kinesiology course is currently in the planning stage. Students in the Athletic Training track also complete additional course requirements in chemistry and physics. The

## II. Rational (con't.)

course sequence in the Exercise Science Specialization has also reduced the number of "sport course" semester hours taken by the students in Teacher Certification.

The credentials of faculty in the department are and will continue to be varied in order to meet the needs of students in both Teacher Certification and Exercise Science. Several full-time faculty have backgrounds in Curriculum and Instruction since that was the focus of the department when they were hired during the late 1960's and early 1970's. Others hold advanced degrees in exercise physiology, physical therapy, sports medicine, sport psychology and education/sport administration. In the past three years the department has added three new faculty with interests heavily in research and technology with the intent of enhancing scientific inquiry and instruction. In 1993 the department hired a health education specialist (Ph.D.), in 1994 a biomechanist and exercise physiologist (Ph.D.), and in 1995 a specialist in nutrition and health (Ph.D.).

### Discussion:

The College and University Physical Education Council (affiliated with the American Alliance of Health, Physical Education, Recreation, and Dance) undertook a project in 1989 to determine the current name trends for physical education programs in higher education. A study was completed (N=377) which solicited demographic data about the four-year colleges and universities with a bank of questions concerning current department name change thereof. The results showed that half of the colleges/universities surveyed had changed their name within a three year period prior to the survey's administration. An additional 27% were discussing the possibility of a new department name. The most frequent names used were kinesiology, movement science, human performance, sport science, and exercise science.

This study reported the most common reasons for name changes among colleges to be: the name more accurately described the unit's areas of specialization and current curricular priorities; the name enhanced their image as an academic community; and the name facilitated the recruitment of a diversified student body. The department at Rowan College is currently providing opportunities for the educational and health-related professions with careers in schools, fitness centers, and sports medicine settings. The academic core for the program is the science-based study of human physical activity. The specializations allow students to apply this knowledge base in a variety of professional settings. The inclusion of exercise science in the department name should enhance the recruitment of students (especially students in

non-teaching tracks), compliment Rowan College as a multifaceted college and community outreach provider, and conform to the strategic planning project.

The 1994-1995 Directory of the American College of Sports Medicine (ACSM) lists twenty-five colleges/universities with academic departments that incorporate the terms, "**Exercise Science**" or "**Exercise and Movement Science**" in their department names. These terms denote, as will the term **Exercise Science** in the department name (in part) at Rowan College, that the theories, principles and applications of human physical activity are a focus of study.

A prime example of a department with curricular programs on the bachelor's degree level similar to that in the department at Rowan College, is at Rowan College's sister state school, William Paterson College. William Paterson's department has programs in Teacher Certification, Athletic Training, and Exercise Studies. The department name is: **Department of Exercise and Movement Sciences** (a letter of consultation from the Department Chair, Dr. Virginia Overdorf, is attached.)

### **III. Results of Consultation:**

- A. The members of the Health and Physical Education Department have unanimously approved the proposed name change.
- B. In addition, the proposed name change (see letters of consultation) is supported by:
  - 1. Dr. Virginia Overdorf, Chair, Department of Exercise and Movement Sciences, William Paterson College.
  - 2. Dr. Herman James, President, Rowan College of New Jersey.
  - 3. Dr. Carol Matteson, Executive Vice President/Provost Rowan College of New Jersey.
  - 4. Dr. Donald Gephardt, former Acting Vice President/Provost Rowan College of New Jersey.
  - 5. Dr. David Kapel, Dean of the School of Education, Rowan College of New Jersey.



Department of Exercise and Movement Sciences

September 28, 1995

Mr. James Burd, Chairperson  
Department of Health and Physical Education  
Rowan College of New Jersey  
Esby Gymnasium  
Glassboro, NJ 08028-1701

Dear Mr. Burd,

It has been called to my attention that your department is entertaining a name change from what now exists to the Department of Health and Exercise Science. We entertained such a change a few years ago and met with resistance, which finally saw the logic in what we had proposed. As you can see on the top of this page, we have a new name.

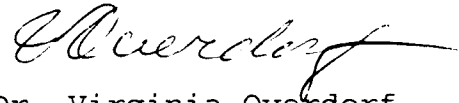
Our purpose in seeking a name change appears to be similar to yours. Our program was originally a single-program major, teacher certification K-12. Today it exists as a three program major, with concentrations in athletic training, exercise physiology, and physical education teacher certification K-12. We also have an adapted physical education enrichment track. Our feeling was that the public, upon hearing "Physical Education", associates the name with teaching only. Since we are a multifaceted, diverse program, we felt it was necessary to more adequately represent our department to the public. Since we have a program in an allied health area, another in exercise science, and a third in teaching, we felt Exercise and Movement Sciences more clearly represented our current identity. We successfully convinced our Board of Trustees of the appropriateness of such a nomenclature, but it was not without resistance.

As I am sure you know, our profession has undergone radical changes in the past decade which have resulted in a much broader discipline than previously. Institutions of higher education throughout the country have witnessed their former departments of physical education undergo name changes. There have been many names that have been chosen, each uniquely representing the nature of that particular department.

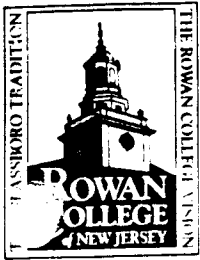
Your program appears to be similar to ours, with the exception of health within yours, while ours is a separate department. The name you have chosen makes perfectly good sense in light of current changes on the national level and the program that you have at your institution. I wholeheartedly endorse your name change and wish you luck in becoming the Department of Health and Exercise Science. That name conveys a totally

different meaning to the public than what you have now. Good luck to you. If I can be of any further assistance, please feel free to call on me.

Best regards,

A handwritten signature in cursive script, appearing to read "Overdorf".

Dr. Virginia Overdorf  
Chairperson and Professor



# Rowan College of New Jersey

201 Mullica Hill Road  
Glassboro, New Jersey 08028-1701

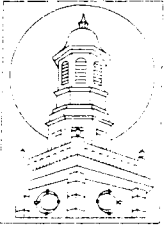
School of Education • Office of the Dean • (609) 256-4750 • FAX: (609) 256-4918

To: Mr. Jim Burd, Chair, Department of Health & Physical Education  
From: David DeKapel, Dean, School of Education  
Date: September 7, 1995  
Subj: Proposal for Department Name Change

I have reviewed the proposal for your department name change to the Department of Health and Exercise Science. The proposal is consistent with the current trends in the profession. The name, exercise science, aptly describes a curriculum which encompasses the many areas of study that constitute the knowledge base for a discipline concerned with human physical activity. The name also moves away from the term, physical education, which has traditionally had a school-based association and a much more restricted thrust.

