

This model is in effect for all students entering the program after 9/1/2008

Name: _____

**PROGRAM GUIDE
BACHELOR OF SCIENCE, ATHLETIC TRAINING**

- ◆ All students are required to take a minimum combined total of 42 semester hours of General Education and Rowan Experience courses. *(Italics indicate prerequisites)*

GENERAL EDUCATION REQUIREMENTS (choice from Approved Gen Ed Guide)				44 S.H.
Transfer	Rowan	Course #	COMMUNICATIONS BANK <i>minimum 6 s.h.</i>	9 S.H.
		COMP01.111	College Composition I (3 s.h.) or	3-4 s.h.
		COMP01.105	Integrated College Composition I (4 s.h.)	
		COMP01.112	College Composition II (<i>College Composition I</i>)	3 s.h.
		Course #	SCIENCE/MATHEMATICS BANK <i>minimum 7 s.h.</i>	14 S.H.
			Math/Science (choice from Approved General Education Courses)	3
			Lab Science (choice from Approved General Education Courses)	4
		Course #	SOCIAL & BEHAVIORAL SCIENCES BANK <i>minimum 6 s.h.</i>	6 S.H.
		Course #	HISTORY/HUMANITIES/LANGUAGE BANK <i>minimum 6 s.h.</i>	6 S.H.
		Course #	NON-PROGRAM COURSES <i>minimum 6 s.h.</i>	6 S.H.

ROWAN EXPERIENCE REQUIREMENTS (choose from Approved RE Guide)				
(Can be taken as a Gen Ed OR within the major requirements.)				
Transfer	Rowan	Course #		
		CMS 04205	Public Speaking (<i>College Composition I and II</i>)	3 s.h.
			Artistic/Creative Experience (ACE)	3 s.h.
CHECK TO BE SURE THE FOLLOWING REQUIREMENTS ARE COMPLETED				
			Broad Based Literature Course (LIT)	s.h.
			Writing Intensive Course (WI)	
			Multicultural/Global Course (M/G)	
			Lab Science Course (LAB)	
			Computer Competency Exam or Computer Literacy Course	
			Rowan Seminar (RS) – <i>Freshmen Only</i>	

NOTE: *M/G, LIT, ACE, WI and RS courses, if taken within the major program of study, CAN NOT COUNT towards the minimum total of Gen Ed 42 credits.*

Candidates cannot apply for graduation for the BA in Health & Exercise Science with Specialization in Health Promotion & Fitness Management without successfully completing all of the requirements needed for the BA

To declare this major go to the CAP Center in Savitz Hall.

Students should consult with their program advisor for suggested General Education and Rowan Experience courses.

BACHELOR OF SCIENCE in ATHLETIC TRAINING Student Name _____

Course #	COURSE NAME	S.H.	PREREQUISITES
Core Requirements			
HLTH 37192	Contemporary Health I	3	
HLTH 37193	Contemporary Health II	3	
PHED 35241	Anatomy & Physiology I (4 credits)	4	
PHED 35242	Anatomy & Physiology II (4 credits)	4	
PHED 35347	Applied Biomechanics	3	
PHED 35116	Safety, First Aid and Basic Understanding of Athletic Injuries	3	
PHED 35 272	Technology & Assessment HES	3	<i>Computer Lit or its equivalent or computer competency test</i>
PHED 35105	Introduction to Athletic Training	2	
PHED 35218	Prevention & Care of Orthopedic Injury	3	
PHED 35219	Pathology & Evaluation of Orthopedic Injury I	3	
PHED 35238	Pathology & Evaluation of Orthopedic Injuries I -- Lab	2	
PHED 35220	Pathology & Evaluation of Orthopedic Injury II	3	
PHED 35239	Pathology & Evaluation of Orthopedic Injury II -- Lab	2	
INAR 06415	Nutrition For Fitness	3	<i>INAR 06200 Basic Nutrition</i>
INAR 06200	Basic Nutrition	3	
PHED 35334	Advanced Emergency Care	3	
PHED 35345	Exercise Physiology with Lab	4	<i>A&P I&II</i>
PHED 35475	Therapeutic Modalities	3	<i>Path & Eval II, Path & Eval II Lab and acceptance into professional Phase of Athletic Training Ed Program</i>
PHED 35447	Therapeutic Modalities – Lab	2	
PHED 35478	Therapeutic Exercise	3	<i>Therapeutic Modalities in Athl. Training (PHED 35475) and Therapeutic Modalities in Athl. Trng Lab (PHED 35477) and Acceptance into Prof. Phase of Athl Trng Ed Program</i>
PHED 35476	Therapeutic Exercise – Lab	2	
PHED 35401	Exercise Prescription	3	<i>PHED 35345</i>
PHED 35338	Clinical Experience Athletic Training I	3	
PHED 35339	Clinical Experience Athletic Training II	3	
PHED 35340	Clinical Experience Athletic Training III	3	
PHED 35341	Clinical Experience Athletic Training IV	3	
PHED 35358	Residency in Athletic Training I	1	
PHED 35359	Residency in Athletic Training II	1	
PHED 35360	Residency in Athletic Training III	1	
PHED 35361	Residency in Athletic Training IV	1	
PHED 35479	General Medicine/Pharmacology	3	
PHED 35405	Organization & Administration of Athletic Training	3	
PHED 35430	Senior Seminar in Athletic Training	1	
PHED 35477	Psychosocial Aspects of Physical Activity	3	

