A 5-Block CME Series
September 2017 – December 2017
On-Site and On-Line Options
Earn up to 25 CATEGORY 1-A Credits*

www.rowan.edu/som/cme
www.facebook.com/SomCme

* 2 credits at no charge for attending the CO*REMS Course
### 5 CAT 1-A
Cardiology for Primary Care
Saturday, September 9, 2017 / 7:00AM – 1:15PM
The Westin, 555 Fellowship Road, Mt. Laurel, NJ

<table>
<thead>
<tr>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>Welcome/Event Disclosures</td>
<td>Troy Randle, DO</td>
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<tr>
<td>Hypertension/Renal</td>
<td>Brian Michel, MD</td>
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<tr>
<td>EKG Interpretation</td>
<td>Faisal Siddiqui, MD</td>
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<tr>
<td>Geriatrics</td>
<td>Kevin Overbeck, DO</td>
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<tr>
<td>Appropriateness of Cardiovascular Testing</td>
<td>Hafeza Shaikh, DO</td>
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<tr>
<td>Nutrition</td>
<td>Christopher Wenger, DO</td>
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<td>Lipids/Heart Failure</td>
<td>John Hamaty, DO</td>
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<td>Cardio Innovations</td>
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<tr>
<td>• Cardiac Oncology</td>
<td>Troy Randle, DO</td>
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<tr>
<td>• Cardiac Rehab Monitoring</td>
<td>Maryanne Classic Wallace, RN, BSN</td>
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<tr>
<td>• Afib (watchman)</td>
<td>Devender Akula, MD</td>
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<td>Apps/E-tools</td>
<td>SJHG Fellow</td>
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### 5 CAT 1-A
Pediatrics / OB GYN
Saturday, September 23, 2017 / 7:00AM – 12:45PM
Academic Center, RowanSOM, Stratford, NJ

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<tr>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>My Stomach Hurts! Diagnosis and Treating Abdominal Pain in Children</td>
<td>Paul Ufberg, DO</td>
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<tr>
<td>Diagnosis and Management of Chronic Cough in Children</td>
<td>Joseph Piccione, DO</td>
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<tr>
<td>When can a Student Athlete Return to Play?</td>
<td>Yasmin D. Deliz, DO</td>
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<tr>
<td>Getting a Handle on Female Incontinence</td>
<td>Jason Meade, DO</td>
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<tr>
<td>Update on Interstitial Cystitis</td>
<td>Jessica Rogers, DO</td>
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</table>
### 5 CAT 1-A

**Family Medicine / Psychiatry**  
Saturday, October 21, 2017, 7:00AM – 12:45PM  
Academic Center, RowanSOM, Stratford, NJ

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<tr>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>Lewy Body Dementia</td>
<td>Christian White, DO</td>
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<tr>
<td>Turning a Frown Upside Down, ways to Manage Mood Disorders</td>
<td>Joanna Petrides, PsyD</td>
</tr>
<tr>
<td>Building Bone – An Update on Osteoporosis</td>
<td>Jennifer Caudle, DO</td>
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<tr>
<td>Behavioral Health Integration in a Hospital Affiliated Group Practice</td>
<td>Matthew Gettings, DO</td>
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<tr>
<td>Do I need an EKG for that? The Pre-Operative Examination</td>
<td>Rebecca Moore, DO</td>
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### 5 CAT 1-A

**Primary Care Updates**  
Saturday, November 4, 2017, 7:00AM – 12:45PM  
Academic Center, RowanSOM, Stratford, NJ

<table>
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<tr>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>Opioid Prescribing: Safe Practice, Changing Lives (2 hours) This is an AOA sponsored free 2 hour lecture*</td>
<td>Jennifer Caudle, DO</td>
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<tr>
<td>Wrapping your Head around the newest Concussion Recommendations</td>
<td>David Gealt, DO</td>
</tr>
<tr>
<td>All the tools needed to treat Pulmonary Infections</td>
<td>Jonathan Torres, DO</td>
</tr>
<tr>
<td>Cardiovascular Treatment Updates in Hypertension and Diabetes</td>
<td>Daniel Tarditi, DO</td>
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</table>

*The Collaborative for REMS Education, or CO*RE, is a 13-partner collaboration dedicated to providing members with effective, high quality education about ER/LA opioids, bridging practice gaps in this challenging clinical area and improving patient care. The mission of CO*RE is to promote individual and population health and public safety through timely, evidence-based, outcome-oriented and inter professional education related to the comprehensive management of pain, addiction, and their co-morbidities. Since 2013 CO*RE and its partner organizations have educated more than 155,000 prescribing clinicians across the country.

