

Faculty Senate Curriculum Committee

Approval Form

Proposal Title: Principles of Coaching

Sponsor(s): Carolyn Addison Dept.: Health and Physical Education
Pearl Kowalski

Graduate Committee

Check one: [X] Course [] Specialization [] Concentration [] Achievement Certificate

[] Certification Program [] Major Program [] Minor Change (please name: deletion or credit/title/catalog change)

[] Undergraduate [X] Graduate 3 Credit Hours

Step 1 (Department) Step 2 (Receipt) Step 3 (School CC)
[] Approved 11/24/85 Date SCC# 85-86-57 Reviewed
[] Not Approved Proposal Received 12/13/85 Date
[] Reviewed 12/12/85 Date
Dept. Chairperson Chairperson, SCC Chairperson, School Curr. Comm.

Step 4 (Academic Dean) Comments:
Reviewed 1/2/86 Date Signature, Dean of School

Step 5 (SCC)
Open Hearing 3/4/86 Date [X] Approved by Senate Curriculum Committee 3/4/86 Date
[] Returned to sponsor(s) for the following reasons:

Step 6 (Faculty Senate)
Presented to Faculty Senate: 4/16/86 Date [X] Approved [] Not Approved
Notification to Vice-President Academic Affairs 4/16/86 Date Signature, SCC Chairperson

Step 7 (Vice-President for Academic Affairs)

Received 3/17/06
Date

Approved Yes No

If no, reasons are as follows:

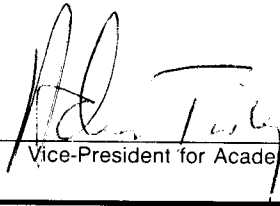
Student credit hours 3

Faculty load hours 3

Equalized credit hours 3

Official copy and approval sheet filed 5-1-06
Date

Signature


Vice-President for Academic Affairs

Registrar

Approved course description received 3/17/06
Date

Hegis Taxonomy and Course Number assigned _____

Signature _____
Registrar

Date

Notification forwarded: Senate Curriculum Committee Chairperson, Department Chairperson(s), Academic Dean(s), Registrar, Sponsor(s).

COURSE PROPOSAL
GLASSBORO STATE COLLEGE
GLASSBORO, NEW JERSEY 08028

I. Details

- A. Title: Principles of Coaching
- B. Sponsors: Pearl Kowalski, Carolyn Addison, Edward Chaloupka and the Health and Physical Education Graduate Committee
- C. Level: Graduate - 3 semester hours
- D. Curricular Effect: Requirement for persons enrolled in the Coaching Achievement Certificate. This course will be one of several required for this specialized track. In addition, it will be offered as an elective course in the Master of Arts Degree in Health and Physical Education.
- E. Pre-requisites: None
- F. Time/Scale: Proposed Coaching Achievement Certificate to be offered starting Fall of 1986. This is offered in conjunction with recommendations/requirements of coaches through the Regional Superintendent of School Office.
- G. There are currently six faculty members who have the background and experience to teach this course as well as meet the requirements of Glassboro State College for graduate faculty.

II. Rationale

The New Jersey Department of Education, the New Jersey Association of Interscholastic Athletics, and the Regional Superintendents have recommended that public school coaches receive additional course work pertaining to this aspect of extra-curricular programs. This course, combined with other graduate level work in our department, can provide a specialization track for persons pursuing this coaching goal. The course is designed for leaders of sport in educational systems. Its purpose is to examine relationships between institutional organizations, sport, student growth and community expectations. Management behaviors and administrative practices connected to both sport and education are studied.

III. Essence of the Course

- A. Outcomes: Students who complete this course will be able to:
 - 1. identify cultural and educational influences upon sport and its management in the public schools of New Jersey.

*See proposed coaching Achievement Certificate Proposal

2. design content and specify management behaviors which are consistent with researched scientific principles of learning and coaching.
3. observe, describe and evaluate sport leadership responsibilities to players, parents, institutional administrators and other coaches within guidelines established by the class.
4. apply and refine group motivational skills for effective sport performance in a selected team sport and also a selected individual sport.
5. describe the current and historical (past 100 years) role of athletics in the educational systems of the U. S. A.

B. Topical Outline

1. Philosophical Aspects of Coaching
 - a. scope of athletic coaching in U. S. A.
 - b. trends in coaching
 - c. development of a personal coaching philosophy
2. Responsibilities of Coaching
 - a. coach and player(s)
 - b. coach and educational administration
 - c. coach and governing agencies and organizations
 - d. coach and parents
 - e. coach and assistant coaches
 - f. coach and community
3. Motor Learning Applied to Coaching Techniques
 - a. principles of motor learning for skilled athletes
 - b. conditions for learning refined sport skills
 - c. individual differences - learning plateaus
 - d. group processes - sport skill achievement
4. Conditioning and Training for the Athlete
 - a. reasons for and practices in skill training and conditioning
 - b. arranging training programs
 - c. physiological benefits of physical training
5. Organization and Administration of Coaching
 - a. seasonal organization procedures of coaching
 - b. weekly and daily practice schedules
 - c. game conduct of coaches
 - d. stabilizing influence for coaches and players

C. Evaluations

1. Students will be graded using an A - F system based upon written assignments, written tests, classroom activities and other assignments.
2. Course evaluation will be conducted by the feedback from comprehensive examination responses, student enrollment and evaluations submitted by those who complete the course. In addition, the course will be continuously reviewed by the Department of Health and Physical Education Graduate Committee.

VI. Results of Consultations

The Health and Physical Education Department Curriculum Committee and Graduate Committee have reviewed and approved this proposal.

V. Catalogue Description: Principles of Coaching

The course is designed for coaches of sport in educational systems. Its purpose is to examine relationships between institutional organizations, sport, student growth and community expectations. Management behaviors and administrative practices connected to both sport and education are studied. Practical application of group dynamics and public media involvement are skills experienced in this course.