Foundation and Other Requirements (can be used as General Education and/or Rowan Experience)			.
COMP 01111	College Composition I (Communication Bank)	3	
COMP 01112	College Composition II (Communication Bank)	3	
CMS 04205	Public Speaking++ (Communication Bank)	3	
STAT 02100	Elementary Statistics I	3	
PSY 01107	Essential Psychology	3	
PSY 09210	Adolescent Development	3	
	Lab Science (Physics)	4	
	Lab Science (General Bio Human Focus)** (M/S Bank)++	4	
	HHL Literature (any Gen Ed W/I)	3	
	HHL (M/G)	3	
	Artistic and Creative Experience Elective (Elements of Dance Gen Ed)++(ACE Bank)	3	

Total Credits in Program..... 125 S.H.

BACHELOR OF SCIENCE in ATHLETIC TRAINING

I. Benchmark Point 1: Admission To Pre-Professional Phase of the Athletic Training Program:

Candidates are eligible for the Athletic Training program when they have achieved the following:

- A. Meet with Program Director to complete Application
- B. Completion of all Basic Skills requirements
- C. Completion, with grades of C- or better, of the following courses: *College Composition I, College Composition II, Public Speaking, and Elementary Statistics I; Biology Human Focus or Essential or Psychology*
- D. Completion, with grades of C or better, of the following courses: *Contemporary Health I/II; Intro to Athletic Training; Anatomy/Physiology I/II with labs; Prevention & Care of Orthopedic Injury; Path & Eval of Ortho Injury I & II with labs; Advance Emergency Care*
- E. Approved Ratings on all Dispositional Reports from Application Committee review
- F. Qualifying GPAs: Overall GPA of 2.5; Major GPA of 3.0
- G. No "D" grades or lower or "Incomplete" grades (Inc) for any general education, core or major courses required for the BS in Athletic Training

II. Benchmark Point 2: Admission to Professional Phase of the Athletic Training Program

Candidates are eligible for enrollment in the Professional Semester when the following are completed:

- A. Successful completion of Section I as listed above
- B. Meeting with Program Advisor to receive Application to the Professional Phase of the Athletic Training Program
- C. Successfully pass the Sophomore Proficiency Practical Exam with a 75% or better
- D. Successfully pass the Sophomore Written Exam with a 75% or better
- E. Successfully pass the Sophomore Interview with a 70% or better
- F. Overall GPA = 3.0 on all clinical observation evaluations
- G. Current CPR and First Aid certifications
- H. Qualifying GPAs: Overall GPA of 2.5; Major GPA 3.0 in all Pre-professional courses (Intro to Athletic Training, Prevention & Care of Orthopedic Injuries, Path/Eval I&II with labs, Advanced Emergency Care, Contemp Health I or II, Anatomy & Physiology I & II with labs, Biology of Human Focus or Essentials of Psychology)
- I. Meet with Program Director following acceptance into Professional Phase of Athletic Training Program
- J. No "D" grades or lower or "Incomplete" grades (Inc) for any general education, core or pre-professional courses required for the BS in Athletic Training.

III. Benchmark Point 3: Program Completion and Recommendation for Graduation

- A. Successful completion of Sections I & II as listed above
- B. Successful completion of Clinical Techniques in Athletic Training I – IV and Residency in Athletic Training I-IV
- C. Successful Completion of all Professional Phase Coursework (Therapeutic Modalities with lab, Ther Ex with lab, Gen Med & Pharm, Org & Admin, Senior Seminar, Clinical Techniques in Athletic Training I – IV and Residency in Athletic Training I-IV, Nutrition for Fitness, Psychsoc Aspects of Physical Activity, Kinesiology, Exercise Phys with lab, Basic Nutrition, Ex Prescrip, Tech & Assess)
- D. Successful Completion of Senior Exit Exams (written and practical) with 75% or better
- E. Meeting with Program Director to complete Graduation Application
- F. Application Confirmed for Board of Certification, Inc Exam
- G. No "D" grades or lower or "Incomplete" grades (Inc) for any general education, core or specialization courses required for the BA in Health & Exercise Science
- H. Qualifying GPAs: Overall GPA of 2.5; Major GPA of 3.0

IV. Application for Graduation

Candidates can apply for **graduation** with a BS in Athletic Training **after successfully completing all of the requirements needed for the BS in the major.**

I have thoroughly read the entire program packet and agree to its terms and conditions.

