

Faculty Senate Curriculum Committee

Approval Form

Proposal Title: Health Education for Elementary School Teachers

Sponsor(s): Dr. Daniel P. Stanley Dept.: Health and Physical  
Mr. James Burd Education

Check one:  Course  Specialization  Concentration  Achievement Certificate  
 Certification Program  Major Program  Minor Change \_\_\_\_\_  
(please name: deletion or credit/title/catalog change)

Undergraduate  Graduate 1 Credit Hours

<p><b>Step 1 (Department)</b></p> <p><input type="checkbox"/> Approved <u>2/4/86</u> Date</p> <p><input type="checkbox"/> Not Approved</p> <p><u>[Signature]</u> Dept. CC Chairperson</p> <p><input checked="" type="checkbox"/> Reviewed <u>4/5/86</u> Date</p> <p><u>[Signature]</u> Chairperson, Dept.</p>	<p><b>Step 2 (Receipt)</b></p> <p>SCC# <u>45 86-81</u></p> <p>Proposal Received <u>4/5/86</u> Date</p> <p><u>[Signature]</u> Chairperson, SCC</p>	<p><b>Step 3 (School CC)</b></p> <p>Reviewed <u>4/7/86</u> Date</p> <p><input checked="" type="checkbox"/> Approved <input type="checkbox"/> Not Approved</p> <p><b>Comments:</b></p> <p><u>[Signature]</u> Chairperson, School Curr. Comm.</p>
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**Step 4 (Academic Dean) Comments:**

Reviewed [Signature]  
Date

\_\_\_\_\_  
Signature, Dean of School

**Step 5 (SCC)**

Open Hearing 5/14/86  Approved by Senate Curriculum Committee 5/14/86  
Date Date

Returned to sponsor(s) for the following reasons:

**Step 6 (Faculty Senate)**

Presented to Faculty Senate : 5/21/86  Approved  Not Approved  
Date

Notification to Vice-President Academic Affairs 5/21/86 [Signature]  
Date Signature, SCC Chairperson

**Step 7 (Vice-President for Academic Affairs)**

Received 5/22/86  
Date

Approved  Yes  No

If no, reasons are as follows:

Student credit hours 1

Faculty load hours 1

Equalized credit hours 1

Official copy and approval sheet filed 9/16/86  
Date

Signature



Vice-President for Academic Affairs

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**Registrar**

Approved course description received \_\_\_\_\_  
Date

Hegis Taxonomy and Course Number assigned \_\_\_\_\_

Signature \_\_\_\_\_  
Registrar

\_\_\_\_\_  
Date

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Notification forwarded: Senate Curriculum Committee Chairperson, Department Chairperson(s), Academic Dean(s), Registrar, Sponsor(s).



State of New Jersey

GLASSBORO STATE COLLEGE  
GLASSBORO, NEW JERSEY 08028

DEPARTMENT OF HEALTH AND PHYSICAL EDUCATION

TO: All College Curriculum Committee

FROM: Dr. Daniel P. Stanley, Chair, Health and Physical Education  
Department

RE: Elementary Education Proposal

DATE: December 3, 1985

Mr. Gene Anderson and I have discussed the ramification of elementary majors reduced course requirements. Our departments (Physical Education and Elementary Education/Early Childhood) are deeply concerned by the reduction of requirements for elementary majors.

Reluctantly, we have agreed upon the following alternative to meet the needs of future teachers that may provide the only source of current accurate health information to thousands of elementary students. The Health and Physical Education Department will develop a new one hour course titled Teaching Health In the Elementary School. This course will be submitted to our department curriculum committee February 86, and hopefully to all college curriculum committee by March 86. If approved through curriculum process, the course will be taught in Spring 1987.

The courses Health For The Young Child and Teaching Health and Physical Education in Elementary School will continue to be three hour courses. One section of each of these courses will continue to be offered annually to meet the needs of those Elementary/Early Childhood majors who are seeking letter of accommodation as part of that special program offered by Elementary Education Department.

The Elementary Education and Physical Education Department will continue to work together to accomplish our mutual goals of providing excellence in teacher education.

DPS:eb



GLASSBORO STATE COLLEGE

Curriculum and Instruction: Elementary/Early Childhood Education Department

Glassboro, New Jersey 08028-1758 (609) 863-6363

MEMORANDUM

TO: Dr. Dan Stanley

FROM: Jean Anderson, Acting Chairperson

DATE: February 25, 1986

SUBJECT: Junior Level Health Course for Elementary/Early Childhood Teachers

I have read the course proposal for Elementary Health for Teaching K-6. In my judgement, the course is appropriate for our majors and should meet their needs in this important area of knowledge. The course seems well thought out and carefully prepared. The heavy emphasis on the concept of wellness seems to be a proper one for this course.

The Elementary/Early Childhood Education Department supports this proposal and recommends approval.

JA/djb



GLASSBORO STATE COLLEGE

School of Professional Studies Glassboro, New Jersey 08028-1760 (609)863-5241

Office of the Dean

M E M O R A N D U M

TO: Dr. Daniel Stanley, Chairperson, Health  
and Physical Education

FROM: Marion R. Rilling, Acting Dean *M.R.*

DATE: January 30, 1986

RE: Course Proposal for: Elementary Health for  
Teaching K-6

I have reviewed the course proposal: Elementary Health for Teaching K-6. I believe it will give Elementary majors the basics for assisting them to become classroom health teachers of elementary school children.

I will be happy to approve the course approval form when it is submitted.

