

**Run for a Cause
5K Run/Walk Registration**

Fill out completely

OFFICE USE ONLY Payment Method _____

Date received _____ Time _____

Paid by _____

(If different than individual registering)

PLEASE PRINT CLEARLY & NEATLY ALL INFORMATION

***IF YOU FAIL TO PROVIDE PHONE NUMBERS OR EMAILS THAT ARE NOT CHECKED/USED, YOU WILL MISS IMPORTANT INFORMATION ON THE SPORT AND MAY BE FORFEITED DUE TO MISCOMMUNICATION.**

Waiver of Liability to participate in Intramural Sports at Rowan University

In considering the acceptance by this intramural program of my participation, the undersigned for myself, my heirs, and executors, hereby release and forever discharge the parties, the city, and state where the activity is held and all parties involved, their representatives from all liabilities, claims, damages, and costs, which may now or in the future have against them or any of them arising out of or in anyway connected with my participation in this activity. I understand that this waiver includes, but is not limited to all claims that are based on my alleged negligence or other action or inaction of any of the above parties. I attest and verify that to the best of my knowledge, my physical condition and fitness are adequate for me to safely participate in intramural activities.

Name: _____ Rowan ID#(If applicable) _____

Phone: _____ Primary Email: _____

Signature: _____ Date: _____

Division: Men's Student Men's Non-Student Women's Student Women's Non-Student

(Please Circle)

PLEASE KEEP THIS PORTION AS A REMINDER OF IMPORTANT DATES/TIMES

5K Run/Walk Information for Participants

- 1 Registration forms and \$15 are due by Tuesday, November 3rd at 7:00 pm at the Rec Center Front Desk.
- 2 This event is co-sponsored by the HES Club & the Rec Center. All proceeds benefit Autism Speaks. Each participant will receive a race t-shirt and division winners will receive an intramural champion t-shirt.
- 3 The event is on Saturday, November 7th at 1pm with the Race Start at the Rec Center Intramural Field Backstop by Mimosa Hall. Please be at the race check-in by 12:45pm.
- 4 The race/walk is 3.1 miles around the Rowan University Campus. No streets will be crossed. A map guide is available online on the 5K website at www.rowan.edu/rec
- 5 The varsity cross country or track members may participate, but are not eligible for champion t-shirts.
- 6 Any intramural questions, you may contact IM Sports at 856-256-4959 or intramurals@rowan.edu AIM: RowanIntramurals

www.rowan.edu/rec