What to Expect

When you come to the Memory Assessment Program evaluation we ask that a caregiver or family member accompany you. Often they can often provide valuable information that will help with the evaluation process. It is also important to eat before your appointment as you will be here for a few hours.

- If you have had recent blood work or an MRI or CT scan of your brain, we ask that you bring those records with you.
- Please bring all your medications with you so we can review them during your visit.

When you come to the office

- Our office staff will register you and collect your completed Health Status Questionnaire
- The social worker will speak with you before you start your visit with the doctor
- Your caregiver or family member will meet with our social worker while you are seen by the doctor
- You will see the doctor in the afternoon for a complete physical and evaluation
- The doctor will order lab studies and an MRI or CT scan
- You will be scheduled for a follow-up appointment and Family Meeting in approximately 2 to 3 weeks

New Jersey Institute for Successful Aging

University Doctors Pavilion
42 East Laurel Road
Suite 1800
Stratford, New Jersey 08084

Phone: (856) 566-6843
Fax: (856) 566-6781
http://njisa.umdnj.edu

An interdisciplinary team approach to evaluation and management of memory problems

Phone: (856) 566-6843
The Memory Assessment Program

The Interdisciplinary Team
Our interdisciplinary team of geriatrician/geriatric psychiatrist, neuropsychologist and licensed clinical social worker are specially trained to care for older individuals and those with memory problems. The team approach allows us to provide patient-centered care and best address all your needs and goals.

A Comprehensive Evaluation
Our Memory Assessment Program is especially designed to identify the possible causes of memory loss or other problems associated with thinking or daily function. The health care team works together to identify any other health issues that may be of concern to you.

The Family Meeting
Once all examinations and tests are completed, you and your family come back for a Family Meeting, where the results and diagnosis are explained. The social worker will share additional information about community resources and next steps with you and your family.

Medication
Medication for memory problems may be prescribed after all diagnostic tests have been completed. Other concerns regarding sleep, eating, behavior, and mood will be addressed by our geriatrician/geriatric psychiatrist, when you come for your appointment.

Recommendations and Follow-Up
If you have been referred to us by your primary care physician, a letter summarizing the findings of your evaluation and recommendations for follow-up care are sent to him or her.

We generally recommend that patients seen by us in the Memory Assessment Program return in 6 months time for a re-evaluation of their medication and memory problems.

When you make an appointment, you will receive a Health Status Questionnaire, which you must complete and bring with you. The day of your first appointment, you will be seen by the social worker and geriatrician/geriatric psychiatrist.