A Department of Health and Exercise Science at Rowan College is reflective of the goals put forth in the Strategic Plan for H&PE.

DEK:dm  
Namechg.HPE




# **ROWAN**

Office of the President  
(609) 256-4100  
Fax: (609) 256-4442

September 13, 1995

TO: James Burd, Chair, Health and Physical Education Department

FROM: ~~Herman D. James, President~~  
Carol J. Matteson, Executive Vice President/Provost 

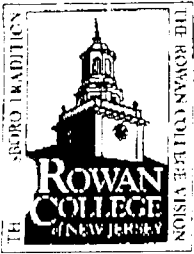
RE Proposal for Department Name Change

Per your request regarding the name change of the Department of Health and Physical Education to the Department of Health and Exercise Science, we are pleased to support such a proposal should your department choose to send that proposal forward to the Curriculum Committee and then to the Senate.

While this has been an outstanding issue for a number of years, we feel that it is time to bring closure if that is what the department desires. It is our understanding regarding process, that it is appropriate to take this back through the Curriculum Committee and the Senate. If there is concurrence of your proposed name change at each of those levels, we are prepared to support it.

ev

cc: Dr. Kapel



# Rowan College of New Jersey

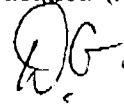
Glassboro, New Jersey 08028-1701 • (609) 863-5318

Office of the Executive Vice President/Provost

Our new telephone number is (609) 256-4108

June 2, 1995

TO: Dr. Mary Putman, Chair, Department of Health and Physical Education  
Dr. James Burd, Chair, Department of Health and Physical Education (July 1,  
1995)

FROM: Donald L. Gephardt, Acting Executive Vice President/Provost 

RE: Department Name Change

I greatly appreciate your complete response to my questions regarding the proposed name change of your department. After reviewing this material, I recommend that you consider changing the name of the department to:

## Department of Health and Exercise Science

Several times in your letter you refer to the term 'exercise science'--in referring to the specialization and the credentials of the faculty. Also, in the survey of other institutions, the term 'exercise science' prevails in the choice of departmental name.

If you accept this recommendation, please inform me and I will forward it on to the Senate and, assuming their concurrence, on to the Board of Trustees.

ev

cc: H. D. James  
D. Kapel  
D. Bartelt  
M. Tannenbaum



# Rowan College of New Jersey

Glassboro, New Jersey 08028-1701 • (609) 863-5318

Office of the Executive Vice President/Provost

Our new telephone number is 609-256-4108.

July 17, 1995

To: Dr. Marge Tannenbaum, President, College Senate

From: Donald L. Gephardt, Acting Executive Vice President/Provost

Re: Departmental Name Change

It is my understanding that the College Senate in 1994 approved a change of name for the Department of Health and Physical Education to Department of Health and Movement Sciences. However, it is also my understanding that then Provost, Dr. Harley Flack, did not approve this change of name, but postponed the decision on this matter.

The department has requested that I revisit this issue. In turn, I have requested additional information from them that they have provided, including a survey of similar departments across the country. After reviewing this information, I have suggested that the new name for the department be: **Department of Health and Exercise Science**. I believe that this name better reflects the true nature of the offerings of the department and will present a realistic picture to students of this curriculum, both present and future. The department has accepted this suggested change of name. Since this matter has been delayed for some time and also does need Board of Trustees approval, I request that you bring this matter to the College Senate Executive Board in a timely way. I believe that the spirit of the original Senate action is still intact in this new name.

Therefore, I intend to recommend to President James and incoming Provost Matteson that they recommend to the Board of Trustees the suggested departmental name change at the September, 1995, Board meeting.

If you have any questions, please call.

cc: H. James  
C. Matteson  
D. Kapel  
P. Bartelt  
M. Putman  
R. Czochoz  
M. Krogh-Jespersen  
J. Byrd

To: Senate Curriculum Committee

From: Lynne Levy, Chair  
School of Education Curriculum Committee

Re: Department name change

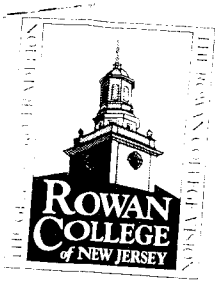
Date: October 24, 1995

The School of Education Curriculum Committee has unanimously voted to approve the name change of the Department of Health and Physical Education to the Department of Health and Exercise Science.

We urge the Senate Curriculum Committee to put this change forth as a Minor Curricular Change since the main portion of this proposal has been voted on by the Senate, and letters of support for the new name are attached from Dean Kapel, Donald Gephardt (when he was Acting Provost), and Dr. James and Dr. Matteson.

Thank you for your consideration.

cc: Edward Chaloupka, Health & Phys. Ed. Subcommittee Chair



# Rowan College of New Jersey

201 Mullica Hill Road  
Glassboro, New Jersey 08028-1701 • (609) 226-1000

Department of Health and Physical Education

TO: Dr. Ronald Czocho, Chair  
College Senate Curriculum Committee

FROM: Dr. Edward Chaloupka, Chair *EC*  
Department Sub-Committee for Department Name Change

Mr. James Burd, Chair *JB*  
Department of Health and Physical Education

RE: Department Name Change

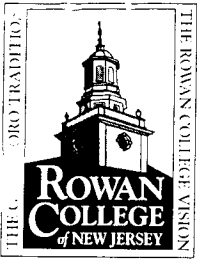
DATE: October 25, 1995

As per your recommendation, the proposal for the Department Name Change from the Department of Health and Physical Education to the **Department of Health and Exercise Science** has been submitted as a **Minor Curricular Change**. The document was submitted to the School of Education Curriculum Committee on September 20, 1995. To ensure that this name change was being processed properly, we have inquired to and been informed by the Rowan College Faculty Senate Office that other recent department name changes have been submitted, processed and approved as **Minor Curricular Changes**. These included name changes are from the Department of Physical Sciences to the Department of Physics and Chemistry (1993), the Department of Reading/Speech Correction to the Department of Reading (1993), the Department of Life Sciences to the Department of Biological Sciences (1994), and the Department of Speech, Theatre and Dance to the Department of Theatre and Dance (1995).

We know of no written policy in the interim that changes the processing of a department name change as anything other than a **Minor Curricular Change**. We expect, therefore, that our proposed Department Name Change will be treated consistent with others, and processed as a **Minor Curricular Change**, as per the written curricular guidelines presently in effect.