Signature: _____ **Advisor:** _____ **Date** _____

Candidate's Name _____ **Date** _____ **Revised 2/8/08**

BACHELOR OF SCIENCE in ATHLETIC TRAINING

COLLEGE OF EDUCATION POLICIES

1. Only matriculated Health & Exercise Science majors may enroll in core or major courses required for the BS in Athletic Training
2. No waivers are given for any required core or major course
3. No Pass/No Credit grades will not be accepted for any course in the Core & Major.
4. “D” grades or lower, or Incomplete grades (Inc) are not acceptable for any general education, core or major courses required for the BA
5. An overall Grade Point Average (GPA) of 2.5, and a 3.0 GPA in all BS in Athletic Training courses, (see front page for further details).
6. General Education, Core and Major courses required for the BS may only be attempted twice.
7. **Professional Phase Application Process – See University Catalog or The Athletic Training Website for Details**

All Requirements listed under Section I and II on the first page of this program guide must be completed before you are eligible to take: and Professional Phase course.

Please see the Program Director for additional information.

8. **GRADUATION** - see dates listed on the cover page of the schedule of courses’ booklet for the semester before taking your Senior Seminar and Clinical Experience IV. The graduation form can be obtained through the Registrar’s Office or you’re Academic Advisor’s Office. **IT IS IMPORTANT THAT THIS FORM BE RETURNED TO THE REGISTRAR’S OFFICE BY THE PRINTED DEADLINE DATE.** Stop by the Dean of Students’ Office (2nd Floor-Savitz Hall) for the University Policy regarding who can participate in the Commencement Ceremonies the semester prior to your official graduation date.
9. **OTHER HES SPECIALIZATIONS** - contact one of the following individuals:
Health Promotion & Fitness Management: Dr. Leslie Spencer Coordinator – spencerl@rowan.edu
Teacher Certification HPE: Dr. Richard Fopeano Chairperson – fopeano@rowan.edu
Academic Coordinator HES: Mr. Melvin Pinckney – pinckney@rowan.edu

BACHELOR OF SCIENCE in ATHLETIC TRAINING

STUDENT RESPONSIBILITIES

(See University Undergraduate Catalog (www.rowan.edu/catalog))

“...It is the responsibility of the student to become knowledgeable of, and to observe, all University policies, regulations and procedures. The University is under no obligation to waive a requirement or grant an exception because a student pleads ignorance of a policy, regulation or requirement or because a student asserts that he/she has not been informed of such policy, regulation or requirement.

It is the student’s responsibility to become familiar with, and to remain informed about, all academic, administrative, financial or other policies, regulations or requirements concerning admission, registration, payment of tuition or fees, continued enrollment, grades and satisfactory program progress, graduation requirements or any other matter which affects the student.

All matriculated students at Rowan University must complete the following All-University requirements: (1) a Writing Intensive (**WI**) course, (2) a Multicultural/Global Studies (**M/G**) course, (3) a 4 SH laboratory science course, (4) a mathematics course, (5) a literature course [these courses may be general education, or education courses], and (6) successful completion of either the approved **Computer Competency Exam** or the 3 SH Computer Literacy course [failing the Exam twice will result in the student having to take Computer Literacy considered a Basic Skills course for Rowan University]. Information on the Computer Competency Exam can be obtained by contacting the Academic Success Center (3rd Floor-Savitz Hall). **Please work closely with your advisor to make sure that these requirements are satisfied. Your graduation and/or certification approval may be withheld if these requirements are not met.**

ADVISEMENT INFORMATION

Because the time period for registration is limited, you are encouraged to make an appointment for advisement in advance of obtaining the schedule of courses’ booklet, available shortly before Early Registration begins.

Be reasonable in your demands on your advisors' time and resources: (1) Make an appointment to see your advisor, do not just “show up” expecting your advisor to be ready and willing to meet with you; (2) see your advisor well ahead of deadlines: if you wait until the last minute you will not get the attention you are seeking; and (3) be sure to ask for clarification on any and all issues: it is better to receive correct information than to accept rumors.

