

Faculty Senate Curriculum Committee

APPROVAL FORM

Rev: 5/82

Proposal Title: Individual Sports

Sponsor(s): Mary L. Putman Dept.: Health and Physical Educ.
Curriculum Chairperson

Check one: Course Specialization Concentration Achievement Certificate

Minor Change Major Program
(please name: deletion or credit/title/catalog change)

Certification Program Undergraduate Graduate Credit Hours

Step 1 (Department)

Step 2 (Receipt)

Step 3 (Division CC)

Approved 2/5/84
date

SCC# 83-84-55

Reviewed 2/16/84
date

Not Approved

Proposal Received 2/9/84
date

Approved

Mary L. Putman
Dept. CC/Chairperson

Not Approved

Reviewed 1/1/84
date

Comments:

Shirley A. O'Day
Chairperson, Dept.

Shirley A. O'Day
Chairperson, SCC

Lucas H. Kinross
Chairperson, Div. Curr. Comm.

Step 4 (Academic Dean)

Comments:

Reviewed 2/16/84 is this co-educational?
date

James W. Wene
(Signature, Dean of Division)

Step 5 (SCC)

Open Hearing Date: 3/13/84 - Approved by Senate Curriculum Committee 2/10/84 (date)

Returned to sponsor(s) for the following reasons:

yes - participation in travel conceptually in the course.
Delete 0835.223 Ind. + Dual I
0835.323 Ind. + Dual II

Step 6 (Faculty Senate)

Presented to Faculty Senate (date): 4/13/84

Approved
 Not Approved

Notification to Vice-President Academic Affairs (date): 4/13/84

Signature: SCC Chairperson

Step 7 (Vice-President for Academic Affairs)

Course received 4/25/04 (date)

Course approved Yes No

If no, reasons are as follows:

Student credit hours 1 ⁽¹⁻⁶⁾ ~~UN~~ OR COURSE CAN BE ~~REPEATED~~ ^{TAKEN} 6 TIMES

Faculty load hours 1/3

Equalized credit hours 1/4

Official copy and approval sheet filed 4/1/04 (date)

Signature [Signature]
(Vice-President for Academic Affairs)

Registrar

Approved course description received _____ (date)

Hegis Taxonomy and Course Number assigned _____

Signature _____
(Registrar) _____ (Date)

Notification forwarded: Senate Curriculum Committee Chairperson, Department Chairperson(s), Academic Dean(s), Registrar, Sponsor(s)

1. Details

- a. Course Title: Individual Sports:
(Specific sport - Archery; Badminton; Fitness/Weight Training; Golf; Self Defense; Tennis)
- b. Sponsor: Department of Health and Physical Education
Mary Putman - Curriculum Chairperson
- c. Course level: Freshman to Junior (suggested 200 Hegis Number)
Variable credit - 1-6 SH. offered in 1 SH blocks.
Each student may repeat the course with different activities up to 6 SH.
- d. Curricular effect: Major requirement. Each H.P.E. Major must, with advisement, select at least 5 activities.
- e. Prerequisites; None
- f. Implementation: Offered first in the Fall, 1984 and on a rotating basis of courses as needed thereafter.
- g. Adequacy of resources; No additional staff and resources are necessary. This change is a restructure of current Individual and Dual Sports offerings.

2. Rationale

The present Individual and Dual Sports I and II classes are being restructured due to curricular revision within the Health and Physical Education major teacher certification program. All Individual Sports will be offered on a 1 SH basis. This allows for scheduling flexibility for students and for better use of faculty and facilities.

3. Essence of the Course

- a. Objectives: As a result of taking this course, students will be able to:
 1. demonstrate a level of skill proficiency in the sport/activity that will enable the student to adequately participate.
 2. identify and use acceptable behaviors, rules, strategies, and etiquettes appropriate to the purpose of the sport/activity.
 3. apply knowledges of basic movement, physical laws, biological structures, developmental characteristics of children and learning processes in order to develop skill progressions and analyze skill performance.
 4. make modifications and adaptations (i.e. lead-up activities, modified games) of skills, equipment, game strategies and rules based upon the age, skill level and physical characteristics of possible participants.

5. acquire skill in teaching techniques, management and organizational behaviors, and safety procedures appropriate to the sport/activity.
6. use teaching strategies appropriate to the sport/activity.

b. Topical Outline:

(Instructors will cover the following topics as they relate to each specific sport/activity)

1. Skill Proficiency
2. (sport activity) Behaviors
 - a.) Rules
 - b.) Strategies
 - c.) Etiquette
3. Scientific Principles of (sport/activity)
 - a.) Physical applications
 - b.) Biological/anatomical structure
 - c.) Developmental Stages (physical and psychological)
 - d.) Learning Principles
 - e.) Observation/Analyzation Skills
4. (Sport/Activity) Modifications for Individual Differences
 - a.) Age
 - b.) Skill Levels
 - c.) Special populations
5. Teaching Procedures and Techniques
 - a.) Teaching strategies
 - b.) Management/organizational behaviors
 - c.) Safety Procedures
6. Teaching
 - a.) Mini Teaching
 - b.) Micro Teaching
 - c.) Video Teaching experiences
 - d.) Coaching related experiences

c. Evaluation

1. Students
 - a.) Skill Evaluation
 1. objective tests
 2. subjective evaluation
 - b.) Knowledge Tests

- c.) Individual Projects and Assignments
 - 1. Research papers
 - 2. resource units
 - 3. activity projects
 - 4. written assignments
 - d.) Participation in Class Activities
 - e.) Teaching Evaluation
2. Course Evaluation:
- a.) Student Evaluations
 - b.) Colleague Evaluations: College and Public School
 - c.) Evaluation by H.P.E. Department Curriculum Committee
3. Results of consultation
- The Department of Health and Physical Education favors these curricular changes.
4. Additional comments (none)

Catalogue Description

Individual Sports: Archery, Badminton, Fitness/Weight Training,
Golf, Self Defense, Tennis.

(Variable credit course, one to six hours, one credit for each activity offering)

This course is designed to prepare majors in health and physical education to teach various individual activities as well as to determine the values of individual activities in a well balanced physical education program. Students will develop fundamental skill proficiencies, and knowledge of rules, strategies, teaching methods and skill analysis in the respective sport. Health and physical education majors must select, with advisement, at least five of the individual sports.