Attachment

cc: Dr. David Kapel, Dean School of Education  
Dr. Carol Matteson, Executive VP/Provost  
Dr. Margaret Tannenbaum, President College Faculty Senate  
Dr. Lynne Levy



# Rowan College of New Jersey

201 Mullica Hill Road  
Glassboro, New Jersey 08028-1701

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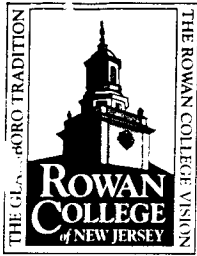
TO: Dr. Ron Czocho, Chair  
College Senate Curriculum Committee

FROM: Dr. Edward Chaloupka, Chair  
Sub-Committee for Department Name Change

RE: Senate Curriculum Committee Meeting

DATE: October 26, 1995

If the department name change (approved by the School of Education Curriculum Committee on 10/15/95) is to be discussed by your committee, please notify me so that our department can provide representation. Thank you very much for your consideration.



# Rowan College of New Jersey

201 Mullica Hill Road  
Glassboro, New Jersey 08028-1701 • (609) 256-4100 • FAX: (609) 256-4442

Office of the President

*file*

April 20, 1995

To: Dr. Mary Putman, Chair, Department of Health and Physical Education

From: Donald L. Gephardt, Acting Executive Vice President/Provost

Re: Proposed Departmental Name Change

I have reviewed the material regarding the proposed name change of the department to the new title: "Department of Health and Movement Sciences." While I understand the overall goal that is sought by this name change, I still have some concerns that I ask you to address. I believe that the term "Sciences" is the one that may cause confusion or misunderstanding. In all cases, I believe that a departmental name should properly reflect the curriculum offered by the department. That is, it should provide the right message to both current and potential students regarding both the program offerings and the curriculum delivered by the department.

In light of the above, could you please provide a written response to the following:

1. Currently, what is the level of the science or sciences found in your curricular offerings? To what extent has the curriculum changed to reflect aspects of movement science or kinesiology or other sport science?
2. What is the future plan for curricular change in light of #1? How does the department plan to effect curricular change in the future that will incorporate a greater degree of science or sciences into the curriculum?
3. Faculty credentials: Are current faculty properly credentialed to teach the current curriculum -- especially the science aspects? Do recent hires have credentials that enable this curriculum? If proper credentials are not within the full-time faculty, are we relying upon adjunct faculty to properly deliver this curriculum?

I would greatly appreciate your response to the above questions.

cc: President James  
Professor Richard Ambacher, College Senate  
Dean Pearl Bartelt  
Dean David Kapel

DEPARTMENT NAME

INSTITUTION

1. Dept. of Physical Education, Sport, and Exercise Science  
Univ. of N. Carolina - Chapel Hill
2. Dept. of Exercise Science  
The Ohio State University
3. Dept. of Sports Leisure & Exercise Science  
University of Connecticut
4. Dept. of Exercise Science  
University of Georgia
5. Dept. of Exercise & Sport Science  
University of Arizona
6. Dept. Exercise Science & Physical Education  
University of Iowa
7. Dept. of Exercise & Movement Science  
University of Oregon
8. Dept. Health & Sport Science  
Wake Forest University
9. Exercise & Sports Science Department  
University of North Carolina - Greensboro
10. Exercise & Sports Science Department  
University of Utah
11. Dept. of Exercise Science & Physical Education  
Arizona State University
12. Dept. of Exercise Science  
Adrian College
13. Sport & Exercise Science Department  
University of Birmingham
14. Dept. of Exercise Science  
University of S. Carolina-Columbia
15. Dept. of Exercise & Sport Science  
University of Florida
16. Dept. Exercise Science  
University Southern California
17. Dept. of Exercise Science  
College of St. Scholastica
18. Dept. of Exercise Science  
University of Mass.

<u>DEPARTMENT NAME</u>	<u>INSTITUTION</u>
19. Dept. of Exercise & Sport Science	Colorado State University
20. Dept. Exercise and Sports Science	Oregon State University
21. Dept. of Health & Exercise Science	Northeast Miss. State University
22. Dept. Exercise and Sport Science	Ithaca College
23. Dept. of Exercise Science	Rutgers University
24. Dept. of Nutrition, Food & Movement Science	Florida State University
25. Dept. of Exercise & Sport Science	Pennsylvania State University
26. Dept. of Physical Education & Exercise Science	University of Buffalo
27. Dept. of Health & Performance Science	Georgia Tech
28. Dept. of Physical Education & Exercise Science	Michigan State University
29. Exercise & Health Science Dept.	Alma College
30. Exercise Science Dept.	Creighton University
31. Dept. of Movement Science and Education	Columbia University
32. Dept. of Exercise Science	University of New Mexico
33. Dept. of Leisure Studies and Movement Science	William Patterson College

Source:  
American College of Sports Medicine  
(ACSM) Directory  
May 1992 - April 1993

BEGINNING -- FALL, 1994  
(June 24, 1994)

ROWAN COLLEGE OF NEW JERSEY  
DEPARTMENT OF HEALTH AND PHYSICAL EDUCATION  
BASIC REQUIREMENTS FOR BACHELOR OF ARTS DEGREE

TEACHER CERTIFICATION SPECIALIZATION (K-12)

(CLTC.944 -- 135 S.H.)

IN THIS PROGRAM, COURSES RECEIVING A GRADE OF LESS THAN  
C- MUST BE REPEATED.

I.	General Education . . . . .	61 S.H.
	A MINIMUM GPA OF 2.50 MUST BE MAINTAINED.	
	<u>Communications</u> . . . . .	9 S.H.
	College Composition I . . . . .	3
	College Composition II . . . . .	3
	Public Speaking . . . . .	3
	<u>Science and Mathematics</u> . . . . .	16 S.H.
	Lab Science Choice (Bio., Chem., Physics) . . . . .	4
	Basic Nutrition . . . . .	3
	Computer Science (Computer Literacy) . . . . .	3
	Math Choice (Elementary Statistics) . . . . .	3
	Science/Math Choice . . . . .	3
	<u>Social and Behavioral Sciences</u> . . . . .	15 S.H.
	Introduction to Sociology . . . . .	3
	Child Development . . . . .	3
	Adolescent Development . . . . .	3
	Social/Behavioral Sci Choice (not Psych) . (M/G) . . . . .	3
	Social/Behavioral Science Choice (not Psych) . . . . .	3
	<u>History, Humanities, and Language</u> . . . . .	15 S.H.
	History of American Education . . . . .	3
	History/Humanities/Language Literature Choice . . . . .	3
	History/Humanities/Language Choice . . . . . (WI)	3
	History/Humanities/Language Choice . . . . .	3
	History/Humanities/Language Choice . . . . .	3
	<u>Fine Arts</u> . . . . .	6 S.H.
	Fine Arts Choice (Elements of Dance) . . . . .	3
	Fine Arts Choice . . . . .	3

BEGINNING -- FALL, 1994  
(JUNE 24, 1994)

ROWAN COLLEGE OF NEW JERSEY  
DEPARTMENT OF HEALTH AND PHYSICAL EDUCATION  
BASIC REQUIREMENTS FOR BACHELOR OF ARTS DEGREE

EXERCISE SCIENCE SPECIALIZATION  
ATHLETIC TRAINING TRACK

(CLESAT.944 -- 128 S.H.)