### 5 CAT 1-A

**Pain Management / OMM**  
Saturday, December 2, 2017  7:00AM – 12:45PM  
Rowan Medicine Building, Rooms 3000 & 3300, RowanSOM, Stratford, NJ

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<tr>
<th>Topic</th>
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<tbody>
<tr>
<td>Osteopathic Considerations for Cardiac Issues</td>
<td>Brett Picciotti, DO</td>
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<tr>
<td>Osteopathic Considerations in the Treatment of Shoulder Pain</td>
<td>Knic Rabara, DO</td>
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<td>Hands On Lab Time for OMM Techniques / On-Line Demonstration Video</td>
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<tr>
<td>Strategies for Treating and Managing Addiction in the Outpatient Setting</td>
<td>Scott Spagnolo-Hye, DO, MA</td>
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<tr>
<td>Pain Contracting and Drug Testing in the Outpatient Setting</td>
<td>Richard Jermyn, DO, FAAPMR</td>
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<tr>
<td>Improving Your Physical Therapy Tendion-cies</td>
<td>James Bailey, DO</td>
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KEY ESSENTIALS FOR OPTIMIZING PATIENT CARE

Rowan University School of Osteopathic Medicine is dedicated to refining and enhancing physicians’ knowledge to manage the changing needs of the healthcare system. This education-based lecture series is structured to augment physician expertise with current clinical guideline recommendations and materials, as well as up-to-date advances in medical treatments on specific topics.

In response to evaluations from previous activity participants, focused education blocks were developed to cover the following topics: Cardiology, Pediatrics / OB GYN, Family Medicine / Psychiatry and Pain, Primary Care Updates, Management/OMM. Lecturing faculty were chosen based on their clinical research, thorough experience, and clinical distinction in their respective fields. This series will assemble a prominent group of physicians to discover convenient, current recommendations and protocols and advances in treatments in each of the chosen focus areas.

General Learning Objectives
Upon completion of this series, participants should be able to:

- Evaluate guidelines the management of patients with cardiovascular disease
- Evaluate new guidelines on the management of female incontinence and interstitial cystitis
- Recognize the key components of the pre-operative examination
- Describe management and treatment options for patients with dementia and mood disorders
- Describe appropriate patient assessment for treatment with ER/LA opioid analgesics, evaluating risks and potential benefits of ER/LA therapy as well as possible misuse and apply proper methods to initiate therapy, modify dose, and discontinue use of ER/LA opioid analgesics, applying best practices including accurate dosing and conversion techniques as well as appropriate discontinuation strategies.
- Discuss new treatments and information on cardiovascular management of hypertension and diabetes
- Demonstrate specific osteopathic techniques to treat shoulder pain and various cardiac issues
- Evaluate new guidelines for prescribing opiate medications and necessary documentation to protect your medical license
- Identify recommendations for physical therapy referrals and the use of durable medical equipment

CATEGORY 1-A CME
@ Rowan University School of Osteopathic Medicine

Our Category 1-A CME Programming enables the busy healthcare practitioner to have the option to obtain needed education credits in either a convenient, close to home forum OR participate online. We feature nationally recognized academicians addressing contemporary medical topics. Our attendees are learning through both traditional lecture and innovative interactive formats utilizing the latest technologies. If you participate onsite, be ready to learn, have fun, and reconnect with many local health professionals and colleagues with whom you have worked in the past and know in the region. If you participate online, enjoy our programs from the comfort of your own home or office. Either way you will benefit from this great learning experience and receive Category 1-A CME credit

PLEASE NOTE that the dates for the current AOA CME cycle started January 1, 2016 and end December 31, 2018. AOA members are required to obtain 120 credit hours in a three year cycle, with at least 30 credits in Category 1-A.

WHERE:
Four of the five blocks – Pediatrics / OB GYN, Family Medicine/Psychiatry, Primary Care Updates and Pain Management/OMM will be held at: Rowan University School of Osteopathic Medicine, Stratford, NJ 08084. The Cardiology Block will take place at The Westin, 555 Fellowship Road, M. Laurel, NJ 08054

RowanSOM is within walking distance of the PATCO High Speed Line and 25 minutes from Philadelphia International Airport.

From Philadelphia International Airport: Take Rt. 95 North to the Walt Whitman Bridge to Rt. 676 and follow signs to Rt. 295 North. Take Rt. 295 North to Exit 29A and follow directions from Rt. 30 below.