Current Athletic Training Education Curriculum
ROWAN UNIVERSITY
DEPARTMENT OF HEALTH AND EXERCISE SCIENCE
COLLEGE OF EDUCATION – ATHLETIC TRAINING (125 credits)

NAME: _____ Student ID # _____
 PROGRAM DIRECTOR/ACADEMIC ADVISOR: DR. ROBERT STERNER Date: _____

OVERALL GPA = 2.5 OR BETTER; ATHLETIC TRAINING PREMAJOR & MAJOR CORE = 3.0 OR BETTER; NO GRADE LOWER THAN “C” IN PRE-MAJOR OR MAJOR COURSES; NO GRADE LOWER THAN “C-” IN ANY OTHER COURSE; COMPLETION OF PRE-REQUISITE COURSE WORK; MAJOR SELECTION CRITERIA: WRITTEN APPLICATION; PROFICIENCY EXAM; INTERVIEW AND CLINICAL OBSERVATION GRADE GPA.

FRESHMAN YEAR (Pre-professional Phase)

FIRST SEMESTER	SH GR SEM/YR	SECOND SEMESTER	SH GR SEM/YR
College Comp I _____	GEC 3 _____	College Comp II _____	GEC 3 _____
Anatomy & Physiology I _____	GESM 4 _____	Anatomy & Physiology II _____	GESM 4 _____
Gen Bio Human Focus _____	GEEL 4 _____	Contemporary Health I _____	HES 3 _____
Safety, First Aid/Basic _____	HES 3 _____	Prevention & Care of Ortho Injury _____	PMAJ 3 _____
Intro to Athletic Training _____	PMAJ 2 _____	Essentials of Psychology _____	GESB 3 _____
	16		_16_

SOPHOMORE YEAR

FIRST SEMESTER	SH GR SEM/YR	SECOND SEMESTER	SH GR SEM/YR
Path & Eval of Ortho Inj. I _____	PMAJ 3 _____	Path & Eval of Ortho Inj. II _____	PMAJ 3 _____
Path & Eval of Ortho Inj I Lab _____	PMAJ 2 _____	Path & Eval of Ortho Inj II Lab _____	PMAJ 2 _____
Elementary Statistics _____	GESMB 3 _____	Advanced Emergency Care _____	SPEC 3 _____
Physics _____	GEEL 4 _____	Contemporary Health II _____	HESC 3 _____
Public Speaking _____	GECB 3 _____	Exercise Physiology with Lab _____	HESC 4 _____
	15		_15_

+Application process to Professional Phase – See University Catalog or Athletic Training Website for details!

JUNIOR YEAR(Professional Phase)

FIRST SEMESTER	SH GR SEM/YR	SECOND SEMESTER	SH GR SEM/YR
Therapeutic Modalities Athl Trg _____	MAJ 3 _____	Therapeutic Exercise Athl Trg _____	MAJ 3 _____
Ther Mod in Athl Trg – Lab _____	MAJ 2 _____	Ther Ex in Athl Trg _____	MAJ 2 _____
Clinical Experience in Athl Trg I _____	MAJ 3 _____	Clinical Experience in Ath Trg II _____	MAJ 3 _____
Residency in AT I _____	MAJ 1 _____	Residency in AT II _____	MAJ 1 _____
Exercise Prescription _____	MAJ 3 _____	Basic Nutrition _____	HES 3 _____
Teach & Assess in HES _____	HES 3 _____	Applied Biomechanics _____	HES 3 _____
	15		_15_

SENIOR YEAR

FIRST SEMESTER	SH GR SEM/YR	SECOND SEMESTER	SH GR SEM/YR
Organ. & Admin of Ath Trg _____	MAJ 3 _____	Fine Arts Choice _____	GEFA 3 _____
Clinical Experience in Athl Trg III _____	MAJ 3 _____	Clinical Experience in Ath Trg IV _____	MAJ 3 _____
Residency in AT III _____	MAJ 1 _____	Residency in AT IV _____	MAJ 1 _____
H/H/L Lit Choice (M/G) _____	GEHHL 3 _____	Senior Seminar in Ath Trg _____	MAJ 1 _____
Adolescent Dev _____	GESB 3 _____	Nutrition for Fitness _____	MAJ 3 _____
General Med/Pharm _____	MAJ 3 _____	H/H/L Choice(WI/MG) _____	GEHHL3 _____
Psychosocial Aspects of PA _____	MAJ 3 _____		_17_
	16		

*It is required that Computer Literacy or the Competency test be completed within the first three semesters at Rowan. Official application process occurs during the Spring Semester of each year based on meeting prerequisite requirements!

PMAJ = Pre-major Athletic Training (Completed prior to application procedures)

MAJ = Athletic Training Major GESM = General Education Science & Math

HES = Health & Exercise Science Core GEEL = General Education Elective (Course must be taken)

GEHHL = General Education History, Humanities GEFA = General Education Fine Arts

Language Bank only GESB = General Education Social & Behavioral Sciences

FE = Free Elective