

Glassboro State College Senate Curriculum Committee

Approval Form

Proposal Title: Exercise Science Specialization in Health and Physical Education

Sponsor(s) Dr. Mary Putman Dept.: HPE Ext. 7110

Dr. Edward Chaloupka

Check one: Course Specialization Concentration Minor Achievement Certificate
 Certification Program Major Program Minor Change combine HPE Specialization
(please name deletion or credit/title/catalog change)

Undergraduate Graduate _____ Credit Hours

<p>Step 1 (Department)</p> <p><input type="checkbox"/> Approved _____ Date</p> <p><input type="checkbox"/> Not Approved</p> <p>_____ Dept. CC Chairperson</p> <p><input checked="" type="checkbox"/> Reviewed <u>11/6/98</u> Date</p> <p><u>Mary Putman</u> Dept. Chairperson</p>	<p>Step 2 (Receipt)</p> <p><input checked="" type="checkbox"/> SCC# <u>98-94-01</u></p> <p>Proposal Received _____ Date</p> <p><u>10/21/98</u></p> <p><u>Mary Putman</u> SCC Chairperson</p>	<p>Step 3 (School CC)</p> <p>Reviewed _____</p> <p><input type="checkbox"/> Approved <input type="checkbox"/> Not Approved</p> <p>Comments:</p> <p>_____ School Curr. Comm. Chairperson</p>
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Step 4 (Academic Dean)

Recommend
 Not Recommend
 Conditionally Recommend (see comments)

Reviewed _____
Date

Comments:
see syllabus

[Signature]
Signature, Dean of School

Step 5 (SCC)

Open Hearing 12/4/98 Approved by Senate Curriculum Committee 1/10/99
Date Date

Returned to sponsor(s) for the following reasons:

Step 6 (Senate)

Presented to Senate _____
Date

Approved Not Approved

Notification to Executive Vice-President/Provost _____
Date

Signature, SCC Chairperson

Step 7 (Executive V.P./Provost)

Received _____

Date

If no, reasons are as follows:

Approved Yes No

See attached

Student credit hours _____

Faculty load hours _____

Equalized credit hours _____

Official copy and approval sheet filed _____
Date

Michael L. Copeland

Signature, Executive Vice-President/Provost

Registrar

Approved course description received 2/21/04
Date

Hegis Taxonomy and Course Number assigned Spec # 5831

H. S. Kelly

Signature, Registrar

2/21/04
Date

Notification forwarded:

- Senate Curriculum Committee Chairperson
- Department Chairperson(s)
- Academic Dean(s)
- Registrar
- Sponsor(s)

Rowan College of New Jersey
Department of Health and Physical Education

Bachelor of Arts Degree

A. GENERAL EDUCATION	60-62 SH
B. HEALTH AND PHYSICAL EDUCATION ACADEMIC CORE	30-36 SH
C. SPECIALIZATIONS	
1. TEACHER CERTIFICATION	41 SH
2. EXERCISE SCIENCE	38-45 SH
	TOTAL 133-145 SH

EXERCISE SCIENCE SPECIALIZATION

SPECIALIZATION CORE

Basic Nutrition.....	3 SH
Adapted Physical Education or course dealing with special populations.....	2-3 SH
Advanced Techniques Athletic Injuries.....	3 SH
Organization and Administration in Physical Education or a general organization course.....	2-3 SH
Tests and Measurements in Physical Education or Exercise Prescription.....	2-3 SH
Field Experience.....	3-6 SH
	TOTAL 20-23 SH

Specialization Tracks

ATHLETIC TRAINING

Physics I	4 SH
Chemistry I.....	4 SH
Introduction to Physical Therapy Theory and Practice.....	3 SH
³⁴ Physical Assessment of Athletic Injuries.....	3 SH
Physical Modalities and Therapeutic Exercise....	3 SH
³³⁴ Advanced Emergency Care.....	3 SH
	TOTAL 20 SH

ADULT/CORPORATE FITNESS

7 Foundations of Recreation.....3 SH
Recreation Leadership.....3 SH
Recreation Programming.....3 SH

Intro to Management.....3 SH
Marketing Basics.....3 SH
Adult Nutrition.....3 SH

TOTAL 18 SH

Curriculum Proposal

SPECIALIZATION

1. ABSTRACT

The proposed specialization is an Exercise Science Specialization in the Bachelor of Arts Degree program in health and physical education. This specialization represents no new course or program implementation. Rather, it involves the streamlining and consolidation of courses and programs presently in existence. The proposed specialization involves the inclusion of the specializations in Athletic Training and Adult Corporate Fitness into one specialization-EXERCISE SCIENCE with Tracks in Athletic Training, Adult/Corporate Fitness. The Rowan College Strategic Plan, September 1992, recommends the continuation of these programs at the current level of quality and effectiveness presently in place (p. 102). No additional resources will be required for this specialization.

An inclusion of an Exercise Science Specialization in the Department of Health and Physical Education will, in effect, have all major students in this department enrolled in one of two programs: Exercise Science Specialization or Teacher Certification Specialization. All major students in the Department of Health and Physical Education will take some course variation within the General Education Bank and the same Health and Physical Education Academic Core. Each program, the Exercise Science Specialization and the Teacher Certification Specialization, will have its own requirements with the two tracks in the Exercise Science Specialization having a common specialization core. (Please see attached program document). Implementation time is immediate since all courses are presently in existence, and this proposal involves consolidation of programs, rather than the implementation of new programs. Therefore, needed resources are also currently in place.