IN THIS PROGRAM, COURSES RECEIVING A GRADE OF LESS THAN  
C- MUST BE REPEATED.

I. General Education . . . . .	62 S.H.
A MINIMUM GPA OF 2.50 MUST BE MAINTAINED.	
<u>Communications</u> . . . . .	9 S.H.
College Composition I: . . . . .	3
College Composition II: . . . . .	3
Public Speaking . . . . .	3
<u>Science and Mathematics</u> . . . . .	17 S.H.
Biology I . . . . .	4
Biology II . . . . .	4
Basic Nutrition . . . . .	3
Computer Science (Computer Literacy) . . . . .	3
Math Choice (Elements of Statistics) . . . . .	3
<u>Social and Behavioral Sciences</u> . . . . .	15 S.H.
Introduction to Sociology . . . . .	3
General Psychology . . . . .	3
Child <u>or</u> Adolescent Development . . . . .	3
Social/Behavioral Choice (not Psych) . . . (M/G) . . .	3
Social/Behavioral Choice (not Psych) . . . . .	3
<u>History, Humanities, and Language</u> . . . . .	15 S.H.
History/Humanities/Language Literature Choice . . . . .	3
History/Humanities/Language Choice . . . . . (WI) . . .	3
History/Humanities/Language Choice . . . . .	3
History/Humanities/Language Choice . . . . .	3
History/Humanities/Language Choice . . . . .	3
<u>Fine Arts</u> . . . . .	6 S.H.
Fine Arts Choice . . . . .	3
Fine Arts Choice . . . . .	3

BEGINNING -- FALL, 1994  
(JUNE 24, 1994)

ROWAN COLLEGE OF NEW JERSEY  
DEPARTMENT OF HEALTH AND PHYSICAL EDUCATION  
BASIC REQUIREMENTS FOR BACHELOR OF ARTS DEGREE

EXERCISE SCIENCE SPECIALIZATION  
ADULT/CORPORATE FITNESS TRACK

(CLESACF.944 -- 126 S.H.)

IN THIS PROGRAM, COURSES RECEIVING A GRADE OF LESS THAN  
C- MUST BE REPEATED.

I. General Education . . . . .	61 S.H.
A MINIMUM GPA OF 2.50 MUST BE MAINTAINED.	
<u>Communications</u> . . . . .	9 S.H.
College Composition I . . . . .	3
College Composition II . . . . .	3
Public Speaking . . . . .	3
<u>Science and Mathematics</u> . . . . .	16 S.H.
Lab Science Choice (Bio., Chem., Phys) . . . . .	4
Basic Nutrition . . . . .	3
Computer Science Choice (Computer Literacy) . . . . .	3
Math Choice (Elementary Statistics) . . . . .	3
Science Choice . . . . .	3
<u>History, Humanities, and Language</u> . . . . .	15 S.H.
History/Humanities/Language Literature Choice . . . . .	3
History/Humanities/Language Choice . . . . . (WI)	3
History/Humanities/Language Choice . . . . .	3
History/Humanities/Language Choice . . . . .	3
History/Humanities/Language Choice . . . . .	3
<u>Social and Behavioral Sciences</u> . . . . .	15 S.H.
General Psychology . . . . .	3
Introduction to Sociology . . . . .	3
Microeconomics <u>or</u> Macroeconomics . . . . .	3
Soc/Beh Science Choice (Self and Society) . . . . .	3
Social/Behavioral Science Choice . . . . . (M/G)	3
<u>Fine Arts</u> . . . . .	6 S.H.
Fine Arts Choice . . . . .	3
Fine Arts Choice . . . . .	3

1. UNIVERSITY OF OREGON

**Title: Department of Exercise & Movement Science**

Offers: Athletic Training  
Teacher Certification  
Exercise Physiology  
Motor Control  
Psychology of Sport

2. FLORIDA STATE UNIVERSITY

**Title: Department of Nutrition/Food & Movement Science**

Offers: Athletic Training  
Adult Fitness  
Teacher Certification  
Recreation  
Sport Administration

3. MICHIGAN STATE UNIVERSITY

**Title: Department of Physical Education & Exercise Science**

Offers: Teacher Certification  
Athletic Training  
Adult Fitness  
Health & Wellness

4. COLUMBIA UNIVERSITY

**Title: Department of Movement Science & Education**

Offers: Recreational Programs

5. WILLIAM PATTERSON COLLEGE

**Title: Department of Exercise & Movement Sciences**

Offers: Athletic Training  
Teacher Certification  
Recreation

6. EAST STROUDSBURG UNIVERSITY

**Title: Department of Health Sciences and Human Performance**

Offers: Athletic Training  
Sports Medicine  
Exercise Physiology  
Independent Pedagogy  
Teacher Certification  
Teacher Education

PROPOSAL  
DEPARTMENT NAME CHANGE

**I. Details:**

**Change From:** Department of Health and Physical Education

**Change To:** Department of Health and Movement Sciences

**II. Rationale:**

The proposed name, Department of Health and Movement Sciences, more accurately describes the goals, functions, and programs offered through the current Department of Health and Physical Education. Over the last few years both teaching and non-teaching specializations have been developed to meet the expanded and diverse needs of our profession. In addition, we are the primary provider of health education programs to students and employees at Rowan College of New Jersey.

**Health Science** is a holist approach which emphasizes scientific and psychological applications of knowledge to physical, mental, social, spiritual, and intellectual wellness.

**Movement Science** is the body of knowledge concerned with the study of human movement. The goal is to learn how to move skillfully and to understand what effects movement has on other bodily and psychological functions. In addition, movement's role in our society and in the history of humankind are included in the discipline concerned with human movement.

