

ROWAN UNIVERSITY CURRICULUM PROPOSAL

PROPOSAL TITLE: K-12 Physical Education Curriculum and Instruction (1)

CHECK APPROPRIATE: UNDERGRADUATE GRADUATE SEMESTER HOURS

SPONSOR(S): James J. Burd

DEPARTMENT/TELEPHONE # Health and Exercise Science / 4785

CHECK ONE: COURSE MINOR PROGRAM CONCENTRATION SPECIALIZATION

ACHIEVEMENT CERTIFICATE CERTIFICATION PROGRAM MAJOR PROGRAM

<p>Step #1 (Department)</p> <p><input checked="" type="checkbox"/> Approved (Date) 10/23/97</p> <p><input type="checkbox"/> Not Approved (Date)</p> <p><u>R. Fopanos</u> Dept. Curriculum Chr.</p> <p><u>10/23/97</u> Reviewed (Date)</p> <p><u>James Burd</u> Dept. Chr.</p>	<p>Step #2 (Receipt)</p> <p>SCC# 97-98-139</p> <p><u>10-24-97</u> Date Received Senate</p> <p><u>R. Reeves</u> Senate Curriculum Chr.</p>	<p>Step #3 (School)</p> <p>Reviewed Date: <u>11/3/97</u></p> <p><input checked="" type="checkbox"/> Recommend to Approved</p> <p><input type="checkbox"/> Recommend NOT to Approve</p> <p>Forward for Open Hearing:</p> <p><input checked="" type="checkbox"/> WITHOUT Reservations</p> <p><input type="checkbox"/> WITH Reservations:</p> <p>Comments:</p> <p><u>J. Marcus</u> School Committee Chr.</p>
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Step #4 (Academic Dean): Recommended NOT Recommended Conditionally Recommended (See Comments)

Comments:

Dean Signature/Date [Signature] 3/1/98

Step #5 (Senate Curriculum Committee): Open Hearing Date: 3/23/98 Approved by Curriculum Committee Date: 3/23/98

Returned to Sponsor(s) for the following reason:

Step #6 (Senate) Date announced/voted on at Senate: 4/28 If voted on: Approved NOT Approved

Date forwarded to Executive Vice President/Provost _____

Senate Curriculum Committee chair Signature/Date: R. Reeves 5/8/98

Step #7 (Executive Vice President/Provost): Date Received _____

Approved

NOT Approved If no, reasons are as follows:

Student Credit Hours _____

Faculty Load Hours _____

Equalized Credit Hours _____

Official Copy & Approval Sheet Filed (Date) 5/26/98

Executive Vice President/Provost Signature C. M. Stewart

Registrar

Date Approved Course Description Received _____

Hegis Taxonomy and Course Number Assigned _____

Date/Signature of Registrar 5/26/98

Notification Forward:

_____ Senate Curriculum Committee Chairperson

_____ Department Chairpersons

_____ Academic Dean(s)

_____ Registrar

_____ Sponsor(s)

COURSE PROPOSAL

1. Details:
 - a. Course Title: K-12 Physical Education Curriculum and Instruction
 - b. Sponsor: James J. Burd
 - c. Credit Hours: (3)
 - d. Course Level: undergraduate (sophomore)
 - e. Prerequisites: none
 - f. Implementation: September 1998. This course will be phased in initially with one section being offered each semester.
 - g. Curricular Effect: Major requirement for the Teacher Certification Specialization. With the implementation of the of the block of new and revised courses a number of courses presently taught will be gradually phased out. These courses include Gymnastics, Organization and Administration Elementary and Secondary Curriculum and Instruction and others.
 - h. Adequacies: Present full time staff is adequate. No additional resources or finances are required.
 - i. Library Resources: It is recommended that the following textbooks be added to compliment the current holdings.

