

**BACHELOR OF ARTS, HEALTH AND PHYSICAL EDUCATION- Teacher Certification**  
**GENERAL EDUCATION REQUIREMENTS**

60- 61 S.H.

*(Parentheses indicate prerequisites)*

**CHECK TO BE SURE THE FOLLOWING REQUIREMENTS ARE COMPLETED:**

- |   |   |
|---|---|
| <input type="checkbox"/> Writing Intensive Course (WI)<br><input type="checkbox"/> Multicultural/Global Course (M/G)<br><input type="checkbox"/> Lab Science Course (LAB) | <input type="checkbox"/> Broad Based Literature Course (LIT)<br><input type="checkbox"/> Computer Competency Exam or Computer Literacy Course<br><input type="checkbox"/> Rowan Seminar (RS) – <i>Freshmen Only</i> |
|---|---|

Transfer	Rowan	Rowan #	COMMUNICATIONS BANK	9S.H.
		COMP 01111	College Composition I (3 s.h.) or	3-4 s.h.
		COMP 01105	Integrated College Composition I (4 s.h.)	
		COMP 01112	College Composition II (College Composition I)	3 s.h.
		CMS 06202	Public Speaking (College Composition II)	3 s.h.
Transfer	Rowan	Rowan #	SCIENCE/MATHEMATICS BANK	10 S.H.
		STAT 02100	Elementary Stats	3 s.h.
			Lab Science	4 s.h.
		INAR 06200	Basic Nutrition	3 s.h.
Transfer	Rowan	Rowan #	SOCIAL & BEHAVIORAL SCIENCES BANK	12 S.H.
		PSY 01100	Intro to Psych.(P/E/S)	3 s.h.
		HLTH 37210	Consumer Health Decisions	3 s.h.
		SOC 08120	Intro to Sociology	3 s.h.
		PSY 09209	Child Development or	3 s.h.
		PSY 09210	Adolescent Development	
Transfer	Rowan	Rowan #	HISTORY/HUMANITIES/LANGUAGE BANK	12 S.H.
		FNDS 21150	History of American Ed.	3 s.h.
		READ 30120	Literacies In Today's World	3 s.h.
			HHL Elective (LIT + W/I choice)	3 s.h.
			HHL Elective (M/G choice)	3 s.h.
Transfer	Rowan	Rowan #	ARTISTIC & CREATIVE EXPERIENCE BANK	3 S.H.
		THD 08135	Elements of Dance	3 s.h.
Transfer	Rowan	Rowan #	NON-PROGRAM COURSES	14 S.H.
		PHED 35109	Adventure & Experiential Learning	2 s.h.
		FNDS 21230	Characteristics of Knowledge Acquisition	3 s.h.
		SPED 08130	Human Exceptionalities	3 s.h.
			General Education Elective	3 s.h.
			General Education Elective	3 s.h.

- ◆ This information has been provided by the department listed above as of the date listed below and is subject to change.
- ◆ To declare this major go to the Department Advisor.
- ◆ If this is a restricted major, Requirements for entering this major are attached.
- ◆ A suggested sequence of courses is also attached.

**Bachelor of Arts, Health And Exercise Science: Teacher Certification .....69 s.h.**  
**(Prerequisites in parentheses)**

**HES Core Requirements ..... 12 s.h.**

PHED 35241	*Structure & Function of the Human Body I	3 s.h.	
PHED 35242	*Structure & Function of the Human Body II	3 s.h.	(Structure & Function I, PHED 35241)
PHED 35343	Kinesiology	3 s.h.	(Structure & Function II, PHED 35242)
PHED 35345	Exercise Physiology	3 s.h.	(Structure & Function II, PHED 35242)

**BA Requirements..... 8 s.h.**

EDUC 01104	Teaching-Intro to the Profession	3 s.h.
EDUC 01270	Teaching Learning Communities 1	2 s.h.
READ 30280	Teaching Literacy	3 s.h.

