Key Essentials to Optimizing Patient Care

A 5-Block CME Series

September 2018 – December 2018
Onsite and Online Options

25.25 CATEGORY 1-A Credits

5.25 CAT 1-A
Saturday, September 8
The Westin, 555 Fellowship Road, Mt. Laurel, NJ
CARDIOLOGY FOR PRIMARY CARE

5 CAT 1-A
Saturday, September 15
Rowan Medicine Building, RowanSOM, Stratford, NJ
INFECTIOUS DISEASE

5 CAT 1-A
Saturday, October 6
Rowan Medicine Building, RowanSOM, Stratford, NJ
PEDIATRICS

5 CAT 1-A
Saturday, October 20
Saturday, October 20
Rowan Medicine Building, RowanSOM, Stratford, NJ
INTERNAL MEDICINE

5 CAT 1-A
Saturday, December 1
Rowan Medicine Building, RowanSOM, Stratford, NJ
OBSTETRICS

Educational Sponsors:

www.rowan.edu/som/cme
www.facebook.com/SomCme
## 5.25 CAT 1-A
Cardiology for Primary Care  
Saturday, September 8, 2018  /  6:45AM – 1:15PM  
The Westin, 555 Fellowship Road, Mt. Laurel, NJ

<table>
<thead>
<tr>
<th>Welcome/Event Disclosures</th>
<th>Troy Randle, DO</th>
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</thead>
<tbody>
<tr>
<td>Hypertension and Cholesterol for the General Practitioner</td>
<td>Kris Hillegas, DO</td>
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<tr>
<td>Metabolic Diet Nutrition-Weight Loss Management</td>
<td>Adarsh Gupta, DO</td>
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<tr>
<td>An Update in Diabetes and Cardiovascular Disease</td>
<td>Vasu Palli, DO</td>
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<tr>
<td>Smoking Cessation</td>
<td>Hafeza Shaikh, DO</td>
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<tr>
<td>The Cardiovascular Effects of Opioids and the Polypharmacy of Pain</td>
<td>Marla Golden, DO</td>
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<tr>
<td>Elderly and Driving</td>
<td>Kevin Overbeck, DO</td>
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<td>Focused Heart Failure 2018 Update</td>
<td>Tracy Lanoza, DNP</td>
</tr>
<tr>
<td>Office EKG Interpretation and Treatment</td>
<td>John Hamaty, DO</td>
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<tr>
<td>Cardiac Oncology</td>
<td>Geoffrey Zarrella, DO</td>
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<tr>
<td>Cardiology Billing for the Primary Care</td>
<td>TBD</td>
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<tr>
<td>Panel Discussion/Activities</td>
<td>Troy Randle, DO</td>
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## 5 CAT 1-A
Infectious Disease  
Saturday, September 15, 2018  /  7:00AM – 12:45PM  
Rowan Medicine Building, Room 3000, RowanSOM, Stratford, NJ

<table>
<thead>
<tr>
<th>What you need to know about Hepatitis – An Update on Current Recommendations</th>
<th>Judith Lightfoot, DO</th>
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</thead>
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<tr>
<td>Updates on Immunization for the Elderly</td>
<td>Leonard Powell, DO</td>
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<tr>
<td>HIV Biomedical Prevention Update</td>
<td>Todd Levin, DO</td>
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<tr>
<td>Travel Medicine</td>
<td>Michael Barnish, DO</td>
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<tr>
<td>Community Antibiotic Stewardship</td>
<td>Cindy Hou, DO</td>
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</tbody>
</table>

## JOIN US FOR OUR 3-DAY CME CONFERENCE AT

**Kalahari Resorts**  
November 15 - 17, 2018  
For more information please visit: [www.rowan.edu/som/cme](http://www.rowan.edu/som/cme)
### 5 CAT 1-A
**Pediatrics**  
Saturday, October 6, 2018, 7:00AM – 12:45PM  
Rowan Medicine Building, Room 3000, RowanSOM, Stratford, NJ