Ken Lumsden & Sally Jones
Ready To Use Secondary P.E. Activities Program
Parker ISBN 0-13-470007-4

Robert Pangrazi & Paul Darst
Dynamic Physical Education For Secondary Students
Allyn and Bacon ISBN 0-205-26265-1

Don Seaton, Neil Schmottlach, Jerre McManama, Irene Clayton
Howard Leibee & Lloyd Messersmith
Physical Education Handbook
Prentice Hall ISBN 0-13-663097-9

Deborah Wuest & Bennett Lombardo
Curriculum and Instruction The Secondary School Physical Education Experience
Education Experience
Mosby ISBN 0-8016-5729-6

2. **Rationale:** K-12 Physical Education Curriculum and Instruction is a required course designed to help prepare students to be successful teachers of physical education in the school setting. This course is a combination of Elementary School Physical Education Curriculum and Instruction and Secondary School Physical Education Curriculum and Instruction which are presently required courses. By combining these two 2 credit courses we will save one credit hour and gain consistency and continuity in teaching concepts such as writing objectives, unit plans and lesson plans. This important course will be rigorous, focusing on the intricacies of curriculum development, planning, methodology, classroom management and evaluation. Instruction will reflect both technology infusion and the State of New Jersey Core Content Standards.

3. **Essence of the Course:**

- a. **Objectives:** By the completion of this course the students will:
1. Write a paragraph describing how one's philosophy determine curriculum selection and teaching behavior.
 2. Design a persuasive rational for required K-12 Physical Education.
 3. Demonstrate an aptitude to write well stated goals and general objectives in the various curricular areas and at different grade levels.
 4. Write well stated behavioral objectives in the cognitive, affective and psychomotor domains.
 5. Describe the K-12 physical education curriculum in terms of scope sequence and depth.
 6. Demonstrate knowledge of appropriate curriculum by developing a functional K-12 scope and sequence chart.
 7. Design suitable learning experiences in the form of practical unit and lesson plans.
 8. Demonstrate mastery of terminology that is unique to teaching physical education in the schools.
 9. Analyze various forms of teaching behavior that will exert a positive effect on children and create a wholesome learning environment.

10. Develop a list of successful methodologies that are appropriate for use in school physical education programs.
11. Link principles of learning to teaching physical education in schools.
12. Show how technology can be effectively used in the physical education classroom and gymnasium.
13. Describe the functions of evaluation in teaching K-12 physical education.
14. Demonstrate the relationship between planning and meeting student objectives through the development of appropriate learning experiences.
15. Develop a efficacious curricular model that will support the realization of the State Core Content Standards at the elementary, junior and high school levels.
16. Explore means of engaging different cultures in physical education classes.
17. Examine successful teaching of special populations in physical education.
18. Discuss concepts of negligence and other legal terminology as it applies to teaching physical education.

b. Topical Outline

I. Introduction

- A. Orientation and class organization
- B. History, philosophy and foundations of physical education
- C. Needs interests and characteristics of the K-12 child

II. Planning

- A. General objectives of education
- B. Rational, Aims Goals objectives of K-12 physical education
- C. Developing long range, specific and behavioral objectives
- D. Planning the learning experience
- E. Strategies for maintaining a positive learning environment.

III. Curriculum

- A. Selecting a curriculum model and supporting rationale
- B. K-12 curricular scope, sequence and depth
- C. Elementary school curriculum
- D. Middle school curriculum
- E. High school curriculum
- F. Fundamental movement through advanced skills and techniques

- G. Cognitive development (anatomy, physiology, biomechanics fitness and wellness, myths, equipment, skills strategies etc.)
- H. Adventure, cooperative and action education
- I. Place of games, sports dance and other activities

IV. The Learning Experience

- A. Teacher behavior
- B. Teaching Strategies, methods and techniques
- C. Command to discovery
- D. Concrete vs. abstract learning
- E. Classroom management
- F. Infusing technology into the learning experience
- G. Characteristics of the effective teacher
- H. Integrating subject matter

V. Evaluation

- A. Accessing entry skills
- B. Evaluation of knowledge, skill interest and attitudes
- C. Outcome analysis
- D. Evaluations of lessons, unit plans and yearly plans
- E. Self evaluation

c. Instructional Techniques

- A. Lecture
- B. Discussion
- C. Demonstration
- D. Exploration
- E. Guided practice
- F. Question and answer
- G. Reciprocal instruction
- H. Audiovisual aids
- I. Presentation
- J. Projects

d. Evaluation and Grading Procedures

- A. Participation
- B. Written examinations
- C. Written assignments
- D. Class presentations

e. Course Evaluation

- A. Student evaluations
- B. Peer observations
- C. Review by department curriculum committee

K-12 Physical Education Curriculum & Instruction
0837.???
3 Semester Hours

Catalogue Description:

This course is a critical junior level course designed to help prepare Health and Exercise Science majors to become successful physical education teachers in schools. Students will develop expertise in curriculum construction, planning, instruction and evaluation for implementation at the elementary, middle and high school levels.