2. DETAILS

- A. Title: Exercise Science Specialization in the Bachelor of Arts Degree Program in Health and Physical Education
- B. Sponsors: Dr. Mary Putman, Chair-Health and Physical Education
Dr. Edward Chaloupka-Health and Physical Education

Dr. Brenda Bolay-Health and Physical Education

C. Scope: Intended for the health and physical education major student interested in the areas of athletic training, and adult/corporate fitness.

D. Relationship to Curriculum:

A Specialization in the Department of Health and Physical Education, Bachelor of Arts Degree Program

E. Prerequisites:

Undergraduate admission in the Department of Health and Physical Education at Rowan College

F. Implementation Time:

Immediate as per curricula approval

G. Resources:

Are adequate at this time as no new courses are required for this specialization

3. Rationales: The Rowan College Strategic Plan, September 1992, states that "...the recommended set of academic priorities is aimed at assuring access to the fundamentals of a liberal education linked with opportunity to prepare for a career through both general and specialized degree programs" (p 84). The proposed specialization, Exercise Science, is in complete harmony with preparing for career opportunities. It consolidates already existing programs and courses into a common specialization core within health and physical education for the student with interest in careers in athletic training or adult/corporate fitness.

4. Essence:

A. Major Goals: to provide a common core of courses for students interested in academic disciplines involving exercise sciences which are aligned with health and physical education - to provide the students with the specific skills needed for career opportunities in exercise sciences.

B. Specific Objectives:

-To prepare the student to meet specific academic course requirements for certification as an athletic trainer by the National Athletic Trainers

Association (NATA) in conjunction with the American Medical Association (AMA).
-To meet the student athletic training clinical board hours required for certification.

-To prepare the student with the skills and knowledge needed for successful job performance in adult fitness and corporate fitness programs.

C. Structure of Organization: The Exercise Science Specialization is a consolidation of already existing programs and courses in the Bachelor of Arts Degree Program in Health and Physical Education. It includes a General Education Bank (60-62 S.H.), Health and Physical Education Academic Core (30-33 S.H.), Exercise Science Specialization Core (15-18 S.H.), and two Exercise Science Specialization Tracks (18-27 S.H.). (Please see attached program sequence).

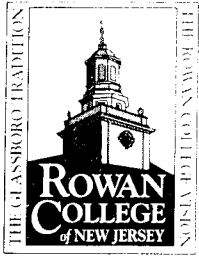
D. Administration: This specialization will be administered by the Department of Health and Physical Education with the programs already in existence consolidated into this Exercise Science Specialization.

5. Consultation:

Dr. David Kapel, Dean
School of Education and Related
Professional Studies

Several schools were contact by phone to discuss the construct of their exercise science programs. No written documentation is available.

6. New Courses: No new courses are required for this proposal specialization.



Rowan College of New Jersey

201 Mullica Hill Road

Glassboro, New Jersey 08028-1701 • (609) 863-5241 • FAX: (609) 863-5018

School of Education and Related Professional Studies
Office of the Dean

TO: Dr. Mary Putman, Chair
Department of Health and Physical Education

FROM: David E. ~~Kapel~~ Dean
School of Education and Related Professional Studies

RE: Exercise Science Specialization

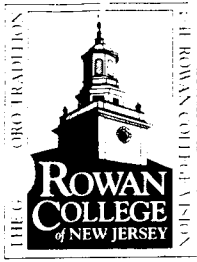
DATE: December 21, 1993

I have reviewed the curriculum proposal to establish the Exercise Science Specialization that reflects the present offerings of the Department of Health and Physical Education.

The proposal involves the "streamlining and consolidation" of Athletic Training and Adult/Corporate Fitness into one identifiable specialization: Exercise Science. The common core of courses for the specialization is most noteworthy and will be extremely valuable for students enrolled in the program.

It is for the above reasons that I support the proposal submitted by the Department for an Exercise Science Specialization.

DEK:kaa




Rowan College of New Jersey

Glassboro, New Jersey 08028-1701 • (609) 863-5318

Office of the Executive Vice President/Provost

June 15, 1994

TO: David Kapel, Dean, School of Education and Related Professional Studies
Ronald Czocho, Chair, Curriculum Committee
Mary Putman, Former Chair, Curriculum Committee

FROM: Donald L. Gephardt, Acting Executive Vice President/Provost 

SUBJ: Specialization in Exercise Science

I have approved the specialization in Exercise Science forwarded by the College Senate. However, I urge the department to monitor closely the growth in enrollment for this program over time. The department should set enrollment goals and demonstrate periodically how well they have been met. In short, I expect this program to maintain a productive level of enrollment if it is to continue to be offered.

ev

cc: R. Ambacher

THIS MEMO HAS NOT BEEN SENT. THE BOARD (MR. WEINSTEIN) HAS REQUESTED THAT A MORATORIUM BE PUT ON ALL NEW PROGRAMS. IF (AND WHEN) THIS IS ALLOWED TO GO FORWARD, REFER BACK TO DR. GEPHARDT TO SEE IF IT SHOULD BE SENT.

April 22, 1994

TO: David Kapel, Dean, School of Education and Related Professional Studies
Mary Putman, Chair, Curriculum Committee

FROM: Donald L. Gephardt, Acting Executive Vice President/Provost

SUBJ: Specialization in Exercise Science

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cc: R. Ambacher

(Gephardt\exersci.cur)