<table>
<thead>
<tr>
<th>Developmental Disabilities – In it for the Long Haul, What you need to know about IEPs &amp; 504s</th>
<th>Jennifer LeComte, DO</th>
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</thead>
<tbody>
<tr>
<td>Chronic Abdominal Pain</td>
<td>Paul Ufberg, DO</td>
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<tr>
<td>Congenital Heart Disease in Primary Care Pediatrics</td>
<td>Boban Abraham, MD</td>
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<tr>
<td>What’s Causing that Cough? Differentiating Recurrent Cold from Immunodeficiency</td>
<td>Tanya Kadrmas-Iannuzzi, DO</td>
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<tr>
<td>Mood Swings in Children – Could this be Depression?</td>
<td>Eileen Condren, DO</td>
</tr>
</tbody>
</table>

### 5 CAT 1-A
**Internal Medicine**  
Saturday, October 20, 2018, 7:00AM – 12:45PM  
Rowan Medicine Building, Room 3000, RowanSOM, Stratford, NJ

<table>
<thead>
<tr>
<th>Opioid Prescribing: Safe Practice, Changing Lives—AOA sponsored 2 hour lecture *</th>
<th>Jennifer Caudle, DO</th>
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<tr>
<td>A Spoon Full of Sugar helps the GLP and SGLT Go Down</td>
<td>Gregory Barone, DO</td>
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<tr>
<td>Turning that Frown Upside Down, A Holistic Approach to Depression in Women</td>
<td>Magdala Chery, DO</td>
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<tr>
<td>The Low Down on Hyponatremia – Best Practice in Management</td>
<td>Geraldo Varallo, Jr., DO</td>
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</tbody>
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The Collaborative for REMS Education, or CO*RE, is a 13-partner collaboration dedicated to providing members with effective, high quality education about ER/LA opioids, bridging practice gaps in this challenging clinical area and improving patient care. The mission of CO*RE is to promote individual and population health and public safety through timely, evidence-based, outcome-oriented and inter professional education related to the comprehensive management of pain, addiction, and their co-morbidities. Since 2013 CO*RE and its partner organizations have educated more than 155,000 prescribing clinicians across the country.

### 5 CAT 1-A
**Obstetrics**  
Saturday, December 1, 2018 7:00AM – 12:45PM  
Rowan Medicine Building, Room 3000, RowanSOM, Stratford, NJ

<table>
<thead>
<tr>
<th>Common Newborn Disorders</th>
<th>Connie Andrejko, DO</th>
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<tbody>
<tr>
<td>Full scale post partum care – Breastfeeding Medicine to Maternal Needs</td>
<td>Shannon Davids, DO</td>
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<tr>
<td>AUB Made ridiculously Simple</td>
<td>Michele Tartaglia, DO</td>
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<tr>
<td>Birth Control and Beyond</td>
<td>Charna Coren, MD</td>
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<tr>
<td>Female Genitalia Mutilation</td>
<td>Jasjit Beausang, MD</td>
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</table>
Rowan University School of Osteopathic Medicine is dedicated to refining and enhancing physicians’ knowledge to manage the changing needs of the healthcare system. This education-based lecture series is structured to augment physician expertise with current clinical guideline recommendations and materials, as well as up-to-date advances in medical treatments on specific topics.

In response to evaluations from previous activity participants, focused education blocks were developed to cover the following topics: Cardiology, Infectious Disease, Pediatrics, Internal Medicine and Obstetrics. Lecturing faculty were chosen based on their clinical research, thorough experience, and clinical distinction in their respective fields. This series will assemble a prominent group of physicians to discover convenient, current recommendations and protocols and advances in treatments in each of the chosen focus areas.

General Learning Objectives Upon completion of this series, participants should be able to:

- Identify and risk stratify patients with cardiovascular disease.
- Understand the immunizations recommended in the geriatric population in various healthcare settings.
- Summarize necessary referrals and vaccinations needed for travel medicine.
- Explain the common causes of hyponatremia and recommendations for management.
- Differentiate between a chronic cough and immunodeficiency in children.
- Generate a management strategy for assisting children with development disabilities and their IEPs.
- Identify important considerations in the treatment of women with depression.
- Describe appropriate patient assessment for treatment with ER/LA opioid analgesics, evaluating risks and potential benefits of ER/LA therapy as well as possible misuse and apply proper methods to initiate therapy, modify dose, and discontinue use of ER/LA opioid analgesics, applying best practices including accurate dosing and conversion techniques as well as appropriate discontinuation strategies.
- Compare common newborn disorders and current guidelines for management of these disorders.
- Describe breastfeeding and maternal needs for patients who are post-partum.
- To build cultural competence in order to address the health needs of women migrating from countries which practice FGM.