**III. Results of Consultation**

The Health and Physical Education Department Curriculum Committee and the faculty in Health and Physical Education have approved the proposed name change.k

## U.S. holds lead in critical technologies

The latest report on U.S. capability in critical technologies finds the country leading other nations in areas critical to national and economic security, but that lead appears to be shrinking.

The National Critical Technologies Report is a biennial study done for the President through the Office of Science & Technology Policy (OSTP). Its purpose is to identify areas on which the U.S. needs to focus its research and development funds and to provide federal agencies with a common set of research priorities. The study can also give industry a guide to areas of cooperative research.

OSTP Director John H. Gibbons says the study is important to the nation's economic prosperity and national security. But this prosperity can't be maintained without continued federal funding. "This report documents the very tenuous lead we maintain in many of the technologies critical to our military and economic well-being at the very same time that the new congressional leadership proposes to gut the very core of our strategy to preserve American preeminence in critical areas," he says.

Overall, the report divides seven critical technology categories into 27 smaller areas, each deemed to be of roughly equal importance. The categories are energy, environmental quality, information and communications, living systems, manufacturing, materials, and transportation. Based on comparisons of the U.S. technical positions with those of Japan and Western Europe and sometimes Russia, the U.S. is deemed at parity or in the lead in almost every area identified. However, the report says this lead is declining or has remained constant since 1990, which argues for more U.S. investment in technology development.

Although the U.S. holds a slight lead in many areas of manufacturing, it is lagging in one important area—continuous materials processing—that happens to be of the most importance to chemical and petrochemical industries. Development of new catalysts and development of diamond-film technology are examples of areas where the U.S. and Japan are about equal, according to the report. In the area of ultrapure refining methods, such as for pure

semiconductor materials, Germany and Japan are world leaders.

Development of advanced materials is another critical technology because, as the report points out, it enables advancement of a multitude of other areas. The diversity of materials, the report states, is such that no single assessment of U.S. performance can be made. But the report leaves the impression that the U.S. competitive position is mixed. For instance, the U.S. leads on polymer-matrix composites, but has fallen a little behind Japan in development of semiconductor materials and behind the European nations in work on ceramics.

Energy technology, on the other hand, is one area in which the U.S. is particularly strong. According to the report, it holds a lead in areas such as electric cars, advanced batteries, fuel cells, capacitors, and renewable energy. U.S. nuclear power reactor technology is still a world leader, but that will soon change because of U.S. policies that have cut funding of reactor R&D, according to the report.

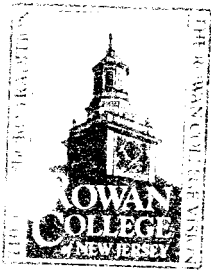
Pollution avoidance, environmental restoration, and monitoring and assessment are all areas of environmental quality important to national prosperity. And the U.S. is the world leader in most related technologies, especially separation technologies and remote-sensing devices, such as satellites. Europe is coming on strong in bioremediation and leads the U.S. in the specific area of decommissioning of old nuclear reactors.

Except for development of high-definition displays for computers, the U.S. also pretty much leads the world in information technology. In living systems, which includes biotechnology and agriculture, the U.S. holds a narrowing lead. It performs most of the basic research, but Japan and Europe are coming along rapidly with applications of this knowledge, the report says. As for transportation, the U.S. is just holding its own against Europe in commercial aircraft technology and against Japan and Germany in developing high-speed rail systems.

The critical technologies report had strong input from national defense panels, and the comparisons of capabilities often are in terms of military applications. Clearly, the White House is giving national security high priority in technology support. This makes sense because most of the defense R&D budget goes toward technology development and not basic research. One conclusion

from this study, then, is that dual-use projects, where civilian and military-related industries cooperate to develop a product useful to each, are becoming ever more important during this period of falling federal budgets—a conclusion Republican members of Congress, who are slashing current-year funding for such programs, would dispute.

*David Hanson*



Donald Gephardt

(609) 256-4108

Fax (609) 256-4135

Acting Executive Vice President/Provost

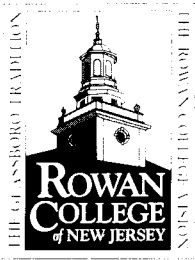
to: Mary Beth  
subject: HPE

date: 4/12

In discussing this with  
Harman - he doesn't like  
"Sciences" in the title -  
wants more to something  
like "Movement Studies"?

Let's discuss

DG



# Rowan College of New Jersey

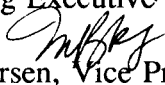
Glassboro, New Jersey 08028-1701 • (609) 863-5318

Office of the Executive Vice President/Provost

**Please note: Our new telephone number is (609) 256-4108**

April 4, 1995

To: Donald Gephardt, Acting Executive Vice President/Provost

From: Mary-Beth Krogh-Jespersen,  Vice Provost

Re: Name Change Recommendation for the Department of Health and Physical Education

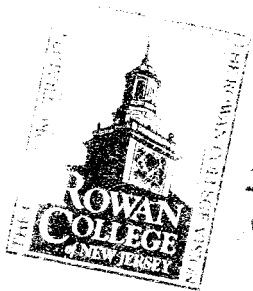
I recommend that the name change to the Department of Health and Movement Sciences be accomplished. This will update the department name, align it with national trends and represent its commitment to the faculty's current curriculum priorities. In addition, this department has many substantive issues to address and, perhaps, the faculty can more eagerly focus on these issues as a result of approval for their name change.

The name change has been approved through the Curriculum Committee and the College Senate. The NCATE visit has been completed. The Department of Health and Physical Education was a successful participant.

I believe that the concern expressed by some, that this department may bring forward a general education lab science offering, is unlikely to be solely dependent on a name change. As with any curriculum including the sciences, a complete and critical review and approval process will have to be accomplished. Furthermore, it is always an option to request an external review of the curriculum for its science content and its quality. Dr. Putman indicates in her letter of July 6, 1993, and a phone conversation of April 5, 1995, that there are no plans to bring forward a lab science curriculum.

Thank you for your consideration of this matter.

mc



Donald Gephardt

Acting Executive Vice President Provost

(609) 256-4108

Fax (609) 256-4435

To:  
Subject:

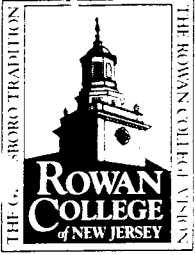
Mary Beth

Dept Name Change

Date 3/23

The HPE dept. again is raising the question of changing their name to a "Dept. of Health and Movement Sciences." (see enclosed). Could you research this a bit and see if this is a trend? I believe Paterson College did something similar. Thanks!

