

ROWAN COLLEGE
CURRICULUM COMMITTEE

(1)

MINOR CHANGE

PROPOSAL TITLE: Course Name Change Only: From: Fitness/Sport Physical Ed II
To: Elective Physical Education

UNDERGRADUATE GRADUATE 1-4 CREDIT HOURS

SPONSOR(S): Dr. Ed Dear (variable credit-No change from old)

DEPARTMENT & TELEPHONE# Health and Physical Education 256-4785

CHECK ONE:

- CHANGES IN APPROVED MINORS, SPECIALIZATIONS, CONCENTRATIONS
- CATALOGUE DESCRIPTIONS AND/OR PREREQUISITE CHANGES Course Title Only
Same Description
- SMALL CHANGES IN COURSE CONTENT OF EXISTING COURSES WHICH DO NOT
SUBSTANTIALLY VARY THE CURRICULUM
- CHANGES IN HEGIS NUMBER

<p>STEP #1 (DEPARTMENT)</p> <p><input checked="" type="checkbox"/> APPROVED / DATE: <u>9-13-95</u></p> <p><input type="checkbox"/> NOT APPROVED / DATE: _____</p> <p><u>R. Carson</u> <u>9-13-95</u> (DEPT. CURRICULUM CHR./ DATE)</p> <p><u>James J. Beal</u> <u>10/25/95</u> DEPT. CHR./DATE</p>	<p>STEP #2 (SCHOOL)</p> <p>DATE REVIEWED <u>10/25/95</u></p> <p><input checked="" type="checkbox"/> RECOMMEND TO APPROVE</p> <p><input type="checkbox"/> RECOMMEND NOT TO APPROVE</p> <p>COMMENTS:</p> <p><u>James J. Beal</u> SCHOOL CURRICULUM CHR.</p>	<p>STEP #3 (ACADEMIC DEAN)</p> <p><input checked="" type="checkbox"/> RECOMMEND <input type="checkbox"/> NOT RECOMMENDED</p> <p>DATE REVIEWED: <u>10/25/95</u></p> <p><u>James J. Beal</u> DEAN OF SCHOOL SIGNATURE</p>
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<p>STEP #4 (CURRICULUM COMMITTEE)</p> <p>SCC# <u>95-46-67</u></p> <p>DATE RECEIVED: <u>10/31/95</u></p> <p><u>Ronald J. Gabor</u> CURRICULUM COMMITTEE CHR. SIGNATURE</p>	<p>STEP #5 EXE. VP/PROVOST</p> <p><input type="checkbox"/> APPROVED</p> <p><input type="checkbox"/> NOT APPROVED</p> <p>_____ SIGNATURE/DATE</p>
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Step 7 (Executive V.P./Provost)

Received 12-4-95
Date

Approved Yes No

If no. reasons are as follows:

Student credit hours 1-4

Faculty load hours 1-4

Equalized credit hours _____

Official copy and approval sheet filed 1/5/96
Date

C. Mattson
Signature, Executive Vice-President/Provost

Registrar

Approved course description received 10 Jan 96
Date

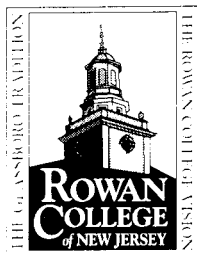
Hegis Taxonomy and Course Number assigned Name Change

B. F. Kelsey
Signature, Registrar

10 Jan 96
Date

Notification forwarded:

- Senate Curriculum Committee Chairperson
- Department Chairperson(s)
- Academic Dean(s)
- Registrar
- Sponsor(s)



Rowan College of New Jersey

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Department of Health and Physical Education

MINOR CURRICULAR CHANGE

Proposal Title: Name change from: **Fitness/Sport Physical Education II**
to: **Elective Physical Education**

Credit Hours: 1 to 4 (no change)

Catalog Description: See Attached (no change)

Hegis Number: 0835.107 (no change)

1. Details:

A. Change Requested to change the course "Fitness/Sport Physical Education II" to "Elective Physical Education". No other change is requested

B. The sponsor of this change is Dr. Ed Dear, Associate Professor, Health and Physical Education Department

2. Rationale:

A. There is a strong felt need within the Department of Health and Physical Education to offer an elective program for all students who wish to participate in Fitness/Lifetime sport activities. With the change of the Health and Wellness class in the Fall of 1994 from a two credit to a three credit course, students at Rowan were no longer required to take a Fitness/Sport (activity) course. However, many students would like to take this as an elective. This proposal is requesting to give the proper name to the bank of existing activity classes we are currently offering as electives in the area of Physical Education.