KEY ESSENTIALS FOR OPTIMIZING PATIENT CARE

Category 1-A CME
@ Rowan University CME School of Osteopathic Medicine

Our Category 1-A CME Programming enables the busy healthcare practitioner to have the option to obtain needed education credits in either a convenient, close to home forum OR participate online. We feature nationally recognized academicians addressing contemporary medical topics. Our attendees are learning through both traditional lecture and innovative interactive formats utilizing the latest technologies. If you participate onsite, be ready to learn, have fun, and reconnect with many local health professionals and colleagues with whom you have worked in the past and know in the region. If you participate online, enjoy our programs from the comfort of your own home or office. Either way you will benefit from this great learning experience and receive Category 1-A CME credit.

Please note that the dates for the current AOA CME cycle started January 1, 2016 and end December 31, 2018. AOA members are required to obtain 120 credit hours in a three year cycle, with at least 30 credits in Category 1-A.

WHERE:
Four of the five blocks – Infectious Disease, Pediatrics, Internal Medicine and Obstetrics will be held at: Rowan University School of Osteopathic Medicine, Stratford, NJ 08084.
The Cardiology Block will take place at The Westin, 555 Fellowship Road, M. Laurel, NJ 08054.

RowanSOM is within walking distance of the PATCO High Speed Line and 25 minutes from Philadelphia International Airport.

FROM PHILADELPHIA INTERNATIONAL AIRPORT: Take Rt. 95 North to the Walt Whitman Bridge to Rt. 676 and follow signs to Rt. 295 North. Take Rt. 295 North to Exit 29A and follow directions from Rt. 30 below.

FROM THE NORTH: Take the NJ Turnpike to Exit 4 to Rt. 73 North to Rt. 295 South. Follow Rt. 295 South to Exit 29. Turn left onto access road to Rt. 30. At light turn left onto Rt. 30 East (White Horse Pike). Follow directions from Rt. 30 below.

FROM THE SOUTH: Follow Rt. 295 North to Exit 29A to Rt. 30. Follow directions from Rt. 30 below.

FROM RT. 30: Follow Rt. 30 East and the blue hospital signs for 3.3 miles to the traffic light at Laurel Road. Turn right onto Laurel Road. Take the second left into Rowan Stratford Campus at the traffic light. Parking is available on campus.
ACCREDITATION STATEMENT: Rowan University School of Osteopathic Medicine is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. RowanSOM designates this program for a maximum of 25.25 Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician’s participation in this activity.

METHOD OF PARTICIPATION: For successful completion of activity and subsequent awarding of credits, individuals are required to participate in the entire activity session and complete an attestation form, as well as an activity evaluation form.

ON-LINE PARTICIPANTS: Osteopathic physicians may earn up to 15 credits of their Category 1-A requirement from interactive internet CME, e.g., live programs per CME Cycle. To receive credit for interactive internet CME, osteopathic physicians must complete a CME pre-test and post-test. The post-test must have a passing grade of 70.

DISCLAIMER: This activity is being used for educational purposes. The views expressed in this activity are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals and/or medical devices, or Rowan University School of Osteopathic Medicine. This course is supported in part by educational grants in accordance with AOA standards.

ADMINISTRATION AND FACULTY

PROGRAM DIRECTORS
Joshua S. Coren, DO, MBA, FACOFP
Chair and Professor, Family Medicine, RowanSOM
Director, Continuing Medical Education, RowanSOM

Danielle Cooley, DO, FACOFP
Chair, OMM/NMI, RowanSOM
Associate Professor, Family Medicine and OMM, Rowan SOM

CONTENT REVIEWERS
Jennifer Caudle, DO, Associate Professor, Family Medicine, RowanSOM
Adarsh K. Gupta, DO, MS, FACOFP, Professor, Family Medicine, RowanSOM
Samantha M. Plasner, DO, Assistant Professor, Family Medicine, RowanSOM

MODERATORS
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Jennifer Sepede, DO, Assistant Professor, Family Medicine, RowanSOM
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Pediatric-Adult Congenital Interventional Cardiologist  
St. Christopher’s Hospital for Children  
Deborah Heart and Lung Center

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Onsite Neonatal Partners

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Infectious Disease, Kennedy Health Alliance

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Medical Director, Nutrition Center  
Jefferson Health

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Drexel University College of Medicine