From the North: Take the NJ Turnpike to Exit 4 to Rt. 73 North to Rt. 295 South. Follow Rt. 295 South to Exit 29. Turn left onto access road to Rt. 30. At light turn left onto Rt. 30 East (White Horse Pike). Follow directions from Rt. 30 below.

From the South: Follow Rt. 295 North to Exit 29A to Rt. 30. Follow directions from Rt. 30 below.

From Rt. 30: Follow Rt. 30 East and the blue hospital signs for 3.3 miles to the traffic light at Laurel Road. Turn right onto Laurel Road. Take the second left into Rowan Stratford Campus at the traffic light. Parking is available on campus.
Rowan University School of Osteopathic Medicine is dedicated to refining and enhancing physicians’ knowledge to manage the changing needs of the healthcare system. This education-based lecture series is structured to augment physician expertise with current clinical guideline recommendations and materials, as well as up-to-date advances in medical treatments on specific topics.

In response to evaluations from previous activity participants, focused education blocks were developed to cover the following topics: Cardiology, Pediatrics / OB GYN, Family Medicine / Psychiatry and Pain, Primary Care Updates, Management/OMM. Lecturing faculty were chosen based on their clinical research, thorough experience, and clinical distinction in their respective fields. This series will assemble a prominent group of physicians to discover convenient, current recommendations and protocols and advances in treatments in each of the chosen focus areas.

**ACCREDIATION STATEMENT:** Rowan University School of Osteopathic Medicine is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. RowanSOM designates this program for a maximum of 25 Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician’s participation in this activity.

**METHOD OF PARTICIPATION:** For successful completion of activity and subsequent awarding of credits, individuals are required to participate in the entire activity session and complete an attestation form, as well as an activity evaluation form.

**ON-LINE PARTICIPANTS:** Osteopathic physicians may earn up to 15 credits of their Category 1-A requirement from interactive internet CME, e.g., live programs per CME Cycle. To receive credit for interactive internet CME, osteopathic physicians must complete a CME pre-test and post-test. The post-test must have a passing grade of 70.

**DISCLAIMER:** This activity is being used for educational purposes. The views expressed in this activity are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals and/or medical devices, or Rowan University School of Osteopathic Medicine. This course is supported in part by educational grants in accordance with AOA standards.

**ADMINISTRATION AND FACULTY**

**PROGRAM DIRECTORS**
Joshua S. Coren, DO, MBA, FACOFP, Chair and Professor, Family Medicine, RowanSOM
Danielle Cooley, DO, Associate Professor, Osteopathic Manipulative Medicine (OMM)/Neuromusculoskeletal Institute (NMI), RowanSOM, Medical Director, Family Medicine, RowanSOM

**CONTENT REVIEWERS**
Adarsh K. Gupta, DO, MS, FACOFP, Professor, Family Medicine, RowanSOM
Philip Collins, DO, Assistant Professor, Family Medicine, RowanSOM
Samantha M. Plasner, DO, Assistant Professor, Family Medicine, RowanSOM

**MODERATORS**
Lisa A. Kassenoff, DO, Assistant Professor, Family Medicine, RowanSOM
Joanna Petrides, PsyD, Assistant Professor, Family Medicine, Assistant Professor, Psychology, RowanSOM
Aubrey M. Olson, DO, MS Ed, Assistant Professor, Family Medicine, RowanSOM
Jennifer Sepede, DO, Assistant Professor, Family Medicine, RowanSOM
Devender Akula, MD, FACC  
Our Lady of Lourdes Medical Center

James Bailey, DO  
Assistant Professor, Rehabilitation Medicine, RowanSOM

Jennifer Caudle, DO  
Associate Professor, Family Medicine, RowanSOM  
Medical Correspondent: Fox News, CBS 3 Philly News, Dr. Oz Show & others

Yasmin D. Deliz, DO  
Attending Physician  
Pediatrics and Pediatric Sports Medicine  
Children's Hospital of Philadelphia  
Harborview Pediatrics Somers Point

David B. Gealt, DO, FAOASM  
Assistant Director of Sports Medicine  
Director Sports Concussion Program, Cooper Bone and Joint Institute  
Assistant Professor, Cooper Medical School of Rowan University Assistant Professor, RowanSOM

Matthew J. Gettings, DO  
Director of Quality/Innovation  
Kennedy Health Alliance

John Hamaty, DO  
Clinical Cardiologist  
Our Lady of Lourdes Medical Center  
Clinical Associate Professor, RowanSOM