B. There will be no effect on the Health and Physical Education Department's curriculum design since these classes are not required for our majors. What this does do is it offers Fitness/Sport activity electives to all students in the College.

3. Consultation:

A. At the September 1995 meeting of the Curriculum Committee of the Health and Physical Education Department, this change was unanously approved. At the October 1995 meeting of the Faculty of the Health and Physical Education Department, this change was also unanously approved.

B. N/A

III. Teacher Certification

Specialization30 s.h.
 (minimum GPA of 3.0 must be maintained)
 Courses with a grade lower than C- must be repeated.

- Foundations of Teaching Health and Physical Education3 s.h.
- Health Program Planning Curriculum & Instruction3 s.h.
- Curriculum & Instruction in Secondary Physical Education....2 s.h.
- Elementary School Physical Education Curriculum & Instruction2 s.h.
- Adapted Physical Education2 s.h.
- Tests and Measurements in Health and Physical Education.....2 s.h.
- Teaching Reading in Content Areas.....3 s.h.
- Field Experience in Teaching Health and Physical Education.....1 s.h.
- Student Teaching in Health and Physical Education (Elementary).....6 s.h.
- Student Teaching in Health and Physical Education (Secondary).....6 s.h.

Additional Teacher Certification Requirements

-7 s.h.
- Teaching as a Profession1 s.h.
- Educational Psychology
- Organization and Administration in Health and Physical Education....2 s.h.
- Principles of Coaching1 s.h.

IV. Athletic Training Specialization25 s.h.

- Advanced Techniques in Athletic Injuries
- Introduction to Physical Therapy
- Physical Assessment of Athletic Injuries
- Physical Modalities/Therapy Exercises
- Field Experience in Athletic Training
- Advanced Emergency Care
- Exercise Prescription
- Adapted Physical Education2 s.h.
- Organization and Administration of Health and Physical Education ...2 s.h.

V. Adult Fitness Specialization32 s.h.

- Introduction to Management
- Basic Nutrition
- Adult Nutrition
- Foundations of Recreation
- Introduction to Marketing
- Recreation Programming/Leadership
- Advanced Techniques in Athletic Injuries
- Adaptive Physical Education2 s.h.

- Exercise Prescription
- Field Experience in Health and Physical Education6 s.h.

0835 HEALTH PHYSICAL EDUCATION

0835.106 2 s.h.
Health and Wellness Physical Education I

This course stresses the concepts of lifetime health and physical fitness. It examines the positive effects of exercise upon the heart and blood vessels, obesity and proper diet, body mechanics, how the body handles stress and other contemporary health related problems. Students learn to analyze their strengths and limitations while planning a program of lifetime physical fitness which best fits their needs and interests.

0835.107 1-4 s.h.
Fitness Sports Physical Education II

(Variable credit course, one to four hours, one credit for each activity offering)

Students select an activity based on their personal needs and interests. The focus is on lifetime activities to include swimming, jogging, walking, aerobic dance, social dance, orienteering, tennis and golf. Students with special limitations who may be uncomfortable in a large group setting can work on individualized programs.

0835.115 2 s.h.
Introduction to Movement Fundamentals

A required course for all Health and Physical Education majors. This introductory course in movement fundamentals includes the study of locomotor and nonlocomotor patterns, movement themes and mechanical principles of movement. These will be applied as they relate to efficient and effective movement patterns used gymnastics, rhythms, and sports.

0835.131 2 s.h.
Introduction to Health and Physical Education

This course is required for students majoring in Health and Physical Education. The focus of this course is on: historical, philosophical, psychological, sociological, and biomechanical foundations; the inter-relationship of health, physical education, sports, dance, recreation, and fitness within the profession; motor learning and motor development; common language used within the varied areas; and alternative solutions to present-day issues/problems.

0835.204 3 s.h.
Women in Sport

Students will examine women's participation in sport from historical, cultural, psychological, physical, legal and societal perspectives. Emphasis will be placed on the role of the female in sport in American society.