Rowan College of New Jersey  
Paterson, NJ



## Rowan College of New Jersey

201 Mullica Hill Road  
Glassboro, New Jersey 08028-1701

OFFICE OF THE EXECUTIVE  
VICE PRESIDENT/PROVOST

SEP 14 1993

ROWAN COLLEGE OF NEW JERSEY

September 8, 1993

Dr. Harley E. Flack, Executive V.P./Provost  
Rowan College of New Jersey  
Bole Administration Bldg.

Dear Dr. Flack:

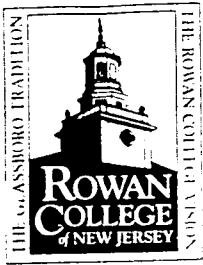
At its September 1, 1993 faculty meeting, the Department of Health and Physical Education reviewed your letter of July 15, 1993 to Dr. Mary Putman regarding the name change from the Department of Health and Physical Education to the Department of Health and Movement Sciences. Your intent to table a decision of the department name change until after the NCATE evaluation would, in effect, delay the decision until approximately September, 1994. The rationale to delay eludes this department, as the NCATE review should be primarily concerned with the quality of the faculty, courses and programs rather than the semantics of the department name.

The proposed name change has passed all levels of the academically recognized process from the department level to the College Senate assembled. The proposed name change is both appropriate and professionally correct, as extensively documented by the Department of Health and Physical Education during the curricular approval process.

At its September 1, 1993 faculty meeting, the Department of Health and Physical Education unanimously voted to reiterate its support for this name change. The department petitions you to act on and support this name change at the present time rather than to wait until the NCATE review. If, however, you do opt to delay a decision, please be informed that our unanimous support for this name change will continue until you do make a decision regarding this matter.

Sincerely,

Faculty  
Department of Health and Physical Education



# Rowan College of New Jersey

Glassboro, New Jersey 08028-1701 • (609) 863-5318

Office of the Executive Vice President/Provost

May 24, 1993

To: Mary Putman, Chair  
College Senate Curriculum Committee

From: Harley E. Flack  
Executive Vice President/Provost

Subject: Comments Regarding the Proposed Name Change of the  
Department of Health and Physical Education to Health and  
Movement Sciences.

I have received and studied the recommendation regarding the proposed name change from the Department of Health and Physical Education to Health and Movement Sciences. In consideration of this proposal, I have also received a number of memos from various constituencies of faculty regarding this matter.

One of the consistent themes that has come forth opposing the proposed name change is the implication that the designation of the department as a science would create difficulties, especially in the general education offerings under the new general education model which is to be enacted at Rowan College in September 1993. That is to say, in the future general education offerings from the Health and Physical Education Department could be regarded as satisfying the new lab science requirement. Accordingly, I am remanding this matter to the Senate for your review and reconsideration.

mc

cc: R. Ambacher

Faculty Senate Curriculum Committee

Approval Form

FROM: Health and Physical Education
TO: Health and Movement Sciences
Proposal Title: Department Name Change
Sponsor(s): Dr. Brenda Bolay
Dept.: Health and Physical Ed.
Ext. 6222

Check one: [ ] Course [ ] Specialization [ ] Concentration [ ] Achievement Certificate
[ ] Certification Program [ ] Major Program [X] OTHER Quasi-Curricular
[ ] Minor Change Department Name Change
(please name: deletion or credit/title/catalog change)

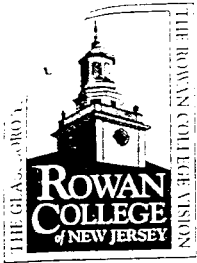
[ ] Undergraduate [ ] Graduate Credit Hours

Step 1 (Department)
Step 2 (Receipt)
Step 3 (School CC)
Includes dates, signatures, and stamps like 'RECEIVED' and 'SENATE'.

Step 4 (Academic Dean)
Comments: Refer to memo of Feb 17, 1993.
Approved FEB 25 1993
Reviewed 2/25/93
Signature, Dean of School

Step 5 (SCC)
Open Hearing 3/22/93
Approved by Senate Curriculum Committee 3/22/93
Returned to sponsor(s) for the following reasons:

Step 6 (Faculty Senate)
Presented to Faculty Senate: 4/2/93
Approved [X] Not Approved [ ]
Notification to Vice-President Academic Affairs 4/2/93
Signature, SCC Chairperson



# Rowan College of New Jersey

Glassboro, New Jersey 08028-1701

## PROPOSAL DEPARTMENT NAME CHANGE

### I. Details:

**Change From:** Department of Health and Physical Education

**Change To:** Department of Health and Movement Sciences

### II. Rational:

The proposed name, Department of Health and Movement Sciences, more accurately describes the goals, functions, and programs offered through the current Department of Health and Physical Education. Over the last few years both teaching and non-teaching specializations (athletic training, adult/corporate fitness, and allied health) have been developed to meet the expanded and diverse needs of our profession. In addition, we are the primary provider of health education programs to students and employees at Rowan College of New Jersey.

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### Discussion:

The College and University Physical Education Council (affiliated with the American Alliance of Health, Physical Education, Recreation, and Dance) undertook a project in 1989 to determine the current name trends for physical education programs in higher education. A study was completed (N= 377) which solicited demographic data about the four-year colleges and university with a bank of questions concerning current department name and any change thereof. The results showed that half of the colleges/universities surveyed had changed their name within a three year period prior to the survey's administration. An

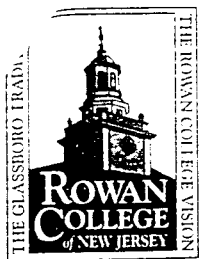
additional 27% were discussing the possibility of a new department name. The most frequent names used were kinesiology, movement science, human performance, sport science, and exercise science.

This study reported the most common reasons for name changes among smaller colleges to be: the name more accurately described the unit's areas of specialization and current curricular priorities; the name enhanced their image as an academic community; and the name facilitated the recruitment of a diversified student body. Our department is currently providing opportunities for the educational and health-related professions for careers in schools, fitness centers, sports medicine settings, and allied health programs. The academic core for our program is the science-based study of human movement. The specializations allow students to apply this knowledge base in a variety of professional settings. The inclusion of **movement science** in our department name should enhance the recruitment of students (especially students in non-teaching tracts), compliment our multifaceted college and community outreach programs, and conform to the strategic planning project currently being implemented.