I should note, however, that I had some trouble with the existing title. Is there a typing problem with the sequence of the words?

MRR/kls

Attachment

## COURSE PROPOSAL

### 1. Details

- a. Title - Elementary Health For Teaching K-6
- b. Sponsor - Dr. Daniel P. Stanley, Mr. James Burd  
Health and Physical Education Department
- c. Level - Junior Level - 1 S. H.
- d. Curricular Effect: Requirement for Elementary Majors
- e. Pre-requisite - PE 106 and PE 107
- f. Spring Semester 1987
- g. Present staff, resources and library holdings are adequate

### 2. Rationale:

Elementary majors have traditionally been required to take the course Teaching Health and Physical Education in the Elementary School. Elementary teachers are the prime teachers of health information in most K-6 school settings.

Reluctantly, the Elementary Education Department was forced to reduce their course offering in an effort to conform with new state education requirements. The course Teaching Health and Physical Education was one of the areas that was reduced.

Elementary students are confronted with various health misconceptions and a multiple of risk behaviors that impact on their personal lifestyle. Classroom teachers can positively affect wellness behavioral choices by disseminating sound health programs to their students.

This course will address wellness behaviors. The course will examine health instruction, health services and healthful school environment as well as the classroom teacher's responsibilities in total health home and school programs.

### 3. Essence

- a. Objectives: At the completion of this course, the student will be able to:
  - identify the role of the classroom teacher in total health program.
  - develop attitudes and professional responsibilities appropriate to teaching of health information
  - list scope and sequence of appropriate health units for various grades.
  - list concepts to be taught, methods to be used, and learning experiences involved with health units ranging from personal health to community environmental health.
  - evaluate student's wellness and risk behaviors applicable for various grade levels.
  - conduct sound health lessons as part of total health curriculum K-6

#### 4. Topic Outline/Content

Course is designed as an informational, teaching experience that affords elementary majors an opportunity to gain knowledge, practice teaching skills, and develop plans for health instruction. One course could meet twice a week for one quarter or once a week for a semester.

Topics include, but are not limited to:

Total Health - Home - Community - School

School Health Programs - Instruction - Environment - Services

Classroom Teachers Role - Total Health Programs, Namely Teaching/Learning Process

Health Units: Mental Health, Growth and Development, Nutrition, Family and Social Health, Exercise and Fitness, Stimulants and Depressants, Disease and Disorders, Consumer and Personal Health, Safety and First Aid, and Community Environmental Health.

#### 5. Evaluation and Grading

Participation, Oral Presentations

Written Scope and Sequences

Teaching of Simulated Lesson

Written Examination

#### 6. Course Evaluation

Course success will be assessed through student evaluation forms, information from Elementary Education Department, and ongoing review by health instructors.

#### 7. Consultation

Mr. Gene Anderson - Chair, Elementary Education Department

Dr. Marion Rilling - Acting Dean, Professional Studies

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Elementary students are confronted with various health misconceptions and risk behaviors that impact on their personal lifestyle. Classroom teachers can positively affect student's wellness behavior choices by conducting sound health programs.

Students in this course will examine health instruction, health services and healthful school environment as well as the classroom teacher's responsibilities in total health home and school programs.

### 3. Essence:

- a. Objectives: At the completion of this course, the student will be able to:
  - 1) Identify the roles of classroom teacher in the implementation of a total elementary school health program.
  - 2) Identify instructional methods for developing positive attitudes and beliefs.

- 3) List and describe the scope and sequence of the elementary school health education curriculum.
- 4) Describe and use effective instructional strategies, methods and techniques in conducting health education learning experiences.
- 5) Identify evaluative devices that can be used to determine student knowledge, attitudes and behavior.
- 6) List appropriate materials and resources that can be used to enrich and facilitate sound elementary school health instruction.
- 7) Identify the knowledge<sup>s</sup> necessary to conduct thorough and effective health education at the elementary school level.

4. Topic Outline/Content:

- a. Total Health - Home, community and school  
Definition of Terms - Relationship between these influencing components
- b. School Health Programs - Instruction, environment and services. Nature of The Learning Process, Role of Health Education In Elementary Schools, Hierarchy of Goals Information, Knowledge, Concept, Experience.
- c. Role of the classroom teacher.  
Student Observation, Referrals, Safe Environment, Fire Drills, School Health Policies and Procedures, Counseling, School Resources
- d. Planning the learning experience.  
Needs, Interest, Characteristic of students, Audio-Visual Aids, Field Trips, Community Resources
- e. Elementary school health curriculum.  
Approaches direct, integrated, correlated, incidental, appropriated health units
- f. Conducting the learning experience, instructional strategies, methods and techniques (Exhibits, Experiments, Dramatization)
- g. Evaluation of Health Education. Helpful hints for classroom teachers observation, written or verbal responses, attitudes and behaviors

5. Evaluation and Grading:

- a. Participation

- b. Oral presentations
- c. Written assignments
- d. Teaching mini-lessons
- e. Tests and quizzes
- f. Written examination

6. Course Evaluation:

The course will be assessed through student evaluation forms, ongoing review by health instructors, and the curriculum committees from both the Elementary and Health and Physical Education Departments.

7. Consultation:

Mr. Jean Anderson - Acting Chairman, Elementary Education  
Department  
Dr. Marion Rilling, Acting Dean, Professional Studies

Catalogue Description:

Elementary education majors will be prepared to conduct thorough and effective health instruction in grades K-6. The course will focus on the teacher's role in curriculum, instruction and evaluation as they impact on student health related behavior.