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RowanSOM  
Medical Correspondent: Fox News, CBS 3 Philly News, Dr. Oz Show & others

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Assistant Professor, Internal Medicine  
RowanSOM

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Assistant Professor, Pediatrics, RowanSOM

Charna Coren, MD  
Kramer OB/GYN & Associates

Shannon Davids, DO  
Assistant Professor, OB/GYN  
Sidney Kimmel Medical College  
Thomas Jefferson University

Maria Golden, DO  
Pain Medicine  
Integrative Pain, LLC

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Director, Center for Medical Weight Loss & Metabolic Control  
Director, Center for Information Mastery, Associate Professor, Family Medicine  
RowanSOM Chair, RowanSOM IRB

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Our Lady of Lourdes Medical Center  
Clinical Associate Professor, RowanSOM

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Infection Control Officer  
Jefferson Health New Jersey

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RowanSOM

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Our Lady of Lourdes Medical Center

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Associate Program Director, IM Residency Program  
Rowan SOM/Department of Medicine

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Medical Director, Infectious Disease  
Kennedy Health Alliance

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IM Program Director, Chief of ID

Kevin Overbeck, DO  
Assistant Professor, Geriatrics  
RowanSOM

Vasu Palli, DO  
Cardiologist  
South Jersey Heart Group

Leonard Powell, DO, MS  
Assistant Professor, Geriatrics and Gerontology  
RowanSOM

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Division of Cardiology, Our Lady of Lourdes Medical Center  
Clinical Associate Professor, RowanSOM

Hafeza Shaikh, DO  
Division of Cardiology, Our Lady of Lourdes Medical Center

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Christian Care Health System  
Department of Obstetrics and Gynecology

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Division of Pediatric Gastroenterology, Hepatology and Nutrition  
Children’s Hospital of Philadelphia

Geraldo Varallo, Jr, DO, MS, FACOI  
Nephrology and Hypertension Associates of NJ  
Assistant Clinical Professor, Medicine  
Program Director, Nephrology Fellowship, Rowan SOM

Geoffrey Zarrella, DO, FACC  
Division of Cardiology, Our Lady of Lourdes Medical Center

**PROGRAM FACULTY (in alpha order)**

**COMBO RATES**

$395/$495

**INDIVIDUAL RATES**

$99/$149

**PA PACKAGE**

$295/$395
REGISTRATION FORM

METHODS OF PAYMENT:
REGISTER ONLINE
BY CREDIT CARD AT:
www.rowan.edu/som/cme

OR BY CHECK, MADE PAYABLE TO:
Rowan University School of Osteopathic Medicine
Continuing Medical Education,
Attention: Tara Shontz
40 E. Laurel Road
University Education Center, Suite 2105, Room 2128
Stratford, NJ 08084

CANCELLATION POLICY: Your registration fee, less a $75 administrative fee, will be refunded if requested in writing before August 31, 2018.

COMBINATION ONSITE AND ONLINE REGISTRATION:
Please enroll me in the Five Block Series. Please choose onsite or online for each block:
Series Price: $395 before August 1, 2018 / $495 after August 1, 2018

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<tr>
<th>ONSITE</th>
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<td>Internal Medicine, October 20, 2018, RowanSOM, Stratford</td>
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INDIVIDUAL EVENT REGISTRATION:
Please enroll me in these Individual Blocks. Please choose onsite or online for each block.
Individual Price: $99 before August 1, 2018 / $149 after August 1, 2018
*Cardiology Block Individual Price: $49.

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PENNSYLVANIA LICENSE PACKAGE (Earn 20.25 CATEGORY 1A Credits before October 31, 2018):
Please enroll me in the Four Blocks. Please choose onsite or online for each block.
Series Price: $295 before August 1, 2018 / $395 after August 1, 2018

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Please enroll me in the AOA CO*REMS CME Course ONLY. This is a 2 hour (2 CAT 1-A AOA credits)
CME lecture provided at no charge.

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<td>Opioid Prescribing: Safe Practice, Changing Lives, October 20, 2018, 7:30a-9:30a, RowanSOM</td>
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NAME______________________________________________
DEGREE______________    AOA NUMBER___________________
ADDRESS_____________________________________________
CITY________________________STATE__________ZIP_______

TELEPHONE ____________________
EMAIL_________________________

For more information please contact:
Tara Shontz, CME Coordinator:
CME@rowan.edu or 856-566-6358