### III. Results of Consultation

The members of the Health and Physical Education Department have unanimously approved the proposed name change.

Dr. David Kapel, Dean of the School of Education and Related Professional Studies.



## Rowan College of New Jersey

201 Mullica Hill Road  
Glassboro, New Jersey 08028-1701 • (609) 863-5241 • FAX: (609) 863-5018

*School of Education and Related Professional Studies*  
Office of the Dean

To: Dr. Mary Putman, Chair, Department of Health & Physical Education

From: David E. Kaper, Dean, School of Education and Related Professional Studies

Date: February 17, 1993

Subj: Proposal for Department Name Change

I have reviewed the proposal for your department name change to the Department of Health and Movement Sciences. The proposal is consistent with the current trends in the profession. The name **movement science** aptly describes a curriculum which encompasses the many areas of study that constitute the knowledge base for a discipline concerned with human movement. The name also moves away from the term physical education, a term which has traditionally had a school-based association and a much more restricted thrust.

A Department of Health and Movement Sciences at Rowan College is reflective of the goals put forth in the Strategic Plan for H&PE.

DEK:dm  
Namechg.HPE

Date: March 23 1993  
To: Dr. Brenda Bolay  
From: Senate Curriculum Committee  
RE: Department Name Change SCC#92-93-27

\_\_\_\_\_ Scheduled for a Hearing. Please have someone attend the Hearing who can present the proposal and answer questions about it.

Date: Place:

\_\_\_\_\_ Approved subject to revision. You may contact --- for the suggested changes, after which the proposal will be reported to the Senate. Upon approval by the Senate, the proposal will be forwarded to the office of the Executive Vice President/Provost.

X

\_\_\_\_\_ Approved by the Senate Curriculum Committee and will be reported to the Senate. Upon Approval by the Senate, the proposal will be forwarded to the office of the Executive Vice President/Provost.

\_\_\_\_\_ Approved by the Senate Curriculum Committee and will be voted on at the next Senate meeting. It is strongly recommended that a member of your department be present to defend your proposal. Upon approval by the Senate, the proposal will be forwarded to the office of the Executive Vice President/Provost.

\_\_\_\_\_ Approved by the Senate Curriculum Committee and has been reported to the Senate. Will be forwarded to Dr. Harley Flack.

\_\_\_\_\_ Tabled. You will be contacted by the following Ad Hoc Committee:

\_\_\_\_\_ Disapproved. You will be contacted by.

*Handwritten signature*

April 13, 1993

To: Dr. Harley Flack, Exe. VP/Provost

From: The Rowan College of NJ Senate

RE: Senate Resolution # 940302-3, HPE Department Name Change

At the April 2, 1993 meeting of the Rowan College of NJ College Senate the following resolution was passed:

**Department Name Change: From Health and Physical Education, To: Health and Movement Sciences, Quasi-Curricular, Sponsor: Dr. Brenda Bolay, SCC#92-93-27.**

Your attention to the above matter is greatly appreciated. Please inform the Senate Office on your response.

Approved

\*Needs clarification on the following:

\*Rejected for the following reason:

Referred to \_\_\_\_\_

\*Other

\*Comments

c: sponsor  
SCC;

rw

114

# MEMO

Mathematics Department

TO: Harley Flack, V.P. for Academic Affairs / Provost

FROM: Ron Czocho, Assoc. Prof. of Mathematics *R/C*

DATE: April 7, 1993

RE: Curriculum proposals from Health and Physical Education Dept.

I am writing to state my position with respect to the changes supported by the Senate Curriculum Committee. The first change was just announced at the Senate meeting on April 2 and the second was approved by the Senate in a close vote. I am a senator, but was unable to state my position because a time limit for the debate was cited by the Senate Secretary and the time was not extended. So I am sending this letter to you to get my position on the record.

**\* CHANGE OF CREDIT HOURS FOR HEALTH AND WELLNESS I FROM 2 HOURS TO 3 HOURS**

This change was approved after the Strategic Plan and from my point of view the justification was the same as the justification previously given for a change from 1.5 to 2 hours. Since there was no new justification given, I believe that the extra hours are not really necessary.

**\* CHANGE OF DEPARTMENT NAME TO HEALTH AND MOVEMENT SCIENCES**

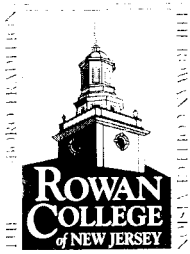
Although the department does teach some courses that might be considered scientific in approach, the focus of these courses is on the application of the science rather than the science itself. At best only one-third of their courses could be considered Health science in approach and only one-tenth of their courses could be considered Movement science in approach. The bulk of the courses offered by this department are related to the teaching of Physical Education and this is not even alluded to in the new name. So if the curriculum offered by the department should factor into the name of the department, this new name is inadequate.

If the make-up of the faculty should factor into the name of the department, we must note that the majority of the faculty with doctorates have Ed. D. degrees. Again a name that emphasizes science over education appears to be inadequate.

Finally, if the make-up of the students in the department should factor into the name of the department, we must note that the majority of students are education majors. Again a name that emphasizes science over education seems to be inadequate.

I can sympathize with a department that wants it to be known that they offer more than teacher training in their curriculum. A name change is definitely needed to attract students who might be interested in Adult Training or Pre-Physical Therapy, but a new name must not be misleading and must describe all the specialties offered in this department including the Teacher Certification specialty. For this reason, I support a name change to the Department of Health and Movement Studies. This would not eliminate the traditional role of the department, as does the proposed name change, and yet would give the department the broad appeal for which they have been searching.

cc. Pearl Bartelt  
Richard Ambacher



# Rowan College of New Jersey

201 Mullica Hill Road  
Glassboro, New Jersey 08028-1701

OFFICE OF THE PROVOST

MAR 28 1995

ROWAN COLLEGE OF NEW JERSEY

*M. Putman*

TO: Dr. David Kapel, Dean  
Dr. Donald Gephardt, Acting VP/Provost  
FROM: Mary L. Putman  
Chair, Department of Health and Physical Education  
DATE: March 27, 1995

RE: Department Name Change -Department of Health and Physical Education

The discussion to change the name of the Department of Health and Physical Education to the Department of Health and Movement Sciences has been in discussion for some time. Several documents have been prepared which accurately reflect the proposed change which these documents also represent selected departments at

Document One - Is a letter regarding the name

Document Two - Is a list selected to use "Health and Physical Education". This is by no means represent a national

Document Three - Is the curricular document Curriculum Committee

Post-it routing request pad 7664

## ROUTING - REQUEST

- Please
- READ
  - HANDLE
  - APPROVE
- and
- FORWARD
  - RETURN
  - KEEP OR DISCARD
  - REVIEW WITH ME

Date \_\_\_\_\_

From *M. Putman*

To *Dean*

*to prepare report*

*with budget for the*

*name change*

*to have the data*

*supports the name*

*change*

*check if senate approved*

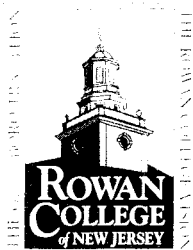
*check with Chem + Physical*

*make recommendation*

*concerns about lab science*

*concerns about the quality of health and movement sciences*

Health and Physical Education unanimously approved. Your interest in reviewing this is appreciated.