**Combined Health & Physical Ed Content & Pedagogy .....49 s.h.**

PHED 35286	TLC-2 HPE	3 s.h.
HLTH 37270	Foundations of Fitness & Motor Devel	3 s.h.
PHED 35228	Rhythmic Activities & Forms	3 s.h.
PHED 35231	Tchg of Individual and Dual Sports	3 s.h.
PHED 35205	Teaching Concepts Team Sports	3 s.h.
PHED 35235	Safety/FA/Basic Understanding of Ath. Inj.	3 s.h.
HLTH 37325	Teach Concepts Health I	3 s.h.
HLTH 37326	Teach Concepts Health II	3 s.h.
PHED 35452	Adapted PE	3 s.h.
PHED 35336	Elem PE Activities	3 s.h.
PHED 35342	K-12 Health/PE Curr/Ins	3 s.h.
PHED 35352	Tech/Assess	3 s.h.
PHED 35392	Field Experience Teach HPE	1 s.h.
PHED 35460	Clinical Practice (Elementary)	5 s.h.
PHED 35461	Clinical Practice (Secondary)	5 s.h.
PHED 35465	Senior Seminar	2 s.h.

**General Education (see other side)..... 60 s.h.**

**Total Credits in Program .....129 s.h.**

\*Note: Anatomy and Physiology I and II (8 s.h.) may be substituted.

## Suggested Course Sequence

### Bachelor of Health & Exercise Science: Teacher Certification Specialization

PLEASE NOTE: Considerable flexibility exists for moving courses between spring and fall semesters, except when a course is only offered in spring or fall (noted in some Specialization Courses). When altering course sequences, give careful consideration to prerequisites.

FIRST SEMESTER		SECOND SEMESTER	
College Comp I COMP 01111	3	College Comp II COMP 01112	3
Lab Sci (Bio, Chem, Phys)	4	Fine Arts (Elmts Dance) THD 08135	3
Adventure & Exp. Learn PHED 35109	2	Math (Elem Stat) STAT 02100	3
Teaching: Intro to Prof EDUC 01101	3	Intro to Sociology SOC 08120	3
H/H/L_Literacies in Today's World READ 30120	3	Safety, First Aid & Basic Und. of Ath. Injuries PHED 35235	3
		TLC I EDUC 01201	2
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>17</b>
THIRD SEMESTER		FOURTH SEMESTER	
Str/Funct Hum Body I PHED 35241	3	Str/Funct Hum Body II PHED 35242	3
TLC II - HPE PHED 35286	3	Intro Psych (P/E/S) PSY 01100	3
Teaching Literacy READ 30280	3	Ge Ed Free Elective	3
Public Speaking CMS 06202	3	Rhythmic Activities & Forms PHED 35228	3
Found Fitness & Motor Develop HLTH 37270	3	History of American Ed FNDS 21150	3
		Tech & Assess IN H.E.S. PHED 35230	3
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>18</b>
FIFTH SEMESTER		SIXTH SEMESTER	
Kinesiology PHED 35343	3	Teach Concepts of Tm Spts PHED 35205	3
Human Exceptionalities SPED 08130	3	Adapted P.E. PHED 35452	3
Basic Nutrition HLTH 37210	3	Teach Concepts of H. Ed. I HLTH 37325	3
Adoles/Child Development PSY 09209/09210	3	Exercise Physiology PHED 35344	3
Consumer Health Decisions HLTH 37210	3	H/H/L Choice (Lit & WI)	3
Teaching Concepts of I&D Sports PHED 35231	3	Char of Knowledge Acquis FNDS 21230	3
<b>TOTAL</b>	<b>18</b>	<b>TOTAL</b>	<b>18</b>
SEVENTH SEMESTER		EIGHTH SEMESTER	
K-12 Health/PE Curr/Inst PHED 35342	3	Clinical Prac in HPE – Elem PHED 35460	5
Elem Sch Phys Ed Activities PHED 35336	3	Clinical Prac in HPE – Sec PHED 35461	5
Teach Concepts of H. Ed. II HLTH 37326	3	Senior Seminar IN HPE PHED 35465	2
Field Experience Teach HPE PHED 35392	1		
H/H/L Choice (M/G)	3		
Gen Ed Elective	3		
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>12</b>