

Library Resource Form Required for New Non-Gen-Ed

Submission Deadlines: Fall - October 10, 2006 Spring - February 13, 2007

TITLE

Health Promo - Fitness Mgt

Sponsor(s)

Leslie Spencer

Spencer@rowan.edu

e-mail:

e-mail:

DEPARTMENT

Health and Exercise Science

College

Education

If LAS-check:

History/Humanities

Social/Behavioral Sciences

Math/Science

UNDERGRADUATE

GRADUATE

New non gen-ed

Major

Short-Term non gen-ed

Minor curricular changes (fewer than three) to:

Existing non gen-ed course

Non gen-ed degree requirements

Major

Minor, specialization, concentration, track, certificate program

Signatures Required: representing approval before submission to Office of the Senate

Department Chair:

[Signature]

Date: 10/16/06

Department CURRICULUM Chair:

[Signature]

Date: 10/16/06

Academic DEAN:

[Signature]

Date: 10/16/06

COLLEGE CURRICULUM COMMITTEE:

Open Hearing Date: 11/20/06

Approved

Not Approved

11/29/06

Signature: College Curriculum Chair

[Signature]

Signature: SENATE CURRICULUM CHAIR

[Signature]

Date: 11/29/06

Comments:

Signature: Executive Vice President/Provost:

[Signature]

Date: 12/28/06

Approved:

Not Approved:

Signature: REGISTRAR

[Signature]

Date:

1/4/07

Course Description Received & Approved
Hegis Taxonomy & Course #

Notification Forward:

SCC CHAIR

Academic Dean

IR

Department Chair

CAP

VP/Student Affairs

Registrar

Other-

1-17-07 Jmie eld/06

Minor Curricular Change Proposal

**Department of Health and Exercise Science
Health Promotion and Fitness Management**

College of Education

Prepared by: Leslie Spencer, Dept. of HES, spencer@rowan.edu, ext. 3761

Details:

Change the total number of credits required to graduate with the Health Promotion and Fitness Management specialization (in the Health and Exercise Science major) from 121 to 122.

Rationale:

- a. In the spring 2006 semester, two curriculum changes were successfully passed by the University that increased the total semester hours for Field Experience in Health Promotion and Fitness Management (HLTH 37483) from 6 to 9 and removed the 2-credit Introduction to Health and Exercise Science (PHED 35135) course from the list of required courses. At that time, we failed to also submit a minor curricular change proposal to change the total number of semester hours required for graduation from 121 to 122.
- b. This change will not have any additional effect on the program, the students or the department other than increasing the total credits required for graduation by one credit.

Results of Consultation:

None were required for this change.

Health Promotion and Fitness Management Curriculum Content (122 credits)

All candidates must successfully complete the Computer Literacy Exam

General Education

Communications Bank (9 credits)

College Comp I	CMS 01111	3
College Comp II	CMS 01112	3
Public Speaking	CMS 06202	<u>3</u>
		9

Science/Mathematics Bank (7 credits)

Any 4 credit Chemistry or Biology course with lab		4
Elementary Statistics	STAT 02100	<u>3</u>
		7

Social and Behavioral Sciences Bank (6 credits)

Consumer Health Decisions	HLTH37210	3
Interpersonal Speech	CMS06206	<u>3</u>
		6

History/Humanities/Language Bank (6 credits)

Any Lit elective		3
Any M/G elective		<u>3</u>
		6

Fine Arts Bank (3 credits)

Fine Arts Choice		<u>3</u>
		3

General Education Electives		11
Any WI elective (3)		<u>42</u>
		18

Free Electives

TOTAL 60

HES Content

Structure and Funct I	PHED 35241	3
Structure and Funct II	PHED 35242	3
Kinesiology	PHED 35343	3
Exercise Phys w/ Lab	PHED 35345	4
Contemp. Health I	HLTH 37192	3
Contemp. Health II	HLTH 37193	3
Safety, First Aid, Prev	PHED 35235	3
Tech and Assessment	HLTH 35230	3
<u>Basic Nutrition</u>	<u>INAR 35109</u>	<u>3</u>
	Total	28

SUMMARY

General Education:	60
HES Content:	28
HPFM Specialization:	34
TOTAL:	122

Health Promotion and Fitness Management Courses

Foundations of HP/FM	HLTH 37310	3
Health Behavior	HLTH 37350	3
Administration of HP/FM	HLTH 37340	3
Exercise Prescription	PHED 35401	3
Personal Training Lab	PHED 37329	1
Exercise for Spec Pop	PHED 35412	3
Stress Management	HLTH 37170	3
Practicum in HP/FM	HLTH 37430	3
HP/FM Field Exp Internship	HLTH 37483	9
<u>Nutrition for Fitness</u>	<u>INAR 06415</u>	<u>3</u>
	Total	34

OLD Model

Suggested Course Sequence
Health Promotion & Fitness Management Specialization

PLEASE NOTE: Considerable flexibility exists for moving courses between spring and fall semesters, except when a course is only offered in spring or fall (noted in some Specialization Courses). When altering course sequences, give careful consideration to prerequisites.

FIRST SEMESTER		SECOND SEMESTER	
College Comp I	3	College Comp II	3
Chem For Everyday Life	4	H/H/L (Span recommended)	3
Intro to Psych (Soc, Emo, Pers)	3	Math Choice	3
Contemporary Health	3	Fine Arts Choice	3
Intro to H.E.S.	3	Contemporary Health II	3
TOTAL	16	TOTAL	15
THIRD SEMESTER		FOURTH SEMESTER	
S&F Human Body I	3	S&F Human Body II	3
Public Speaking	3	Mass Media And Influence	3
Foundations of HP & FM	3	Interpersonal Speech Comm	3
Fitness & Adventure Act	3	Tech & Assess in H.E.S.	3
H/H/L LIT Choice	3	Safety First Aid & Prevent	3
Consumer Health Decisions	3		
TOTAL	18	TOTAL	15
FIFTH SEMESTER		SIXTH SEMESTER	
Kinesiology	3	Personel Psychology	3
Basic Nutrition	3	Gen Ed Elective	2
Stress Management	3	Administration of HP & FM	3
Health Behavior	3	Exericse Physiology with Lab	4
H/H/L (Span Recommended)	3	Computing Environments	3
TOTAL	15	TOTAL	15
SEVENTH SEMESTER		EIGHTH SEMESTER	
Exercise Prescription	3	Field Experience HP & FM	6
H/H/L Choice (M/G)	3	Industrial/Organizational Psych	3
Practicum HP & FM	3	Specialization Elective	3
Exercise for Special Populations	3		
Elective Weight Training	1		
TOTAL	13	TOTAL	12