# Rowan College of New Jersey

201 Mullica Hill Road  
Glassboro, New Jersey 08028-1721

DOCUMENT ONE

TO: Dr. Harley Flack, VP/Provost  
FROM: Mary L. Putman *mlp*  
Chair, College Senate Curriculum Committee  
Chair, Department of Health and Physical Education  
DATE: July 6, 1993

RE: Department Name Change -Department of Health and Physical Education

Thank you for meeting with me on July 1, 1993 regarding the name change for the Department of Health and Physical Education (HPE) to the Department of Health and Movement Sciences. This response is from my position as chair of both the Senate Curriculum Committee and HPE Department.

## Senate Curriculum Committee

The guidelines which are followed for approving curricular proposals at Rowan College allow for any member of the college community to argue for or against a proposal. This can occur at the Open Hearing conducted by the Senate Curriculum Committee (all Deans and Chairs receive a copy of the agenda) or at opened or closed sessions of the total Senate. In both instances members of the Departments of Life Science, Chemistry and Physics and Mathematics presented similar arguments to the ones forwarded to you in letter form. The information not shared with your office are the many individuals who spoke in favor of the name change. The Committee and Senate passed the proposal with a clear majority vote.

## Department of Health and Physical Education

The HPE Department has for some time been discussing a name change which would be more representative of our diverse professional preparation programs. After a careful review of literature and a survey of names used by other colleges and universities we unanimously agreed upon the name Department of Health and Movement Sciences. (see enclosures)

The definition of science is the 'branch of knowledge or study ... or the study of...". The discipline of 'health and physical education' is a unique blend of the pure and behavioral sciences. All majors take a minimum of 23 semester hours of the more traditional sciences. These hours are a combination of general education and major courses. The athletic training specialization takes additional elective courses in physics and chemistry. This background prepares preprofessional students to apply knowledge in behavioral/applied settings.

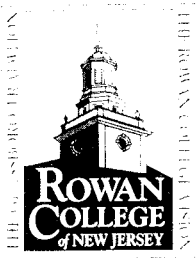
We appreciate that members of the Departments of Life Science and Chemistry and Physics have a more narrow definition of the word science. We however feel that the term movement sciences ... the study of movement... is a very appropriate and contemporary title for our department, one which moves away from the more narrow terminology of physical education (education through the physical). In addition, the HPE Department has no intentions of trying to offer 'laboratory' sciences in the Science and Math Bank as was suggested by some of our colleagues.

I am returning the name change proposal to your office. The Department of Health and Physical Education would appreciate your reconsidering this document. As always your cooperation is appreciated.

enclosures

DEPARTMENT NAME

1. Dept. of Physical Education, Sport, and Exercise Science
2. Dept. of Exercise Science
3. Dept. of Sports Leisure & Exercise Science
4. Dept. of Exercise Science
5. Dept. of Exercise & Sport Science
6. Dept. Exercise Science & Physical Education
7. Dept. of Exercise & Movement Science
8. Dept. Health & Sport Science
9. Exercise & Sports Science Department
10. Exercise & Sports Science Department
11. Dept. of Exercise Science & Physical Education
12. Dept. of Exercise Science
13. Sport & Exercise Science Department
14. Dept. of Exercise Science
15. Dept. of Exercise & Sport Science
16. Dept. Exercise Science
17. Dept. of Exercise Science
18. Dept. of Exercise Science



# Rowan College of New Jersey

201 Mullica Hill Road  
Glassboro, New Jersey 08028-1701

DOCUMENT THREE

## PROPOSAL DEPARTMENT NAME CHANGE

### I. Details:

**Change From:** Department of Health and Physical Education

**Change To:** Department of Health and Movement Sciences

### II. Rational:

The proposed name, Department of Health and Movement Sciences, more accurately describes the goals, functions, and programs offered through the current Department of Health and Physical Education. Over the last few years both teaching and non-teaching specializations (athletic training, adult/corporate fitness, and allied health) have been developed to meet the expanded and diverse needs of our profession. In addition, we are the primary provider of health education programs to students and employees at Rowan College of New Jersey.

**Health Science** is a holist approach which emphasizes scientific and psychological applications of knowledge to physical, mental, social, spiritual and intellectual wellness.

**Movement Science** is the body of knowledge concerned with the study of human movement. The goal is to learn how to move skillfully and to understand what effects movement has on other bodily and psychological functions. In addition, movement's role in our society and in the history of humankind are included in the discipline concerned with human movement.

### Discussion:

The College and University Physical Education Council (affiliated with the American Alliance of Health, Physical Education, Recreation, and Dance) undertook a project in 1989 to determine the current name trends for physical education programs in higher education. A study was completed (N= 377) which solicited demographic data about the four-year colleges and university with a bank of questions concerning current department name and any change thereof. The results showed that half of the colleges/universities surveyed had changed their name within a three year period prior to the survey's administration. An

additional 27% were discussing the possibility of a new department name. The most frequent names used were kinesiology, movement science, human performance, sport science, and exercise science.

This study reported the most common reasons for name changes among smaller colleges to be: the name more accurately described the unit's areas of specialization and current curricular priorities; the name enhanced their image as an academic community; and the name facilitated the recruitment of a diversified student body. Our department is currently providing opportunities for the educational and health-related professions for careers in schools, fitness centers, sports medicine settings, and allied health programs. The academic core for our program is the science-based study of human movement. The specializations allow students to apply this knowledge base in a variety of professional settings. The inclusion of **movement science** in our department name should enhance the recruitment of students (especially students in non-teaching tracts), compliment our multifaceted college and community outreach programs, and conform to the strategic planning project currently being implemented.

### III. Results of Consultation

The members of the Health and Physical Education Department have unanimously approved the proposed name change.

Dr. David Kapel, Dean of the School of Education and Related Professional Studies.