Richard Jermyn, DO, FAAPMR  
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Acting Chair, Osteopathic Manipulative Medicine  
Director, NeuroMusculoskeletal Institute  
Associate Professor, Rehabilitation Medicine, RowanSOM

Joseph Meade, DO  
Inspira Medical Center

Brian Michel, MD  
Our Lady of Lourdes Medical Center

Rebecca Moore, DO  
Assistant Professor, Family Medicine, RowanSOM

Kevin Overbeck, DO  
Assistant Professor, Geriatrics, RowanSOM

Joanna Petrides, PsyD  
Licensed Clinical Psychologist  
Assistant Professor, Family Medicine  
Assistant Professor, Psychology, RowanSOM

Joseph Piccione, DO, MS  
Division of Pulmonary Medicine & Center for Pediatric Airway Disorders  
Children's Hospital of Philadelphia  
Assistant Professor of Clinical Pediatrics  
University of Pennsylvania School of Medicine

Brett Picciotti, DO  
Adjunct Instructor, OMM  
Neuromusculoskeletal Institute, RowanSOM

Knic Rabara, DO  
Assistant Professor, OMM/NMM and Family Medicine, RowanSOM

Troy Randle, DO  
Clinical Cardiologist  
Our Lady of Lourdes Medical Center  
Clinical Associate Professor, RowanSOM

Jessica Rogers, DO  
Coyle Institute

Hafeza Shaikh, DO, FACC  
Our Lady of Lourdes Medical Center

Faisal Siddiqi, MD  
Our Lady of Lourdes Medical Center

Scott Spagnolo-Hye, DO, MA  
Assistant Professor, Osteopathic Manipulative Medicine, RowanSOM

Daniel J. Tarditi, DO FACC  
Clinical Cardiologist The Heart House

Jonathan Torres, DO  
Morristown Medical Center

Paul Ufberg, DO, MBA  
Assistant Professor, Clinical Pediatrics  
Division of Pediatric Gastroenterology, Hepatology and Nutrition  
Children's Hospital of Philadelphia

Maryanne Classic Wallace, RN, BSN  
Director, Non-Invasive Cardiology

Christopher Wenger, DO, FACC  
Lancaster General Health

Christian White, DO  
Geriatric Psychiatrist  
Assistant Professor, Psychiatry, RowanSOM, NJISA
REGISTRATION FORM

REGISTER ONLINE
BY CREDIT CARD AT:
www.rowan.edu/som/cme

OR BY CHECK, MADE PAYABLE TO:
Rowan University School of Osteopathic Medicine
Continuing Medical Education,
Attention: Tara Shontz
Academic Center, Room 253
One Medical Center Drive
Stratford, NJ 08084

CANCELLATION POLICY: Your registration fee, less a $75 administrative fee, will be refunded if requested in writing before August 31, 2017.

COMBINATION ONSITE AND ONLINE REGISTRATION:
Please enroll me in the Five Block Series. Please choose onsite or online for each block:

Series Price: $395 before August 1, 2017 / $495 after August 1, 2017

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Cardiology, September 9, 2017, The Westin, Mt. Laurel, NJ
Pediatrics / OB GYN, September 23, 2017, RowanSOM, Stratford
Family Medicine / Psychiatry, October 21, 2017, RowanSOM, Stratford
Primary Care Topics, November 4, 2017, RowanSOM, Stratford

CO*REMS course included.

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Pain Management / OMM, December 2, 2017, RowanSOM, Stratford

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INDIVIDUAL EVENT REGISTRATION:
Please enroll me in these Individual Blocks. Please choose onsite or online for each block.

Individual Price: $99 before August 1, 2017 / $149 after August 1, 2017

*Cardiology Block Individual Price: $49.

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CO*REMS course included.

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Pain Management / OMM, December 2, 2017, RowanSOM, Stratford

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AOA CO*REMS CME COURSE:
Please enroll me in the AOA CO*REMS CME Course. Please choose onsite or online.
This is a 2 hour (2 CAT 1-A credits) CME lecture provided at no charge.

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Opioid Prescribing: Safe Practice, Changing Lives, November 4, 2017, 7:30a-9:30a, RowanSOM

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NAME_______________________________________________
DEGREE______________ AOA NUMBER___________________
ADDRESS_____________________________________________
CITY________________________STATE__________ZIP_______

TELEPHONE ____________________ EMAIL_________________________

For more information please contact:
Tara Shontz, CME Coordinator:
CME@rowan.edu or 856-566-6358